THALASSA



Naipunnya

To reach the unreachable

COLLEGE MAGAZINE 2026

NAIPUNNYA INSTITUTE OF MANAGMENT AND INFORMATION TECHNOLOGY

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UGC
AUTONOMOUS
INSTITUTION
Naipunnya®
To reach the unreachable
(AUTONOMOUS)



HIS HOLINESS

POPE LEO XIV

4



His Beatitude

Mar Raphael Thattil

Major Archbishop

Ernakulam-Angamaly Archeparchy



His Excellency

Mar Joseph Pamplany

Apostolic Administrator

Ernakulam-Angamaly Archeparchy

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HOTEL MANAGEMENT

Date - 12/12/2025

S/L Number - URFAA2503

UNIVERSAL RECORDS FORUM

Certificate of Achievement

Upon the recommendation of
the Awarding Committee of Universal Records Forum,
hereby confers on

Naipunnya Institute of Management and Information Technology

The URF Annual Award 2024-25

Best Hotel Management College

in recognition of

Outstanding Contribution in Hotel and Hospitality Management

Presented during the URF World Talent Festival 2025, at
Fairfield by Marriott Hotel Kolkata, on 12th December 2025.

Dr. Sunil Joseph
(Chief Editor, URF)

GM.Dr.Bernd Höhle
(Ambassador, URF)

www.universalrecordsforum.com


In loving memory
EMMANUEL ROY
2007-2026
What is loved is never wholly lost.
Scan to hear his voice, a memory that lives on!

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I, Rev. Fr. Dr. Paulachan K J, hereby declare that given information is true to the best of my knowledge and belief.

Sd/-
Principal and Executive Director

MARINERS OF NIMIT

2026



REV. FR. DR. PAUL ACHAN K.J
EXECUTIVE DIRECTOR
&PRINCIPAL



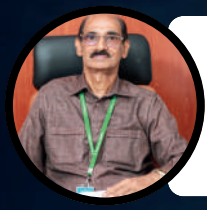
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MANAGING EDITOR OF COLLEGE MAGAZINE

"THALASSA" IS A SEA WITHIN US , A JOURNEY INTO THE OCEAN OF IDEAS , CREATIVITY AND THE VOICE OF THE NIMITIANS. EACH ARTICLE, POEM AND SKETCH IS AN UNDULATED WAVE CELEBRATING THE TALENT AND DEDICATION OF YOUNG MINDS. TOGETHER, THEY FORM THE CURRENT OF WHO WE ARE. LET US JOIN TOGETHER IN THIS STROLL THROUGH THE SHORE WITH A CURIOUS MIND AND A WILL TO GET YOUR FEET WET. SINCERE GRATITUDE TO OUR MANAGEMENT TEAM FOR BEING THE LIGHTHOUSE AND THE HELM IN BRINGING ABOUT THIS BEAUTIFUL EDITION OF OUR MAGAZINE, AND TO MY DEAREST TEAM, FOR MAKING THE RIPPLES TO MASSIVE WAVES.

FINALLY MY READERS, THANK YOU FOR DELVING INTO THE THALASSA WORLD.....

ENJOY READING !



ANWIN BIJU,

STUDENT EDITOR OF COLLEGE MAGAZINE

THALASSA, MEANING OCEAN, REFLECTS THE SPIRIT OF OUR COLLEGE AS A SPACE FILLED WITH DEPTH, MOVEMENT, AND ENDLESS POSSIBILITIES. LIKE THE SEA THAT HOLDS MANY UNSEEN STORIES, THIS MAGAZINE BRINGS TOGETHER THE THOUGHTS AND EXPRESSIONS OF OUR STUDENTS AND TEACHERS. EACH PAGE CARRIES A VOICE THAT ADDS MEANING TO THE WHOLE, CREATING SOMETHING THAT GROWS THROUGH SHARED IDEAS AND EXPERIENCES. THIS EDITION OF THALASSA IS THE RESULT OF GENUINE EFFORT AND QUIET DEDICATION FROM EVERYONE INVOLVED. I EXPRESS MY SINCERE GRATITUDE TO THE CONTRIBUTORS, EDITORIAL TEAM, FACULTY, AND MANAGEMENT FOR THEIR SUPPORT THROUGHOUT THIS JOURNEY. I HOPE THIS MAGAZINE ENCOURAGES YOU TO THINK DEEPLY, EXPRESS YOURSELF WITH CONFIDENCE, AND CONTINUE DISCOVERING NEW PATHS IN YOUR OWN WAY



Rev.Fr.Dr Paulachan K. J

Principal & Executive Director

As Naipunnya College enters the academic year 2025-26, we carry forward a clear mandate. Autonomy has given us the freedom to design curriculam, but more importantly, the responsibility to redefine learning itself. True autonomy is not isolation. It is accountability — to our students, to society, and to the future we are shaping. This year, Naipunnya renews it's commitment to two priorities: innovative pedagogy and employability. Classrooms must become laboratories of thought.

Experimental research, case-based learning, flipped classrooms, and industry-linked projects are no longer experiments — they are our standard. Faculty rejuvenation programmes, outcome-based modules, and hands-on training will ensure we teach not to finish portions, but to ignite inquiry. Yet innovation must lead somewhere. The real test of education is employability — the ability to adapt, create, and contribute. Every course plan, skill lab, and internship this year is designed so that a Naipunnya graduate is a problem-solver, communicator, and creator. Thalassa sets the tone. Like the sea, knowledge has depth waiting to be explored. Within these pages are ideas that question, creations that inspire, and stories that show who we are becoming. Our students write to be heard. Our faculty guide them towards transformation. As we exercise our autonomy, let us remember: freedom in education is meaningless unless it empowers the last student in the last bench. Let 2025-26 be the year we deepen our move from teaching to enabling, from syllabus to skills, from campus to career. Because at Naipunnya, autonomy is not a privilege we receive. It is a responsibility we continue to choose. All success to the Editorial Team.

Rev.Fr.Dr Paulachan K. J
Executive Director & Principal



Ms.Teresa Parackal

Vice Principal (Academics)

"OUT OF SUFFERING HAVE EMERGED THE STRONGEST SOULS; THE MOST MASSIVE CHARACTERS ARE SEARED WITH SCARS."

-Khalil Gibran

It is a profound privilege—one that touches my heart daily—to serve in an educational ecosystem at Naipunnya Institute of Management and Information Technology (NIMIT) that unlocks every individual's potential and transforms mindsets. I remain deeply committed,alongside our dedicated team, to policies that meet the demands of the knowledge economy. With great joy, I share our remarkable strides during this 2025-26 academic year in elevating blended learning standards while ensuring we deliver world-class education that truly inspires and empowers our students.

Together, we embraced autonomy for the 2025 UG/PG batches—weaving value-added courses with trending topics, igniting open-ended modules, nurturing internships; aligning question banks to Bloom's taxonomy; advancing digital attendance, AI-OMR valuation, and CCTV vigilance; blooming OBE rubrics through surveys and PTWA engagement for collective growth. We beamed with pride over the UG 2024 graduates who earned four University Ranks in Computer Science, twelve in Hotel Management, and three Commerce Merit Scholarships—honoring our resilience. Our students claimed the first and second positions in inter-college fest triumphs, warming us all. We opened career horizons through the Takshak Recruitment Drive, while Laqshya '26 united us in technical, cultural, and management splendor—with a motor vehicle show that stirred our souls and uplifted our coordinators' capacity.

Vibrant enrichments included seminars on Indian Knowledge Systems, Social Justice, Gender Equity, Hygiene and Health; Social Work immersions at Open Jail, De-addiction Centre and TISS Mumbai red-light area; Leaders Conclave and "Book to Box Office"; Fashion Designing workshops in Crochet, Fabric Painting and Styling, along with weavers visits and festival exhibitions-sales; Hotel Management's Cake Mixing and production; Commerce's dynamic Union Budget 2026-27 discussions. Faculty Exchange Programmes kindled shared wisdom and International Research Conference papers fueled growth. NSS touched communities via Thrift Sales, outreach activities and cleaning drives.

Heartfelt congratulations to us all! Deep thanks to our mentors. Amid pristine landscapes, we infused Thalassa-inspired exhibits with creativity's waves of beauty and resilience. This edition traces our journey under Naipunnya's motto: hardships fuel us, fears forge us, setbacks refine our light. Deep gratitude to our Editorial Board; warmest wishes to all readers.

Ms.Teresa Parackal

Vice Principal – Academics
Naipunnya Institute of Management
and Information Technology
Pongam, Thrissur



Mr. Robert Fernandez

Vice Principal (Campus Management)

"THE WISE SEE KNOWLEDGE AND ACTION AS ONE; THEY SEE TRULY."

– Bhagavad Gita

It gives me great pleasure to present the **Campus Management Report for the academic year 2025–2026** of Naipunnya Institute of Management and Information Technology, Pongam, Thrissur. The year has been marked by significant developments in campus infrastructure, student support systems, institutional management, and initiatives that reflect the institution's commitment to inclusive and value-based education.

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The institution continues to uphold its mission of providing a **holistic academic environment** that nurtures intellectual growth, professional competence, and ethical values among students. Campus management plays a crucial role in ensuring the smooth functioning of academic, administrative, and student-related activities across the institution. During the academic year, several initiatives were undertaken to strengthen **campus infrastructure and learning facilities**. Continuous improvements were made to classrooms, laboratories, training facilities, and common spaces to create a comfortable and technologically enabled learning environment for students and faculty. Regular maintenance and monitoring ensured that the academic departments could function efficiently and effectively.

A notable highlight of the year was the institution's **commitment to social responsibility and inclusive education.** During this academic year, the college extended **scholarship support to students from the state of Manipur across various departments**, enabling them to pursue higher education at the institution. This initiative reflects the college's dedication to supporting students from diverse backgrounds and promoting national integration through education.The campus management team also focused on strengthening **student welfare and support services**, ensuring a disciplined, safe, and vibrant campus atmosphere. Various academic events, seminars, workshops, cultural programmes, and extension activities organized by different departments were successfully facilitated with the support of the campus administration.

Efforts were also made to maintain a **clean, safe, and eco-friendly campus environment** through proper waste management practices, maintenance of green spaces, and responsible use of campus resources. Safety and security measures were enhanced through improved monitoring systems and regular maintenance of campus utilities. Another important aspect of campus management has been **effective coordination between the administration, faculty, and support staff,** which has contributed significantly to the smooth conduct of academic and institutional activities throughout the year.

The progress and achievements of the academic year were made possible through the continued guidance and support of the **management, Principal, faculty members, administrative staff, and students** of the institution. As we look ahead, campus management will continue to focus on i**nfrastructure development, sustainability initiatives, student welfare programmes, and technological integration** to further strengthen the academic environment and overall campus experience.

I take this opportunity to express my sincere gratitude to all stakeholders who have contributed to the growth and success of the institution during the academic year.

Mr. Robert Fernandez

Vice Principal – Campus Management
Naipunnya Institute of Management
and Information Technology
Pongam, Thrissur

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Dr. Joy Joseph Puthussery

The Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell (IQAC) functions as a vital mechanism in ensuring continuous improvement in the overall performance of the institution. It systematically works towards enhancing academic excellence and administrative efficiency by implementing structured quality initiatives. Through regular monitoring, evaluation, and documentation of institutional processes, IQAC plays a significant role in maintaining high standards of teaching, learning, and evaluation.

IQAC actively promotes a culture of quality by encouraging innovative practices, participative management, and stakeholder engagement. By collecting and analyzing feedback from students, faculty, and other stakeholders, the cell identifies areas for improvement and initiates appropriate measures. It also organizes workshops, seminars, and training programmes aimed at strengthening professional competencies and fostering academic enrichment.

NIMIT has attained significant milestones in quality assurance and institutional excellence, reflecting its sustained commitment to academic quality, governance, and student-centric practices. In its Second Cycle of Accreditation in 2024, the college was accredited by the National Assessment and Accreditation Council (NAAC) with an A++ grade, affirming excellence in teaching–learning processes, infrastructure, research, innovation, and inclusive governance.

In recognition of its academic maturity, robust internal quality assurance systems, and consistent institutional performance, Naipunnya Institute of Management and Information Technology (NIMIT) was granted Autonomous Status by the University Grants Commission (UGC) for a period of 10 years, from 2025–26 to 2035–36. This autonomy enables the institution to design flexible, industry-relevant curricula, implement outcome-based education, and respond effectively to evolving academic and societal needs. It also empowers the college to conduct its own examinations, undertake timely evaluation of answer scripts, and publish results efficiently within the stipulated time.

Further strengthening its standing in the higher education landscape, NIMIT secured the 2nd rank among self-financing colleges in Kerala in the Kerala Institutional Ranking Framework (KIRF), emerging as one of the very few institutions to achieve such distinction, thereby underscoring its competitive position and commitment to quality-driven education

With a strong commitment to excellence, IQAC continues to act as a driving force in institutional development. It envisions creating a learner-centric environment that nurtures critical thinking, innovation, and ethical values, thereby preparing students to meet the challenges of a rapidly evolving world.

Dr. Joy Joseph Puthussery
IQAC Coordinator



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Management Review



NAAC Criteria Team Members



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Non-Teaching Staff



Editorial Board



BHA



BSc.HMCS -A



BSC HMCS-B



BA ENG



BCA B



BSC IT



BCA A



BSC CS



BCOM A



BBA



BCOM B



BCOM C

Annual Report 2025-2026

A Journey Rooted in Vision and Values

With heartfelt gratitude to the Almighty and immense pride in the collective accomplishments of our Naipunnya family, I present the Annual Report of Naipunnya Institute of Management and Information Technology for the academic year 2025–2026.

Guided by our enduring motto, "To Reach the Unreachable," Naipunnya continues its journey as an institution where education transcends classrooms and transforms lives. What began in 1998 as a humble Vocational Training Centre under the visionary leadership of Rev. Fr. Sebastian Kalapurakal has today blossomed into a vibrant centre of higher learning, innovation, and holistic formation under the management of the Archdiocese of Ernakulam–Angamaly.

From its inception, Naipunnya has believed that education is not merely the transfer of knowledge, but the shaping of character, compassion, competence, and courage. Over the years, this vision has become the foundation upon which generations of students have built meaningful futures.

Growth, Excellence and Historic Milestones

The academic year 2025–2026 will remain etched in the history of our institution as a defining chapter of growth and achievement. The conferment of **Autonomous Status** by the University Grants Commission and the University of Calicut marked a historic milestone in our academic journey. This recognition stands as a testimony to years of committed service, academic discipline, institutional quality, and collective perseverance.

Our institution continued to uphold the highest standards of quality through its **NAAC A++ Accreditation and ISO 9001:2015 Certification,** reflecting our unwavering commitment to excellence and continuous improvement.

Adding further honour to our achievements, Naipunnya secured the **60th position in the Kerala Institutional Ranking Framework (KIRF),** emerging **second** among the self-financing higher educational institutions in the state. The college was also recognised as the Best Hotel Management College by the Universal Records Forum and continued to receive appreciation for its sustainable campus initiatives and socially responsible practices.

The year also witnessed significant academic and infrastructural developments, including the establishment of a dedicated Examination Centre and the successful implementation of systems and processes aligned with the institution's autonomous framework.

Academic Excellence and Student Success

At the heart of Naipunnya lies its vibrant academic community — students whose aspirations inspire us and teachers whose dedication guides them forward.

The graduating batch of 2026 demonstrated commendable academic performance across all departments, reflecting the institution's culture of discipline, mentoring, and academic commitment. The consistent department-wise results and successful graduate outcomes are a source of immense pride for the institution. Among the undergraduate programmes of the 2022 admission batch, the PG Department of English achieved a commendable **100% pass percentage**, while the PG Departments of Commerce and Computer Science secured **95% pass percentages** each. The Department of Hotel Management recorded an impressive **93% pass percentage,** reflecting the dedication of both students and faculty.At the postgraduate level, the MA English programme achieved a **100% pass percentage**, while the M. Com programme recorded a **75% pass percentage**. These achievements are the result of consistent academic mentoring, hard work, and a learning environment that encourages students to strive for excellence.

Beyond examinations and classrooms, Naipunnya continued to nurture employability and professional excellence through industry collaborations, internships, placement training, and campus recruitment initiatives. Students secured placements in reputed organisations including GR8 GLOBAL and leading hospitality groups, while numerous training sessions in communication, personality development, leadership, and career readiness strengthened their confidence and professional competence.

Every achievement of our students is a reminder that education, when guided by values and vision, becomes a powerful force of transformation.

Research, Innovation and Intellectual Growth

Naipunnya continued to strengthen its culture of research and knowledge creation during the academic year. Faculty members actively contributed to academic scholarship through publications in Scopus-indexed journals, UGC Care-listed journals, edited volumes, conference proceedings, and ISBN publications.

Research at Naipunnya is not confined to academic output alone; it is driven by curiosity, relevance, and a desire to contribute meaningfully to society. The Naipunnya Centre for Research played a pivotal role in fostering this intellectual ecosystem through conferences, workshops, faculty enrichment initiatives, and collaborative academic engagements.

International conferences such as VAIDAKTHYA'25 and the 4th International Conference on Inclusive Imagination brought together scholars, educators, and professionals from diverse fields, creating spaces for dialogue, reflection, and innovation.

Workshops on AI-integrated research tools, academic writing, proposal development, and contemporary pedagogical practices further empowered faculty members and students to engage confidently with the evolving landscape of higher education and research.

Faculty Empowerment and Staff Development

The strength of any institution lies in the passion and commitment of its educators. Recognising this, Naipunnya continued to invest significantly in faculty empowerment and professional growth.

During the academic year, the institution organised **nine Faculty Development Programmes** across various disciplines and specialisations. These programmes focused on academic autonomy, learner-centered teaching, hospitality studies, research methodologies, AI-enabled pedagogy, communication practices, and innovative teaching strategies. Each programme served as an opportunity for educators to renew their perspectives, refine their skills, and deepen their academic engagement.

Equally important was the institution's commitment toward the growth and well-being of its non-teaching staff. **Four dedicated staff training programmes** were organised focusing on workplace harmony, communication enhancement, digital competency, administrative effectiveness, and personal development. These initiatives reflected our belief that every member of the institution contributes meaningfully to the growth of the Naipunnya community.

A Campus Alive with Creativity and Culture

Life at Naipunnya extends far beyond academics. The campus continued to flourish as a vibrant space of creativity, expression, celebration, and human connection.

Events such as Nidarshana '25, Expressions 2025, AVANI 2025, Nativity '25, Laqshya 2025, Vismaya 2026, and Crearís '26 transformed the campus into a celebration of talent, unity, and youthful energy. These occasions provided students opportunities to discover themselves, build friendships, nurture leadership, and celebrate diversity.

The College Union played a dynamic role in cultivating democratic participation and student leadership. The year became particularly memorable with the election of **Ms. Theertha as the first woman Chairperson** of the College Union, marking an inspiring moment in the institution's history.

Service, Compassion and Social Commitment

One of the defining strengths of Naipunnya has always been its deep-rooted commitment to social responsibility and community engagement.

The National Service Scheme Unit continued to embody the spirit of "Not Me, But You" through a wide range of impactful initiatives including environmental campaigns, anti-drug awareness programmes, blood donation drives, health initiatives, literacy activities, cleaning drives, old-age home visits, and the NSS Special Camp Yuvajagaran 2025.

Among the many initiatives undertaken during the year, "കൂടെ – സഹപാഠിക്ക് ഒരു കൈത്താങ്ങ്" emerged as a touching expression of compassion and solidarity. Through charity thrift sales and community participation, the initiative extended support for medical treatment while also promoting sustainable practices and social sensitivity.

These activities remind us that true education finds its meaning in service, empathy, and the ability to stand beside those in need.

Sustainability, Wellness and Holistic Formation

Naipunnya continued its journey toward becoming a more sustainable and socially conscious campus through green initiatives, organic farming practices, environmental awareness campaigns, and energy conservation programmes.

The institution also organised several programmes focusing on mental health, wellness, yoga, women empowerment, hygiene awareness, social justice, disaster preparedness, and emotional well-being. Such initiatives reflect our commitment to nurturing not only intellectually capable individuals, but also emotionally resilient and socially responsible human beings.

Sports and the Spirit of Perseverance

The academic year also witnessed remarkable enthusiasm in sports and physical education. Students participated actively and secured achievements at district, university, state, national, and international levels, bringing honour to the institution.

Events such as CORSA-25, the Annual Sports Meet, yoga sessions, and football tournaments fostered discipline, teamwork, resilience, and sportsmanship, enriching campus life with energy and healthy competition.

Moving Forward with Gratitude and Hope

As we look back upon another meaningful academic year, we do so with hearts filled with gratitude — to the Almighty, the Management, faculty members, non-teaching staff, students, parents, alumni, and all our well-wishers whose unwavering support continues to strengthen our journey.

Every milestone achieved this year is the result of shared dreams, collective effort, and a common commitment to excellence and service.

Naipunnya is not merely an institution of higher learning; it is a community that nurtures aspirations, shapes character, and inspires transformation. Here, education becomes a journey of discovering purpose, serving society, and building a future grounded in values and vision.

May Naipunnya continue to grow as a beacon of wisdom, compassion, innovation, and hope in the years ahead.

EXAMINATION CENTRE



REV. FR. DR. DISTON KUNJACHAN



MS. EMILY ITTIACHAN

Introduction

The Examination Centre of Naipunnya Institute of Management and Information Technology (Autonomous) successfully conducted all Internal Examinations and End Semester Examinations during the academic year 2025–26. The examinations were organized in accordance with the regulations and guidelines approved by the Academic Council, Examination Committee, and Board of Studies. Throughout the year, the Centre maintained high standards of confidentiality, transparency, and fairness, ensuring the integrity of the institution's evaluation system.

Internal Examination Conduct

As part of the Continuous Internal Evaluation (CIE) process,the institution conducted periodic internal examinations for all Undergraduate and Postgraduate programmes.

Question Paper Preparation :

- Question papers for the first internal examinations were prepared by the respective departments.
- Departments submitted question papers to the Examination Cell within the stipulated time.
- The Examination Cell scrutinized the question papers to ensure syllabus coverage, appropriate difficulty level, and adherence to Outcome-Based Education (OBE) guidelines.
- Question papers were maintained confidentially and securely until the commencement of the examination.
- A question paper bank was maintained by each department for future reference and quality assurance.
- Remedial measures, revision classes, and academic counselling were provided to students based on their performance in the Internal Examination.

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Model Examination / Second Internal Examination

The Model Examination (Second Internal Examination) was conducted for all Undergraduate and Postgraduate programmes as part of the Continuous Internal Evaluation process. The examination was designed to familiarize students with the pattern and standards of the End Semester Examination while assessing their preparedness.

Question Paper Generation :

- A comprehensive Question Bank was maintained by each department in accordance with the syllabus and Course Outcomes (COs).
- Faculty members contributed questions covering various cognitive levels based on Bloom's Taxonomy and Outcome-Based Education (OBE) requirements.
- Question papers for the Model Examination were generated from the approved Question Bank through a systematic selection process to ensure fairness, uniformity, and adequate syllabus coverage.
- The generated question papers were scrutinized by the respective Heads of Departments and the Examination Cell before final approval.
- Confidentiality was maintained throughout the question paper generation, printing, and distribution process.

Conduct of Examination :

- The Model Examination was conducted following procedures similar to the End Semester Examination.
- Seating arrangements, invigilation duties, attendance verification, and examination hall regulations were strictly followed.
- The examination provided students with an opportunity to assess their performance and identify areas requiring improvement before the End Semester Examination.

Evaluation and Feedback :

- Answer scripts were evaluated promptly by the respective faculty members.
- Marks were published within the stipulated time.
- Performance analysis was conducted at the department level.
- Remedial measures, revision classes, and academic counselling were provided to students based on their performance in the Model Examination.

This practice enhanced the quality of assessment, improved student preparedness, and ensured effective attainment of Course Outcomes and Programme Outcomes.

Student Registration Details

Programme	Number of Registered Candidates
Undergraduate (UG)	505
Postgraduate (PG)	47
Total	552

Examination Infrastructure

The institution provided adequate infrastructure and facilities for the smooth conduct of examinations.

Facilities Available :

- Spacious and well-ventilated examination halls.
- Drinking water facilities.
- First Aid and Medical Assistance.
- Accessible facilities for differently-abled candidates.
- Strong room for confidential storage of question papers and answer scripts.

Duties Performed :

- Verification of candidate identity.
- Distribution and collection of answer booklets.
- Attendance marking and verification.
- Prevention of malpractice.
- Monitoring through flying squad inspections.
- Mapping of answer booklets to false numbers.

Question Paper Management

The question papers were handled under strict confidentiality and security protocols.

Procedures Followed :

- Secure storage in a strong room.
- Authorized access only.
- Opening of question paper packets in the presence of designated officials.
- Proper documentation and maintenance of records.
- Secure transmission and distribution to examination halls.

Conduct of Examination

The examinations were conducted as per the approved timetable.

Activities Undertaken :

- Hall preparation and candidate seating arrangements.
- Distribution of answer booklets and additional sheets.
- Continuous monitoring by invigilators and flying squad.
- Collection and bundling of answer scripts after each session.

Malpractice Cases :

Particulars	Numbers
Reported Cases	5
Confirmed Cases	5
Pending Enquiries	0

Action Taken :

All reported malpractice cases were handled according to the regulations approved by the Malpractice Prevention Committee (Tribunal Committee) and Examination Committee.

Evaluation and Result Processing

The evaluation process was conducted efficiently to ensure timely publication of results.

Activities :

- Coding and bundling of answer scripts.
- Distribution to evaluators.
- Double valuation (where applicable).
- OBE-based mark entry.
- Result verification and moderation.
- Publication of results.

Action Taken :

Activity	Date
Last Examination Conducted (MSW&M. Com)	21st November 2025
Last Examination Conducted (FYUGP)	25th November 2025
Last Examination Conducted (MBA)	23rd January 2025

Results were published within an average of 21 days from the last date of examination.

Challenges Encountered

The following challenges, if any, were encountered during the examination period:

- Mapping barcodes and false numbers to answer booklets

Corrective Measures Taken :

- Hall Arrangement Module
- AI assisted Attendance marking and valuation enabled.
- The valuation process was carried out through the enabled Chairman Workflow Module for the smooth allocation and monitoring of answer scripts.
- Marks were entered in accordance with the Outcome-Based Education (OBE) evaluation framework.

Best Practices Adopted

- AI-assisted hall arrangement, attendance monitoring.
- OBE-based mark entry through AI assistance and resulprocessing.
- CCTV surveillance and flying squad monitoring.
- Online examination registration.
- Timely publication of results.
- Secure storage and transportation of confidential materials.

Conclusion :

The End Semester Examination was conducted successfully with the cooperation of faculty members, administrative staff, examination personnel, and students. The institution maintained high standards of confidentiality, transparency, and fairness throughout the examination process. The examination centre functioned effectively and ensured the smooth conduct of examinations and timely declaration of results.

With regards
Fr. Dr. Diston Kunjachan
CONTROLLER OF EXAMINATIONS

DEPT. OF HOTEL MANAGEMENT 2025-26

"JUST AS A LAMP ILLUMINATES A DARK PLACE, KNOWLEDGE IMPARTED BY A TEACHER ENLIGHTENS THE MIND OF A STUDENT."

- BHAGAVAD GITA



Mr. Robert Fernand

HOD- HOTEL MANAGEMENT

The Department of Hotel Management at Naipunnya Institute of Management and Information Technology, Pongam, Thrissur, successfully completed another productive academic year 2025–2026, marked by academic excellence, industry engagement, skill development initiatives, and student achievements. The department continues to maintain its reputation as one of the leading hospitality education centres in Kerala, providing quality education and professional training aligned with global hospitality standards. During the academic year, the department offered its flagship programmes including B.Sc. Hotel Management & Catering Science, B.Sc. Hotel Management & Culinary Arts, and Bachelor of Hotel Administration, focusing on developing competent hospitality professionals with strong theoretical knowledge and practical expertise.

The academic activities of the year were conducted systematically following the academic calendar, with emphasis on experiential learning and industry exposure. The department organized several seminars, workshops, extension programmes, and guest lectures delivered by industry experts to enhance students' professional skills and industry awareness. Special training sessions were conducted in mixology, vegetable and fruit carving, flower arrangement, and food safety, enabling students to acquire additional skill certifications relevant to the hospitality sector.

A significant highlight of the academic year was the successful implementation of industrial exposure training and internships for students in reputed hospitality establishments. These internships provided valuable real-world experience and helped students understand the operational dynamics of the hospitality industry. The department also conducted various extension activities and skill development programmes for the community and aspiring hospitality professionals. These initiatives aimed to promote culinary awareness, dining etiquette, and professional hospitality skills among participants.

During the year, the department was proud to receive recognition as the Best Hotel Management College by the Universal Research Foundation (URF), which stands as a testament to the dedication and hard work of the faculty members, students, and the institutional leadership.

Students of the department actively participated in inter-collegiate competitions, hospitality events, and cultural activities, bringing accolades and recognition to the institution. Many students also secured placements in reputed hotel chains and hospitality organizations, reflecting the department's commitment to producing industry-ready graduates.

The faculty members continued their professional development by participating in faculty development programmes, seminars, research activities, and academic collaborations, ensuring that teaching methodologies and curriculum remain aligned with contemporary industry trends. The department is supported by well-equipped training kitchens, bakery and confectionery labs, training restaurant facilities, housekeeping laboratories, and front office training setups, which provide students with practical learning environments that simulate real hotel operations.

The achievements of this academic year would not have been possible without the constant support of the Management, Principal, faculty members, industry partners, students, and alumni. Their collective efforts continue to strengthen the department's mission of shaping skilled and responsible hospitality professionals.

As we move forward, the Department of Hotel Management remains committed to excellence in hospitality education, innovation in training, and strengthening industry partnerships for the benefit of our students.

With regards
Mr. Robert Fernandez
HOD, HOTEL MANAGEMENT

Rank Holders 2021 Admission.





PG DEPT. OF COMMERCE 2025-26



DR. MATHEW JOSE K
HOD- COMMERCE

With a deep sense of contentment and gratitude to God Almighty for showering His abundant blessings upon our endeavors, I am pleased to present the Annual Report for the academic year 2025-26. This report highlights the significant achievements, academic progress, and enhanced learning experiences facilitated by the PG Department of Commerce.

Departmental Overview and Academic Excellence

The Department of Commerce continues to scale new heights of excellence, offering a comprehensive range of undergraduate and postgraduate programs. Our curriculum includes B. Com specializations in Finance, Computer Applications, and Cooperation, alongside a Bachelorof Business Administration (BBA) and an M. Com in Finance. The department is also offering professional add on programmes such as ACCA, CMA, Aviation & Airport Management and Logistics & Supply chain management.

Currently, the department nurtures a vibrant community of 421 UG students and 16 PG students, guided by 25 well-qualified faculty members, including eight PhD holders and four M.Phil. degree holders. This academic year was marked by exceptional performance in the university examinations, where the department achieved a perfect 100% pass rate in B. Com Cooperation, followed by 98% in B. Com Finance, 89% in B. Com Computer Application, and 88% in BBA.

Capability Enhancement and Professional Training

To ensure a level playing field, the department conducted a specialized Bridge Course on the Basics of Accounting for non-commerce students and an Ability Test to assess the quantitative and technical aptitude of all freshmen. Professional readiness was a primary focus this year, evidenced by the successful implementation of various Add-on Courses. Final-year students engaged in advanced certifications such as the Diploma in International Finance and Accounts, GST with Tally, and Capital Markets, while second-year students explored Logistics, Event Management, and Digital Marketing. These efforts were supplemented by professional streams like ACCA and CMA, as well as holistic development programs including the Skill Enrichment Program (SEP), Meraki, and Power Talks, ensuring that our students are well-equipped for the modern workforce. 60 students are undergoing various professional add on programmes offered.

Career Guidance and Global Placements

The Departmental Placement Cell implemented a robust series of initiatives designed to bridge the gap between academia and industry. The year commenced with a professional LinkedIn campaign and specialized workshops in association with government bodies like K-DISC and ASAP. Following a Mega Placement Drive featuring over 30 companies, 14 students secured prestigious roles at firms such as TCS, Impex, PDDP, and Luxon Tata. Additionally, the department facilitated internships for 52 students and organized career orientations focusing on overseas education and MBA pathways, providing a clear trajectory for future professional success.

Interactive Learning and Social Responsibility

Beyond the classroom, the department emphasizes practical exposure through industry interactions, share trading workshops, and an industrial visit involving 206 students. The Entrepreneurship Development (ED) Club's "Earn While Learn" initiative was particularly successful, helping 228 students earn a combined Rs. 1,82,000/- through various campus markets. Simultaneously, the department remains committed to social welfare; the "Snehasagamam" & outreach program organized by second-year students fostered a deep sense of empathy by supporting differently-abled members of our community with a dedicated fund of Rs. 20,000/-.

Research, Innovation, and Faculty Engagement

The department maintained a strong research culture through the Research Quality Assurance Cell (RQAC). A major highlight was the 'DHANPATH 2K26' International Conference, which saw a participation of 168 research scholars and a presentation of 87 scholarly papers. Our monthly publication, 'El-Commercio,' and the publication of conference proceedings with an ISBN further underscore our commitment to academic discourse. Faculty members also benefited from Faculty Exchange and Development Programmes, ensuring they remain at the forefront of pedagogical trends.

Other Notable Activities

- **Faculty Exchange**: Successfully conducted three Faculty Exchange Programmes (FEP) facilitated by active MoUs with partner colleges.
- **Student Achievements**: More than eighty students represented the department in various inter-collegiate fests across Kerala, securing numerous accolades and gaining valuable experience

- **Alumni & Mentoring**: Hosted a successful Alumni Meet and maintained a consistent mentoring system. Students requiring advanced support were referred to 'Prthidhi', the college counseling center, for expert guidance.
- **Professional Development:** Organized two Faculty Development Programmes (FDP) to enhance the pedagogical skills of our teaching staff.
- **Observances & Tours:** Commemorated National Statistics Day with seminars and quizzes, conducted regular PTWA meetings for all batches, and organized a three-day study tour for final-year UG students.
- **Student Welfare:** Distributed textbooks at concessional rates to all students, with free sets provided to those facing significant financial hardships.

Conclusion and Acknowledgments

As we conclude this academic year, we celebrate two significant milestones within our faculty family. It is a moment of great pride as we congratulate Dr.Anitha Mary Alex and Dr. Shanmughadas K G on being awarded their Ph.D., a testament to their dedication to scholarly excellence. We also extend our heartfelt gratitude and best wishes to Ms. Bindu G, who retires This year after 21 years of exemplary service. Her long-standing commitment and contribution to the growth of this department have left an indelible mark on both her colleagues and students alike.

I wish to express my sincere gratitude to our Principal, Rev. Fr. Dr.Paulachan Kaithottungal, for his assertive leadership and vision. My thanks also go to Rev. Fr. Jimmy Kunnathur, Rev. Fr. Disto Kadalikkattil, Rev. Fr. Tony Manikkathan, our Vice Principals, and the management for their unwavering support. Finally, I commend the faculty and students for their hard work and cooperation in making this a landmark year for the Department of Commerce.

With regards
Dr. Mathew Jose K
HOD, COMMERCE

PG DEPT. OF COMPUTER SCIENCE 2025-26



MR. Jayakrishnan S

HOD- COMPUTER SCIENCE

The academic year 2025–26 stands as a remarkable chapter in the journey of the P G Department of Computer Science, reflecting a harmonious blend of academic excellence, industry collaboration, research contributions, and social commitment. The department has consistently strived to empower students with contemporary skills while nurturing values of innovation, responsibility, and lifelong learning.

One of the most significant initiatives of the year was the “Xcelerate” Industrial Training Programme, offered to selected students of III Semester BSc Computer Science, BCA, and BSc IT. Conducted over a span of 12 months in a hybrid mode, this programme focused on Full Stack Development using modern technologies such as HTML, CSS, JavaScript, Node.js, and React. It provided students with a platform to gain hands-on experience and industry exposure, thereby enhancing their technical proficiency and employability.

To strengthen academic enrichment, the department organized a 30-hour add-on course on “Python for Data Science” for III Semester students, introducing them to the fundamentals of programming and data analysis. In addition, a 30-hour add-on course on Cloud Computing Fundamentals, handled by expert trainers from IIITK Pala, was conducted for V Semester students. These initiatives ensured that learners stayed updated with emerging technologies and industry trends

Bridging the gap between academia and industry, an insightful interaction session was arranged with Mr. Abhilash K S, Senior Big Data Developer at IQVIA RDS (India) Pvt. Ltd. His session offered valuable perspectives on real-world applications of big data and guided students in understanding industry expectations and career pathways

Experiential learning was further enhanced through industrial visits to Tata Consultancy Services (TCS) and UST Global, where V Semester students observed professional work environments and gained exposure to software development practices. Complementing this, II Semester students successfully completed a 60-hour internship programme during the summer vacation, marking an early step into professional training and skill application

The department also played an active role in co-curricular activities by organizing four events as part of the intercollegiate fest “LaQshya”, conducted jointly by all departments of NIMIT. Students enthusiastically participated in various intercollegiate competitions hosted by other institutions as well, securing prizes and bringing laurels to the department.

On the academic and research front, the department takes pride in the achievement of Mr. Fredy Varghese, Assistant Professor, who successfully defended his doctoral thesis and earned a PhD in Computer Science, adding to the academic strength of the faculty. Faculty members collectively contributed to 3 journal publications and 18 conference proceedings, reflecting a strong research culture. In a significant scholarly contribution, four faculty members co-authored a book titled “How Machines Learn: An Introduction to Artificial Intelligence and Machine Learning.” Additionally, two faculty members submitted project proposals to the ICSSR Project Challenge, marking a proactive step towards securing funded research projects

Strengthening industry linkages, the department renewed its MoUs with Infosys and ICT Academy and established a new collaboration with First Consulting Group, an IT company, to facilitate industrial training opportunities for students. These partnerships play a crucial role in aligning academic learning with industry requirements.

Beyond academics and research, the department demonstrated a deep sense of social responsibility by organizing 16 outreach programmes in various old age homes and orphanages during the academic year. These initiatives instilled empathy, social awareness, and community engagement among students.

In conclusion, the academic year 2025–26 has been a year of growth, achievement, and meaningful engagement for the P G Department of Computer Science. With its continued focus on quality education, research innovation, industry collaboration, and social commitment, the department remains dedicated to shaping competent professionals and responsible citizens for the future.

With regards,
Mr. Jayakrishnan S
HOD,COMPUTER SCIENCE

PG DEPT. OF ENGLISH

2025-26



Dr. Purnima S. Kumar
HOD- ENGLISH

As we step into a new academic year, it is both meaningful and necessary to reflect upon the achievements, challenges, and significant milestones that shaped the journey of the Department of English during the academic year 2025–2026. The year has been marked by academic excellence, vibrant co-curricular engagement, and a sustained commitment to holistic development.

A landmark achievement for the institution was its accreditation with NAAC A++, followed by the conferment of autonomous status, both of which stand as a testament to the collective efforts and dedication of the management, faculty, and students.

The academic accomplishments of the department have been particularly commendable. The fourth batch of M.A. English (2023–2025) graduated with a cent percent pass rate, continuing the department's tradition of excellence. The B.A. English students also secured outstanding results at the university level. Notably, Ms. Arthana Binoy emerged as the Best Outgoing Student of the department, bringing pride and recognition.

With a focus on inclusive and supportive learning, the department actively conducted remedial classes and peer teaching sessions. These initiatives extended not only to literature students but also to those enrolled in common courses, benefiting students across all degree programmes on campus. Such efforts played a crucial role in building academic confidence and improving performance.

In alignment with the academic plan laid out at the beginning of the year, a variety of programmes were successfully executed. A Board of Studies meeting was convened with Dr. Sajo Jose, Assistant Professor, Department of English, St. Joseph's College, Irinjalakuda. The discussions centred on the academic blueprint for the upcoming year, with a special emphasis on introducing add-on programmes. The syllabus designed by the department received approval, leading to the offering of seven add-on courses, thereby enhancing students' skill sets and employability

The Research Committee remained vibrant throughout the year, fostering a research-oriented environment. Both faculty and students were encouraged to present papers at conferences and publish in reputed journals, thereby contributing to academic discourse.

The department also played a key role in promoting a reading culture and literary engagement. The Reading Week – Sameeksha, organised in collaboration with the Additional Languages Department and the College Library, featured a series of inter-departmental competitions. Among the highlights was the innovative programme "Book to Box Office," which encouraged students to read selected texts and participate in monthly quizzes, making reading both engaging and competitive. The department organised a creative competition titled "Poetry on Canvas" as part of the Naipunnya Excellence Award initiatives. The event provided students with a platform to blend visual art and poetic expression, showcasing their creativity and interpretative skills.

An International Conference organised by the department added a global dimension to its academic initiatives. The resource person, Dr. Asma Rahmani from the University of Batna-1, Algeria, enriched the sessions with her insights. Faculty members and students from various institutions participated actively, and selected papers were published in the conference proceedings.

The department also initiated faculty exchange programmes, collaborating with neighbouring colleges to conduct classes and share academic expertise. This initiative broadened perspectives and strengthened institutional ties.

A major highlight of the year was the college fest Laqshya – Techno Cultural Management Fest, in which the department organised “Chutney Soca,” a vibrant literary event. The programme witnessed enthusiastic participation from students of various colleges and featured engaging literary competitions, making it one of the most colourful and memorable events of the year.

Experiential learning was promoted through cultural visits and study tours. A visit to the Kochi Biennale offered students exposure to contemporary art and cultural expressions, while other tours helped them explore sites of literary and historical significance.

The department also remained committed to social responsibility through various outreach programmes. Visits to old-age homes and orphanages were organised, with students actively raising funds to support the needs of the residents. A noteworthy initiative was the moving library at Devamatha Hospital, Koratty, which was replenished with books contributed by the department, college library, faculty, and students.

In addition, Amrutham, a programme dedicated to the non-teaching staff, was organised in collaboration with the Additional Languages Department, reflecting the department’s inclusive and community-oriented spirit.

As the academic year comes to a close, the Department of English expresses its sincere gratitude to the management, faculty, and students for their unwavering support and dedication. Their collective efforts have been instrumental in making this year a successful and fulfilling one.

The department looks forward to building on these achievements and continuing its pursuit of academic excellence and meaningful engagement in the years ahead.

With regards,
Dr. Purnima S Kumar
HOD,ENGLISH

DEPT. OF ADDITIONAL LANGUAGES 2025-26

Language is not merely a tool for communication, but a bridge that connects cultures, ideas, and identities. The Department of Additional Languages, offering Hindi, Malayalam, and French strives to nurture linguistic proficiency while fostering cultural sensitivity and global awareness among students. Through a blend of academic engagement and co-curricular activities, the department creates a vibrant platform where languages become a medium for dialogue, inclusivity and intellectual growth.

The department remains committed to holistic education by encouraging students to appreciate linguistic diversity and develop critical perspectives through language learning.

During the academic year, the department successfully organized several programmes to enhance language learning and cultural understanding:



MS. REJITHA K. RAVI
HOD- ADDITIONAL LANGUAGES

Reading Week Celebration

In collaboration with the college library, the department celebrated Reading Week with activities that promoted reading habits among students. Events included reading sessions, discussions and literary engagements.

Hindi Day Celebration

The department celebrated Hindi Day to promote the importance of the Hindi language. As part of the Hindi Day celebration, a seminar was conducted by Dr. Leena Samuel, Assistant Professor, Panampilly Memorial Government College. The session highlighted the importance of the Hindi language and its relevance in contemporary society. It was an insightful and engaging programme that enriched students' understanding and appreciation of the language. Various activities and competitions were conducted to encourage student participation and appreciation of the language.

French Workshop

A French workshop was organized to introduce students to the basics of the French language and culture. The session will be led by Claire Le Michel, renowned French Writer, Poet and Performing artist. This workshop promises to be an enriching experience, offering valuable insights and practical knowledge about the French language and culture. The session helped students gain exposure to pronunciation, vocabulary, and conversational skills.

Transgender Seminar

A seminar focusing on transgender issues was conducted to create awareness about gender inclusivity and social justice. The programme encouraged students to develop sensitivity and understanding towards marginalized communities. The programme was inaugurated by Adv. Padmalakshmi, the first transgender lawyer in Kerala. In her inaugural address, she spoke about her personal journey, the struggles faced by the transgender community and the importance of legal awareness in ensuring equal rights and social justice. She conducted an engaging session on Gender Equality and Social Justice, highlighting constitutional rights, the need for social acceptance and the role of education in breaking stereotypes. She encouraged students to stand against discrimination and to promote inclusivity and respect in society. Her session was inspiring and thought-provoking, motivating students to become advocates of equality and social change.

Multilingual Webinar

Department of Additional Languages organized a Multilingual Webinar aimed at promoting linguistic diversity and academic engagement across languages. The webinar featured expert sessions in Hindi, Malayalam, and French, providing students with a rich and varied learning experience.

The resource persons for the webinar were:

Dr. Ajai G Kamath,
Assistant Professor, Department of Hindi,
The Cochin College

Dr. Seena John
Assistant Professor, Department of Malayalam,
M A College Kothamangalam

Ms. Jeleeta Rose C.N.
Assistant Professor, Department of French,
S.H College Thevara

Each session offered valuable insights into the respective languages, their cultural contexts, and contemporary relevance. The programme served as an effective platform for interdisciplinary learning and encouraged students to appreciate the richness of multiple languages

The Department of Additional Languages remains committed to fostering language skills, cultural competence and social awareness among students. The programmes conducted during the year reflect the department's dedication to holistic education and inclusive learning.

With regards,
MS.Rejitha K.Ravi
HOD, DEPARTMENT OF ADDITIONAL LANGUAGE

DEPT. OF SOCIAL WORK 2025-26

A Journey of Learning, Service, and Social Transformation

"SOCIAL WORK IS THE ART OF LISTENING AND THE SCIENCE OF ACTION."



DR. JOYSHREE MONDAL
HOD- SOCIAL WORK DEPT

In an era of rapid social, cultural, and technological transformation, the need for compassionate, skilled, and socially conscious professionals has never been greater. The PG Department of Social Work, though still in its early stage with just two years of academic journey, has steadily evolved into a space where academic rigor meets social commitment and experiential learning.

Built on a strong foundation of vision, dedication, and progressive pedagogy, the department is developing a distinct identity rooted in practice, people-centered learning, and ethical engagement. Our vision is to prepre socially responsible professionals, promote community engagement and social awareness, integrate theory with practice, and encourage critical thinking along with ethical practice. Our mission extends beyond education—it seeks to inspire students to become active agents of change.

Understanding Social Work: Beyond a Course, A Commitment

Social Work is more than voluntary service or charity; it is a professional discipline grounded in scientific knowledge, ethical values, and skilled practice. It involves understanding individuals and society, addressing social issues, empowering communities, and promoting justice, equality, and human dignity.

Unlike disciplines confined to classrooms, Social Work extends into real-life settings, making it a dynamic, field-based, and experience-oriented area of study.

The Relevance of Social Work in Today's World

Contemporary society faces complex challenges such as poverty, mental health concerns, substance abuse, violence, displacement, and social inequality. Social workers respond to these issues through a holistic and systematic approach that focuses on root causes and sustainable solutions.

Social Work plays a crucial role in connecting individuals with rights and resources, strengthening communities, promoting well-being, and advocating for social justice. At its core, it is about enabling people to help themselves through professional, ethical, and structured intervention.

Who is a Social Worker?

A social worker is not merely a helper but a trained professional who listens empathetically, assesses situations critically, and designs evidence-based interventions. Social workers work closely with individuals, families, and communities while also contributing to broader systems of change.
They serve in diverse roles as counsellors, community organizers, educators, advocates, researchers, and policy influencers. What distinguishes them is their unique ability to combine compassion with competence and empathy with scientific practice.

Fields of Practice: Where Social Workers Make a Difference

The scope of Social Work is wide and continuously expanding. Social workers contribute across healthcare, mental health, education, community development, child welfare, women's empowerment, disaster management, and rehabilitation.

They support individuals and families in hospitals and counselling centres, promote student well-being in educational institutions, empower communities through development initiatives, and advocate for the rights of vulnerable populations. Social workers also play key roles in NGOs and government systems through policy implementation, awareness programmes, and grassroots interventions.

The Core Strength: Fieldwork and Experiential Learning

Fieldwork is the cornerstone of Social Work education, bridging the gap between theory and practice through real-life engagement. It enables students to interact with diverse populations, understand social realities beyond textbooks, and develop professional values and competencies.

Our programme includes:

- Concurrent Fieldwork – weekly supervised agency-based practice
- Rural and Urban Camps – immersive exposure to community life
- Block Placement – intensive professional training in organizations
- Community-Based Activities – awareness programmes, surveys, campaigns, and developmental initiatives

Through these experiences, students develop communication, leadership, teamwork, analytical, and problem-solving skills, along with sensitivity to diversity and inclusion. Fieldwork transforms learning into active engagement and nurtures confidence, competence, and compassion.

Student Development: Beyond Academics

The Department of Social Work promotes holistic education through workshops, seminars, community outreach programmes, awareness campaigns, research, documentation, and cultural initiatives. These platforms help students develop resilience, responsibility, and professional competence to face real-world challenges.

Creating Awareness: Social Work for the Common People

Social Work is a professional and career-oriented field that contributes significantly to societal development and offers opportunities across diverse sectors. Social workers serve in hospitals, schools, communities, and crisis situations—often working silently but making a powerful impact in people's lives.

A Message to Students

Choosing Social Work means choosing a path that is both challenging and deeply fulfilling. It demands sensitivity, patience, and dedication, while offering a strong sense of purpose, opportunities for meaningful impact, personal growth, and a respected professional identity. In this field, students are not just learners—they are future change-makers.

A Message to Parents and Society

Social Work is a professional discipline with strong academic and career prospects across multiple sectors. Beyond service, it prepares individuals for responsible and respected roles that contribute positively to society. Supporting students in this field means encouraging values of humanity, justice, and collective well-being.

Looking Back: Two Years of Growth

In just two years, the Department of Social Work has established a strong academic framework, developed meaningful fieldwork partnerships, engaged students in community-based initiatives, and fostered a culture of learning, service, and reflection. Though still in its formative stage, the foundation laid is strong and promising.

Looking Forward: A Vision for the Future

The Department aspires to expand academic and fieldwork opportunities, strengthen community partnerships, promote research and innovation, and develop specialized areas of practice. Its vision is to nurture socially committed professionals who contribute meaningfully to society at large

Conclusion: A Commitment to Change

Social Work is more than a profession—it is a commitment to humanity. It is about standing with people in their struggles, recognizing their strengths, and working collectively towards a better future

The Department of Social Work proudly carries this vision forward, shaping individuals who are not only skilled professionals but also compassionate human beings.

Guided by the belief that even the smallest act of sincere service can create lasting change, the journey continues with purpose and dedication

"SOCIAL WORK IS THE ART OF LISTENING AND THE SCIENCE OF ACTION."

With regards,
Dr. Joyshree Mondal,
HOD, SOCIAL WORK

DEPT. OF COSTUME AND FASHION DESIGNING 2025-26

Every journey begins with a small step, and ours began in the academic year 2025–26, when the Department of Fashion Designing at Naipunnya Institute of Management and Information Technology came to life. Like a tender bud waiting to bloom, the department started with two faculty members and ten young minds, each carrying dreams, curiosity, and a spark of creativity.



As the in-charge Head of the Department, watching this little bud grow has been more than a responsibility; it has been an emotional and fulfilling experience. In a world that is constantly racing with technology, we hold close to one belief: creativity is the soul of fashion, and human imagination is something no machine can ever replace.

Megha A

HOD- COSTUME AND FASHION DESIGNING

VISION & MISSION

The department is driven by a clear vision to nurture young talents into innovative and responsible fashion professionals. It introduced the B.Sc. Costume and Fashion Designing programme, thoughtfully designed to go beyond conventional classroom learning. Our mission is to develop creative thinkers, as the world increasingly values originality, and one element that can never be replaced by technology is the power of human creativity. With this belief, the department strives to encourage imagination, artistic expression, and design thinking among students.

2025–2026 EXPLORATION JOURNEY

The department offers the B.Sc. Costume and Fashion Designing programme, which is structured to be strongly focused on practical and experimental learning. The curriculum is thoughtfully designed to provide students with maximum exposure to real-world practices, ensuring a strong foundation in both technical skills and creative exploration. From basic concepts to advanced techniques, students are guided through a progressive learning experience that enhances their confidence and competence.

Understanding the diverse backgrounds of students, the academic journey began with a bridge course in the basics of drawing. This initiative helped bridge the skill gap and enabled students to develop essential visualisation and illustration skills, which are fundamental in fashion designing.

AKRITI (2025-2026)

A unique highlight of the department is “Akriti,” the flagship programme under which all workshops are conducted. During this academic year, several skill-enhancing workshops were organised under Akriti, including a Crochet Workshop led by Ms. Megha A, a Fabric Painting Workshop by Ms. Alakananda, and a Styling Workshop conducted by external expert Dhanya P. These workshops provided hands-on experience and enriched the students’ creative abilities.

FIELD-BASED LEARNING ACTIVITIES

The department also actively promotes cultural awareness and heritage appreciation. In celebration of National Handloom Day, students visited Sahrudaya Silk Kendra, recognized as one of the first silk weaving centres in Kerala. This visit offered valuable insights into traditional weaving techniques and highlighted the importance of preserving handloom heritage in contemporary fashion.

CAMPUS ACTIVITIES

Extending creativity beyond the classroom, the department actively contributed to campus life. During Onam celebrations, the department initiated an Onam costume consultation for the entire institution, providing a platform for students to learn coordination, styling, and management skills. For the College Union inauguration, the budding department proudly designed sashes for the members—an invaluable opportunity guided by Ms. Alakananda.

Adding festive spirit to the campus, the department organised a Christmas Market, creating a vibrant and engaging atmosphere. As part of the Nativity celebrations, the department club also conducted a fashion runway competition, allowing students to showcase their style and creativity while celebrating the festive season with enthusiasm.

NIMIT COUTURE

The 2025 Management Fest came alive in a burst of colours and creativity with NIMIT Couture, the department's signature fashion show. The runway began with a graceful opening by NIMIT students and unfolded into a spectacular sequence of performances, where fashion met rhythm through captivating choreographies.

Though still in its initial stage, every small and significant activity undertaken by the department has contributed to building a strong foundation, with the campus gradually blooming with creativity and innovation. As the department continues to grow, it carries forward a vision of excellence and artistic expression.

As the in-charge of the department, I express my heartfelt gratitude to the management and all members of the NIMIT family for their constant support, encouragement, and belief in the Department of Fashion Designing. This journey is just the beginning, and the bloom we see today promises a future filled with creativity, passion, and endless possibilities.

With regards,
Megha A ,
HOD, COSTUME AND FASHION DESIGNING

DEPT. OF PHYSICAL EDUCATION 2025-26

"WELLNESS IS THE WAY OF LIFE;
FITNESS IS THE WAY OF WELLNESS"



Ms. NIYA SCARIA
HOD- PHYSICAL EDUCTION

Physical Education is an integral part of the total education system, contributing significantly to the holistic development of students. Games and sports play a vital role in student life by promoting physical fitness, mental wellbeing, discipline, teamwork, and leadership qualities. Along with academic excellence, participation in sports and games helps students remain active, confident, and balanced. The Department of Physical Education and Sports at Naipunnya Institute of Management and Information Technology continues to strive for excellence in all areas of sports and games, bringing laurels to the institution through the dedicated support of the management, faculty members, coaches, and students. Upholding the concept of "Sports for All," the department actively encourages student participation in various sporting activities and competitions.

During the academic year 2025–2026, the Department of Physical Education actively organised and participated in various programmes and tournaments at the Calicut University D-Zone, Inter Zone, District, State, National, and All India levels. The outstanding achievements of our students in these competitions brought pride and recognition to the institution.

Several students represented the University of Calicut and the Kerala State in prestigious national and inter-university tournaments. Seven students secured first positions in national-level competitions, while nine students represented the University of Calicut in All India Inter-University tournaments. Students also achieved notable success in both team and individual events across various sports disciplines.

Championship Achievements 2025–2026

The college teams delivered commendable performances in various university and national-level championships. The Netball Men's Team secured the second position and the Netball Women's Team secured the third position in the University of Calicut Inter Zone Netball Championship held at Sahrdaya College, Kodakara.

In the All India Inter University Men's and Women's Tug of War Championship held at Sahrdaya College, students Sreedavi and Alphiya Jose secured first position in the Women's category, while Bebin Joseph secured first position in the Men's category.

In the All India Inter University Netball Women's Championship held at Bhopal, Anjana Lakshmi P. S. and Ashna Maria Jose secured second position. During the Senior National Drop Roball Championship held in Haryana, Diya K. secured second position in the team event, while Devananda A. S. and Vismaya K. won gold medals in the mixed doubles category.

In the All India Netball Championship held at Bhopal, Akhil Antony, Milan M. Saju, Juwel Varghese, and Amal Jose won gold medals. Prince Thomas represented the Kerala team in the Senior National Korfball Championship.

A proud achievement for the department was the international accomplishment of Ms. Ashna Maria Jose, a B.Com Co-operation graduate of NIMIT, who was selected to represent India in the Hong Kong Bauhinia Cup 2025, an international netball tournament held in Hong Kong from June 5 to 8, 2025. She secured a gold medal in the championship, bringing great honour to the institution.

International Yoga Day Celebration "YAMA 2025"

The Department of Physical Education, in association with the National Service Scheme (NSS), organised "YAMA 2025" on 20 June 2025 in connection with International Yoga Day under the theme "Yoga for Wellbeing."

The programme was conducted at the Navarang Auditorium, NIMIT, with active participation from faculty members and students across various departments. Rev. Fr. Dr. Paulachan K. J., Executive Director and Principal, delivered the presidential address, and Rev. Fr. Baiju Varghese, Director of LF Saurabhya, inaugurated the programme and led an interactive yoga session. The event successfully promoted awareness about physical and mental wellbeing through yoga.

CORSA 2026 – National Sports Day Celebration

National Sports Day was celebrated on 22 August 2025 under the title “CORSA 2026.” The programme was organised jointly by the Department of Physical Education, Sports Club, and Fitness Club.

Various competitions such as penalty shootouts, plank challenges, and sit-up competitions were conducted for students and staff members. The event witnessed enthusiastic participation, encouraging fitness awareness and sportsmanship among the college community. Winners were honoured by Rev. Fr. Dr. Diston Kadalikkattil and Fr. Tony Manikkathan.

NFL 2026 – Inter-Class Football Tournament

The Inter-Class 7s Football Tournament, “NFL 2026,” was successfully organised by the Department of Physical Education from 8 January to 15 January 2026 at the college main ground.

The tournament aimed to promote teamwork, discipline, and physical fitness among students. The final match was played between III Year B.Com A & B and the combined team of II Year B.Sc. CS, B.Sc. IT, and B.Sc. HM CS. After an exciting and competitive match, III Year B.Com A & B emerged as the champions. Mr. Ajul was awarded the Best Player of the Match for his outstanding performance.

VIVA 2026 – Annual Sports Meet

The Department of Physical Education organised “VIVA 2026,” the Annual Sports Meet, on 28 January 2026 at the Main Ground, NIMIT, Pongam.

The programme commenced with the March Past competition, followed by the official inauguration ceremony. Ms. Neenumol P. S., Armed Police Assistant Sub-Inspector and Indian basketball player, graced the occasion as the Chief Guest and officially inaugurated the sports meet. The event featured the lighting of the ceremonial lamp, torch run, oath-taking ceremony, aerobic drill performances, and various track and field events.

Students enthusiastically participated in all competitions, demonstrating sportsmanship, unity, and competitive spirit. The First Year students secured the Overall Championship with 56 points, while the Second Year students secured the runner-up position with 43 points.

The valedictory ceremony concluded with the lowering of the college flag, prize distribution, and words of appreciation for all participants, coaches, faculty members, and organisers who contributed to the grand success of the event.

Conclusion

The Department of Physical Education successfully completed another vibrant and achievement-oriented academic year through active participation in sports, wellness initiatives, and competitive events. The department remains committed to nurturing physically fit, disciplined, and confident individuals while continuing its pursuit of excellence in the field of sports and physical education.

With regards,
Ms. NIYA SCARIA,
HOD,PHYSICAL EDUCTION



SPORTS ACHIEVEMENTS



Tug of War Men Team – Fouth Position - University of Calicut Inter Zone Tug of War Championship 2025-26



Netball Men Team – Second Position - University of Calicut Inter Zone Netball Championship 2025-26



Netball Women Team - Third Position - University of Calicut Inter Zone Netball Championship 2025-26



Korfball (Mixed) Team - Second Position - University of Calicut Inter Zone Korfball Championship 2025-26



Volleyball (Women) Team University of Calicut Inter Zone Volleyball Championship 2025-26



Naipunnya College Tug of War Women Team- Second Position- University of Calicut Inter Zone Tug of War 2025-26



Naipunnya College Football Men Team 2025-26



Naipunnya College Basketball Men Team 2025-26

DEPARTMENT OF TRAINING 2025-26

The Department of Training at NIMIT successfully organized a wide spectrum of regular and special programmes during the academic year 2025–2026. These initiatives were thoughtfully designed to enhance communication skills, leadership abilities, employability competencies, and overall personality development among students and staff. The department gratefully acknowledges the wholehearted cooperation of all academic departments and the unwavering support of the college administration, which played a vital role in the smooth execution of these programmes.



Johny P.O
HOD,TRAINING

Academic Enrichment & Add-On Initiatives

A 30-hour Add-On Course on Communicative English & Soft Skills was conducted for First-Year MSW students from 15 September 2025 to 15 March 2026. The course focused on strengthening verbal and written communication for academic and professional purposes while nurturing essential soft skills such as teamwork, leadership, interpersonal effectiveness, adaptability, and professional confidence—crucial for social work practice and employability.

Employability & Digital Skill Development

Under Phase II of the CIRCLE Campaign initiated by ASAP Kerala, the department organized structured training on Resume Building and LinkedIn Profile Enhancement. As part of the peer-learning model, a Skill Champion from the institution, Ms. Theertha Suresh (Final B.Com), received specialized training and subsequently trained batch mentors. These mentors, guided by placement officers and faculty, conducted sessions for final-year students between 15–19 September 2025. The initiative ensured that all outgoing students enhanced their professional profiles and digital presence.

Institutional Collaboration & Exchange

A Memorandum of Understanding was signed between De Paul Institute of Science & Technology and Naipunnya Institute of Management and Information Technology to promote academic collaboration. The MoU encompasses student and faculty exchange programmes, joint training initiatives, research collaborations, and other mutually beneficial academic engagements.

As part of the Faculty Exchange Programme under this MoU, faculty members, Mr Solomon John and Mr Sheffin Francis from De Paul Institute delivered insightful and interactive sessions for I MSW and I M.Com students on 8, 12 December 2025, enriching academic exposure and strengthening institutional ties.

Further strengthening this collaboration, a Youth Empowerment Series (YES) training programme titled “Unlocking Potential and Shaping Futures” was conducted on 5 February 2026 for selected students from both institutions, fostering cross-learning and leadership development.

Personality Grooming & Placement Training

A comprehensive three-day Personality Grooming and Placement Training programme was organized in separate batches for all Final-Year Undergraduates. The training, which was conducted in November 2025, focused on confidence building, communication skills, interview readiness, and professional etiquette, equipping students to transition successfully into the job market. Participants were awarded certificates upon completion.

Similarly, from January - March 2026, all First-Year Undergraduates underwent a two-day Personality Grooming programme aimed at nurturing self-confidence, public speaking ability, and personal effectiveness. The sessions received highly positive feedback, as students reported overcoming hesitation and developing greater confidence for their academic journey. Ther chief resource person for the training programmes was Dr T O Poulose.

Leadership & Special Focus Programmes

A half-day leadership training programme titled “Leading from the Front” was conducted for members of LHP, encouraging proactive leadership and responsibility.

The department also associated with the Seven Days’ Special Camp of NSS (24–30 December 2025) by conducting an interactive session on Social Etiquettes and Ethics, reinforcing values-based leadership among volunteers.

A morale-boosting session titled “Smiling at Work: Building Positivity and Inner Strength” was organized for non-teaching staff on 17 January 2026. The programme witnessed enthusiastic participation and focused on enhancing workplace positivity and emotional well-being.

Selezione – Celebrating Excellence

Selezione, the prestigious Best Outgoing Student Selection event, was conducted 5 February, 2026 to identify outstanding students from each department and the college as a whole. Finalists who successfully completed multiple evaluation rounds were interviewed by a distinguished panel comprising Dr. T.O. Poulose, Adv. Nitya R., and Dr. Sabu Varghese. The event celebrated academic excellence, leadership qualities, and holistic development.

Conclusion

Throughout the academic year 2025–2026, the Department of Training remained committed to empowering students through structured training, collaborative initiatives, and value-based programmes. By fostering communication skills, leadership potential, professional competence, and personal confidence, the department continues to contribute meaningfully to the holistic development and career readiness of the NIMIT community.

With regards
Johny P.O,
Hod,Training

DEPARTMENT OF INFORMATION TECHNOLOGY 2025-26

IT Department, as a team, in NIMIT monitors the maintenance of all computer systems, network services and devices, software and IT related functions. The main duties and responsibilities entrusted on us are the maintenance services including hardware, networking, software and Internet of Things.

Hardware maintenance includes assembling and installations of the new computers systems, printers and other electronic devices in the computer labs, class rooms and staff rooms of each block. We have also taken steps to improve the network facilities in the campus, checking network connections and internet facilities. We have played a major role in servicing hardware products.

Team IT regularly updates college website and monitors social media campaigns.



MR. SHAJU P. M.
HOD- IT DEPARTMENT

This department has started NITCS (Naipunnya IT Consultancy Services) which offers consultancy services to other organizations. Our services include: Software & website development, KOHA & Moodle implementation and training, Google applications training etc...

IT department has initiated IT Apprenticeship Programme 2023 with the aim of earn while learn for Naipunnya students. This year we have conducted the third phase of the same and five of our Computer Science students were selected as apprentice and they work with IT team after their regular class hours and they are also given stipend in each month.

Naipunnya, as an autonomous institution started independent examination centre and the team IT is the backbone of the same by providing all the technical support for generating question papers, conducting examinations and also for conducting valuation camps.

IT department has proved its excellence in maintaining the E-College software “Linways”, where we manage personal information of the students, attendance entry, marks tabulation etc. We have developed two new softwares named SmartSupport and MentorMate. SmartSupport software is used to register IT, Electrical and Plumbing related complaints/requests which can be monitored and solved more effectively. MentorMate is used to process all the mentoring details of the students. We also developed an admission software for collecting and processing the details of new admissions and thus generating the ID cards and bus concession cards automatically using the software. Development of Students Feedback software is another success of the IT team.

We are also providing continuous support to the IQAC cell of Naipunnya by uploading and maintaining NAAC related document and files.

NOTE (Naipunnya Online Training and Examination) Centre under IT department. NSEIT, the IT division of National Stock Exchange is also conducting online examinations in our computer lab for Indian Institute of Banking and Finance (IIBF), CAT, GAT, III, KEAM, FACT, CUSAT etc. The other organizations we affairs corporately are: TCS, Avneer Business Chamber, Sify, Sai Educare and Satvat.

As the world is moving at a faster pace in the field of Information Technology, we are updating our knowledge and skills on the latest software, implementing it in Naipunnya, making it easier and friendlier to the users.

With regards
MR. SHAJU P. M.,
HOD,INFORMATION TECHNOLOGY

PLACEMENT CELL

The Placement Cell of NIMIT, led by Placement Officer Mr. Ranjith Rajappan with the support of faculty members and student coordinators, continued to strengthen industry-academia connections through comprehensive placement and career development initiatives during the academic year 2025–26.

The year began with professional branding and LinkedIn profile enhancement programs, followed by skill-development workshops and training sessions conducted in collaboration with ASAP, K-DISC, and Vijnana Keralam. Students also benefited from aptitude training, placement readiness orientations, mock interviews, and the innovative “Meet the Official” initiative, which provided valuable interview experience and personalized feedback.

The Department of Social Work conducted specialized placement training for BSW and MSW students, focusing on resume preparation, interview skills, group discussions, presentation techniques, leadership development, professional networking, and personality enhancement, significantly improving students’ career readiness.



RENI V KALAYIL

ASSISTANT PROFESSOR
PG DEPARTMENT OF SOCIAL WORK



PRATHYUSH V.P

ASSISTANT PROFESSOR
DEPARTMENT OF HOTEL MANAGEMENT



GITHIN T JAMES

ASSISTANT PROFESSOR
PG DEPARTMENT OF COMMERCE



ATHUL P.D

ASSISTANT PROFESSOR
DEPARTMENT OF COMPUTER SCIENCE

NIMIT hosted company-specific recruitment drives for organizations such as Impex and PDDP, followed by a Mega Placement Drive featuring more than 30 leading companies from diverse sectors. Students secured placements in reputed organizations including TCS, Muthoot Finance, Little Flower Hospital, Luxon Tata, Impex, and PDDP.

The Naipunnya Institute of Hotel Management successfully placed 155 students for Industrial Exposure Training (IET) in leading hospitality brands such as The Ritz-Carlton Pune, Courtyard by Marriott, Fairfield by Marriott Bengaluru, Le Méridien, and Holiday Inn. Final-year students have also secured placements in prestigious hotel groups including Hilton, Oberoi, and The Ritz-Carlton.

These achievements reflect NIMIT’s strong industry partnerships, effective placement support system, and commitment to preparing students for successful professional careers.

With regards,
Cordinaters

Our Employer Associate Partners

FOUR POINTS BY SHERATON

RENAI HOSPITALITY & HEALTH CARE

PDDP Since 1973

Le MERIDIEN COIMBATORE

ADITYA BIRLA CAPITAL

NIPPON TOYOTA

Arya Bhangy Honda

INDUS MOTORS

KIA

SBI Life

Naipunnya Business School

Overview of the Department

The MBA Department (NBS) of Naipunnya Institute of Management & Information Technology (NIMIT) proudly presents its Annual Report for the academic year 2025–2026, highlighting the department's major achievements, academic progress, and the diverse learning opportunities provided to students throughout the year.

Committed to nurturing competent, ethical, and socially responsible management professionals, the department organized a variety of curricular and non-curricular activities aimed at promoting academic excellence, professional competency, leadership skills, environmental consciousness, and holistic student development. These initiatives created a dynamic learning environment that encouraged students to expand their knowledge, develop practical skills, and gain valuable industry exposure beyond the traditional classroom setting.



DR. ANTONY GEORGE

HOD,MBA

The department successfully conducted industrial visits, national and international conferences, add-on courses, certification programmes, training sessions, career guidance programmes, community development initiatives, social outreach activities, and student engagement programmes. Through these activities, the department effectively bridged the gap between theoretical concepts and practical application while fostering innovation, professionalism, teamwork, and social commitment among students.

Overview of the Department

The activities conducted during the academic year were broadly classified into curricular and non-curricular activities.

The curricular activities included programmes such as PRAYAAN – Industrial Interaction and Career Guidance Programme, Business Analytics Add-on Course, Industrial Visits to Anna Aluminium Pvt. Ltd. and Arjuna Natural Pvt. Ltd., the International Conference on Sustainable Business Innovation and Inclusive Growth, VAIDAKTHYA 2025 – National Conference, Six Sigma Green Belt Training by KPMG, MSME Training Programme on Digital Marketing, and the MERAKI Programme on Kaizen and Continuous Improvement.

The non-curricular activities included the Human Values Cell Old Age Home Visit, HASTHAM Community Development Camp, Nature Camp at Ooty and Doddabetta, Indictio & Aarohan 2025 Programme Completion Ceremony, and SWASTHYA'26 Programme on Indian Knowledge System.

Objectives of the Activities

The various activities organized by the MBA Department were aimed at enhancing the overall academic and professional development of students. The programmes were designed to bridge the gap between theoretical learning and practical exposure while improving students' professional and managerial competencies. Special emphasis was given to developing leadership qualities, communication abilities, and teamwork skills among students. The activities also sought to create awareness regarding sustainability, social responsibility, ethics, and environmental consciousness. In addition, the department encouraged innovation, entrepreneurship, analytical thinking, and industry readiness through industrial exposure and career guidance initiatives. These programmes further promoted social commitment, empathy, and the holistic personality development of MBA students.

Report of Curricular Activities

During the academic year 2025–2026, the MBA Department organized several curricular activities aimed at enhancing students' academic knowledge, professional competency, industrial exposure, and managerial skills.

The MBA Department successfully organized the 10th National Conference, "VAIDAKTHYA 2025," on 10 June 2025. The conference focused on the theme "Post-Sustainability and Social Responsibility in the Future Business Era." Eminent speakers shared insights on sustainable business models, corporate ethics, and responsible business practices. The programme encouraged academic research, scholarly interaction, and greater awareness regarding sustainability and ethics while strengthening students' communication and presentation skills.



The department organized “PRAYAAN – Industrial Interaction and Career Guidance Programme” on 11 July 2025. The programme was designed to connect students with industry professionals and familiarize them with current corporate expectations and workplace practices. Through interactive sessions, students gained exposure to practical business scenarios, emerging industry trends, career opportunities, interview preparation, leadership qualities, and workplace competencies. The programme significantly improved students’ professional orientation, career planning abilities, and motivation for professional growth.

The department also organized an industrial visit to Arjuna Natural Pvt. Ltd., Coimbatore, on 22 July 2025. The visit offered students valuable insights into production management, quality assurance, research and development, and corporate management practices in the nutraceutical industry. Students learned about industrial operations, process efficiency, and product standardization, thereby improving their understanding of industrial management practices and innovation in manufacturing



The MSME Training Programme on Digital Marketing was organized from 2–6 December 2025. The programme provided practical exposure to modern digital marketing strategies such as social media marketing, content marketing, SEO, online branding, digital advertising, customer engagement, and marketing analytics. The training improved students' digital marketing competencies, entrepreneurial skills, and understanding of current digital business trends.



A five-day Business Analytics Add-on Course was conducted from 8–12 December 2025 in collaboration with Makeintern and the E-Cell of IIM Bangalore as part of the 14th National B-Plan Championship. The programme focused on developing analytical and data-driven decision-making skills among students. Participants were introduced to concepts such as business analytics, market analysis, data interpretation, business model validation, and strategic decision-making.

The course enhanced students' analytical, strategic thinking, and problem-solving abilities while preparing them for entrepreneurship and business competitions.



An International Conference on "Sustainable Business Innovation and Inclusive Growth" was conducted on 21 January 2026. The conference provided a platform for researchers, academicians, and students to discuss sustainability, inclusive business practices, innovation, business ethics, and future business strategies. The technical sessions and academic discussions encouraged research orientation, scholarly interaction, and intellectual exchange among participants while enhancing awareness regarding sustainability and emerging business trends.



An industrial visit to Anna Aluminium Pvt. Ltd., Kizhakkambalam, was organized on 30 January 2026. The visit provided students with practical exposure to manufacturing operations, quality control systems, operational management practices, and supply chain processes. Students observed various stages of aluminium production and gained a better understanding of production management and industrial operations. The visit successfully bridged classroom learning with real-world industrial applications and strengthened students' industrial awareness.

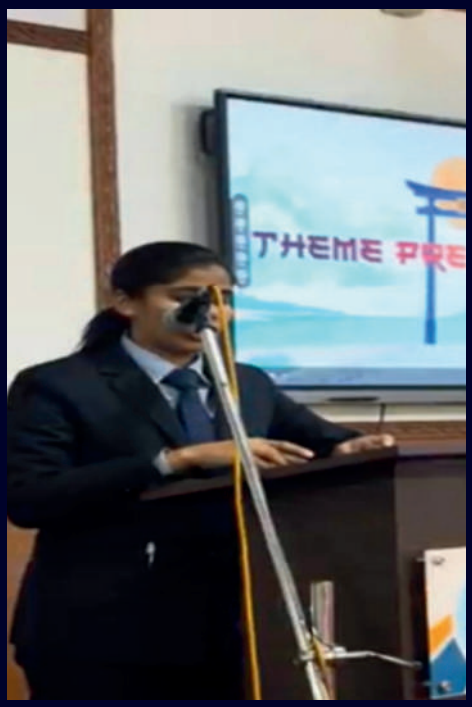


A Four-Day Six Sigma Green Belt Training Programme was conducted by KPMG from 24–27 February 2026. The programme focused on quality management, process improvement, and analytical problem-solving techniques. Students were introduced to the DMAIC framework—Define, Measure, Analyze, Improve, and Control—which is widely applied in organizational process management. Through practical examples and case-based learning, students improved their analytical, decision-making, and quality management skills while enhancing their industry readiness and employability.



The MERAKI Programme on “Kaizen – Continuous Improvement in Business” was conducted on 13 March 2026 by second-year MBA students for first-year MBA students. The programme highlighted the importance of continuous improvement in both business operations and personal development. Students learned how small and consistent improvements contribute to long-term organizational success. The event encouraged peer learning, teamwork, communication, leadership, and self-improvement among students.

Report of Curricular Activities



The MBA Department also organized several non-curricular activities during the academic year to promote social responsibility, environmental awareness, emotional well-being, leadership, and holistic personality development among students.

A Nature Camp at Doddabetta and the Government Botanical Garden in Ooty was organized on 23 July 2025 to create awareness about biodiversity, environmental conservation, and ecological balance.

Students participated in nature exploration, observation of plant species, and group interaction activities. The camp promoted environmental awareness, teamwork, mental relaxation, and appreciation for nature and conservation.



The outbound training program conducted from Aug 7th to 9th for MBA students at Mettupalayam was an experiential learning initiative designed to enhance managerial and interpersonal skills beyond the classroom environment. Set in a natural and dynamic outdoor setting, the program included a variety of adventure activities, team-building exercises, competitive tasks, and problem-solving challenges that encouraged students to step out of their comfort zones and engage actively. These activities helped in developing leadership qualities, improving communication and collaboration, strengthening decision-making abilities, and fostering adaptability in uncertain situations.



Aarohan 2025, the programme completion ceremony for the MBA Batch 2023–2025, was organized on 25 September 2025. The ceremony celebrated the academic achievements and journey of the graduating students through prayer sessions, welcome addresses, academic reports, keynote speeches, and motivational talks. The programme motivated students for their future professional careers while strengthening institutional values, alumni bonding, confidence, and leadership qualities.





The Universal Human Values Cell organized an Old Age Home Visit to Snehadan Old Age Home on 28 November 2025. The programme aimed to promote compassion, empathy, and respect for senior citizens. Students interacted with the elderly residents, spent quality time with them, and participated in activities that provided emotional support and companionship. The initiative strengthened students' emotional intelligence, interpersonal skills, social responsibility, and humanitarian values.

The Universal Human Values Cell organized an Old Age Home Visit to Snehadan Old Age Home on 28 November 2025. The programme aimed to promote compassion, empathy, and respect for senior citizens. Students interacted with the elderly residents, spent quality time with them, and participated in activities that provided emotional support and companionship. The initiative strengthened students' emotional intelligence, interpersonal skills, social responsibility, and humanitarian values.



The Indian Knowledge System (IKS) Cell of the Department of Management Studies organized “SWASTHYA’26 – Ancient Wisdom Meets Modern Wellness” on 30 March 2026, which emphasized the integration of ancient Indian knowledge systems with modern wellness practices to promote physical, mental, and emotional well-being. The seminar focused on preventive healthcare, balanced nutrition, yoga, meditation, mindful living, and natural healing practices. The sessions also highlighted the practical application of traditional wellness philosophies in addressing stress, lifestyle disorders, and emotional imbalance. The programme enhanced awareness regarding holistic wellness, healthy lifestyle habits, preventive healthcare, and the relevance of Indian Knowledge Systems in contemporary life.



Student Achievements

A dynamic four-member team from Naipunnya Business School—consisting of Ananthu Biju, Joel Jiju, Athul, and Tony Thomas delivered a spectacular performance at Ashwamedha ’26, the National Level Technical Fest organized by the Adi Shankara Institute of Engineering and Technology, Kalady. Competing against several formidable teams in the highly intense marketing game, MARKETRIX, our talented squad navigated complex market simulations and strategic challenges to secure the coveted **Second Position** on February 5, 2026.

The team comprising Goury Suresh, Gopika Venu, Abijith, and Sai Krishna put on a masterclass performance to secure the First Position in the flagship HR Game at the Sahrdaya Management Fest. Facing rigorous rounds designed to test their real-world corporate problem-solving capabilities, the team stood out for their seamless collaboration, innovative thinking, and poise under pressure.





Conclusion

The various curricular and non-curricular activities conducted during the academic year 2025–2026 played a vital role in enriching the educational experience of MBA students at NIMIT. The programmes effectively combined academic excellence with practical learning, industry exposure, research orientation, social commitment, and personality development. Through conferences, industrial visits, training programmes, outreach initiatives, and community engagement activities, students gained valuable knowledge, practical skills, ethical values, and professional competencies. Overall, these initiatives contributed significantly to preparing students to become responsible professionals, ethical leaders, and socially committed individuals capable of making meaningful contributions to society and the corporate world.

With regards
MR. ANTONY GEORGE
HOD,MBA

Naipunnya®

INTERNATIONAL CONFERENCE
ON

Inclusive Imagination: Integrating Knowledge for Sustainable Future

(Hybrid Mode)

January 21, 2026



NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)
(AUTONOMOUS)

Research Activities of the academic year

2025 - 2026

Research is a scholarly and creative academic endeavour of faculty leading to innovations and development. It is considered as the ultimate goal of higher education, the fruits of which are considered as the stepping stones for the progress not only of the researcher concerned but of the society which cultivates the research inquisitiveness in the students pursuing research. Research activities of Naipunnya Institute of Management and Information Technology include workshops and seminars, conferences, collaborations with industry and other institutions, publication of research papers in journals, faculty and student projects and the funded projects.

SEMINARS / WORKSHOPS

Naipunnya Centre for Research organized a Faculty Development Programme on September 11, 2025, at the Main Block Seminar Hall of Naipunnya Institute of Management and Information Technology. The session, titled “AI Tools for Research and Writing,” was led by Dr. Binju Saju, Associate Professor, Adi Sankara Institute of Science and Technology, Kalady. The programme aimed to familiarize faculty members with AI tools that support research paper writing through literature collection, information summarization, and draft generation.

To strengthen research capabilities among faculty members, department-wise workshops on **“Navigating E-Resources and Mastering Citation Styles”** were conducted by Naipunnya Centre for Research. The sessions were led by Dr. Jose Paulose, Chief Librarian, NIMIT. The workshop focused on effectively accessing and utilizing electronic resources such as scholarly databases, e-journals, and e-books, while also emphasizing the importance of accurate citation practices. The programme enhanced participants’ skills in information retrieval, academic writing, and maintaining research integrity through proper citation and referencing.

CONFERENCE

Naipunnya Institute of Management and Information Technology hosted the International Conference on “Inclusive Imagination: Integrating Knowledge for Sustainable Future” on 21 January 2026 in association with Naipunnya Centre for Research. The conference was inaugurated at Nivedika, Main Block Seminar Hall, with the presidential address by Rev. Dr. Paulachan KJ, Principal and Executive Director of NIMIT, and the inaugural address by Zachary Roland Anthony, Assistant Professor, Universiti Tunku Abdul Rahman, Malaysia.

The conference, conducted in a hybrid mode, attracted over 400 delegates from various academic institutions. Keynote sessions were organized by the Departments of Commerce, Computer Science, Languages, and Hotel Management. A total of 231 research papers were presented on themes including sustainable digital futures, innovation, inclusive growth, resilience, and AI-driven development.

Department-wise valedictory sessions were held at 3:15 p.m. in the presence of MTM members, during which participants were honoured with certificates. The conference served as a vibrant platform for scholarly exchange, collaboration, and discussions on sustainable development and inclusive growth.

NATIONAL RESEARCH CONFERENCE 2026

The Kerala State Higher Education Council (KSHEC) organized the National Research Conference and Kerala Higher Education Expo 2026 at Government College for Women, Thiruvananthapuram, from 9–11 February 2026, with the objective of strengthening the state's research and innovation ecosystem.

Faculty members from Naipunnya Institute of Management and Information Technology who presented papers at the conference included Dr. Jeena Antony (MBA), Dr. Fairooz (Commerce), Dr. Jesney Antony (Commerce), Dr. Dhanumol C. M. (English), and Ms. Akhila Thomas (Commerce). Among them, Dr. Jeena Antony and Ms. Akhila Thomas were honored with the Best Paper Award for their outstanding research contributions.

NAIVIGYAN - E -JOURNAL

Naivigyan Journal of Multidisciplinary Research (NJMR) is a peer-reviewed, open-access international e-journal launched in January 2025. The journal promotes research dissemination across diverse disciplines, including Arts and Humanities, Business Management, Economics, Law, Finance, Social Work, Machine Learning, Artificial Intelligence, Cybersecurity, Tourism, Culinary Arts, and Hotel Management. Published quarterly in January, April, July, and October, NJMR is committed to publishing original, high-quality, and innovative research and review articles.

ICSSR Project

The Indian Council of Social Science Research (ICSSR) invited proposals under its Major and Minor Research Project schemes for the financial year 2025–2026. Faculty members from Naipunnya Institute of Management and Information Technology submitted project proposals under various departments. The project coordinators were Dr. Fredy Varghese (Departments of Languages and Computer Science), Dr. Remya Cherian (Commerce), Dr. Anitha Mary Alex (Commerce), Dr. Soni P. M. (Departments of Computer Science and Hotel Management), and Dr. Sabu Varghese (Department of Management Studies).

PHD AWARDS

Naipunnya Institute of Management and Information Technology continues to promote a strong culture of research and academic excellence. During the academic year, Dr. Deepak K. V. and Dr. Fredy Varghese (PG Department of Computer Science), Dr. Anitha Antony (PG Department of Commerce), and Dr. Joyshree Mondal (PG Department of Social Work) successfully earned their doctoral degrees. In recognition of this achievement, each faculty member was awarded a cash prize of ₹2,500 by the institution.

BOOK PUBLICATIONS

Faculty members of Naipunnya Institute of Management and Information Technology made significant contributions to academic publishing through the release of several books during the year.

From the Department of Hotel Management, Mr. Rahul T. R., Assistant Professor, published Essentials of Buffet and Banquet Management, while Ms. Akhila Thomas, Assistant Professor, published A Guide to Event Management.

From the Department of Computer Science, Dr. Soni P. M., Associate Professor, along with Mr. Haarish Sabu and Ms. Saritha Devi, Assistant Professors, co-authored How Machines Learn: An Introduction to Artificial Intelligence and Machine Learning.

From the Department of Languages, Dr. Veena Vijaya, Associate Professor, and Ms. Annie Sebastian, Assistant Professor, published LSRW: The Building Blocks of Communication.

These publications reflect the institution's commitment to academic excellence, research, and knowledge dissemination across diverse disciplines.

STUDENT' S ACADEMIC PROJECT AWARDS

Naipunnya Institute of Management and Information Technology recognizes and encourages student research through Academic Project Awards. During the academic year 2025–2026, a total of ₹12,000 was distributed to outstanding student projects across various departments.

From the Department of Languages, Mr. Abhijith Santhosh received the award for his project Between Borders and Broken Minds.

In the Department of Computer Science, the B.Sc. Computer Science project Snapfix AI by Annlina Mibin, Athul K. V., Eldho Shaju, and Gautham C. P. received recognition. The BCA project Meeting Minutes Generator, developed by Anjana K. S., Lakshmipriya C. J., and Pooja Joshy, was also awarded.

From the Department of Commerce, awards were presented to Ms. Angelina Sajeev (B.Com Finance A) for Influence of Financial Literacy and Financial Stress; Ms. Hannah K. G. (B.Com Finance B) for Neurofinance Insights into Cryptocurrency Adoption; Mr. Pranav J. (B.Com CA) for A Study on Cloud Storage in Human Resource Management; and Ms. Anitta Nelson Mavely (BBA) for A Study on the Impact of Workplace Conflict.

In the Department of Hotel Management, awards were given to Mr. Josh John Jacob (HMCA) for Dream in Reverse, Mr. Ignacious Aji (HMCS) for Guest Satisfaction in Banquet Events, and Mr. Axan C. J. (BHA) for Innovative Ruby Mocktail.

These awards highlight the institution's commitment to fostering innovation, research aptitude, and academic excellence among students.

BEST GUIDE AWARDS

Naipunnya Institute of Management and Information Technology recognizes the invaluable contributions of faculty mentors through the Best Guide Awards, honoring those whose guidance and expertise have significantly contributed to the success of student academic projects. During the academic year 2025–2026, a total of ₹18,000 was distributed among the award recipients.

The awardees included Dr. Veena Vijaya (Associate Professor, Department of Languages); Ms. Anna Diana K. M. and Mr. Haarish Sabu (Department of Computer Science); Dr. Shanmughadas K. G. (Associate Professor), Dr. Jesney Antony, and Ms. Kavitha Vincent (Department of Commerce); and Ms. Missouti Sarkar, Mr. Jinson P. S., and Mr. Tilvin S. Pulikal (Department of Hotel Management).

The awards reflect the institution's commitment to recognizing faculty excellence in mentoring and fostering student research and innovation.



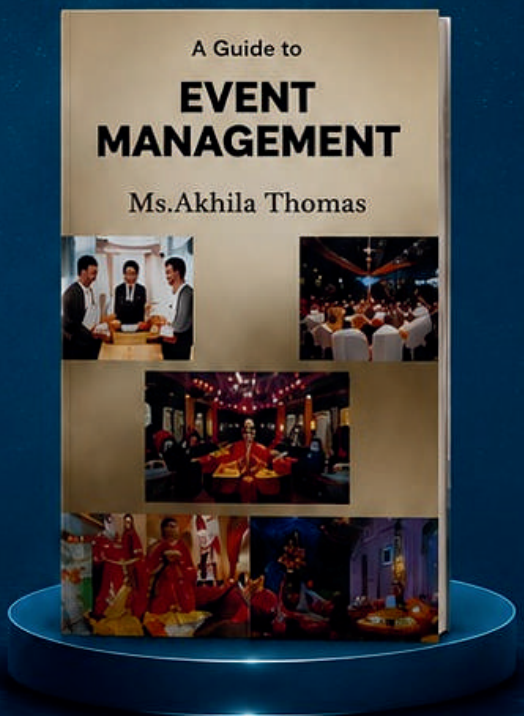




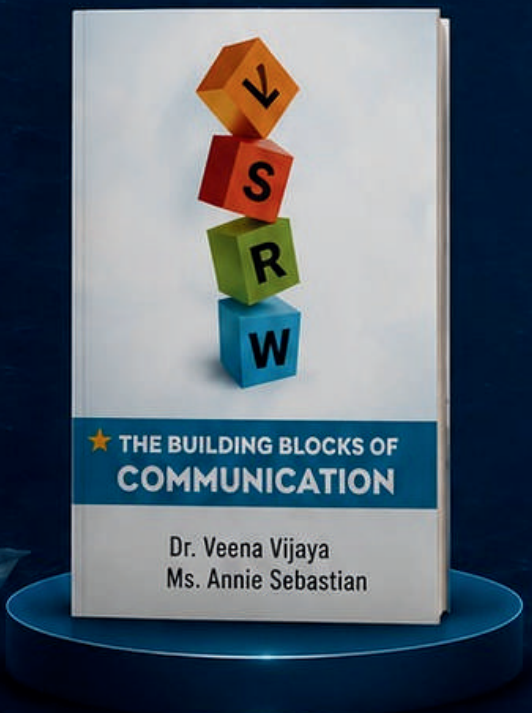
Featured BOOKS



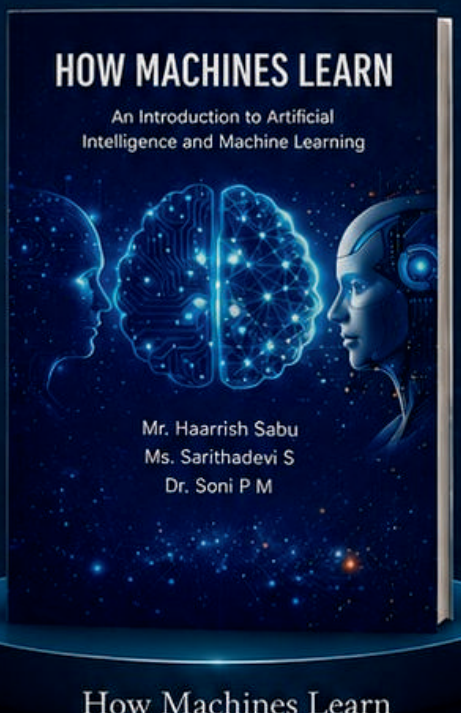
Essentials of Buffet and Banquet Management
Rahul T R



A Guide to Event Management
Ms.Akhila Thomas



The Building Blocks of Communication
Dr. Veena Vijaya
Ms. Annie Sebastian



How Machines Learn
An Introduction to Artificial Intelligence and Machine Learning
Mr. Haarrish Sabu
Ms. Sarithadevi S
Dr. Soni P M


राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME
NSS
National Service Scheme
Unit No. 278
"NOT ME BUT YOU"
SERVICE
SOCIAL RESPONSIBILITY
LEADERSHIP
PERSONAL GROWTH
100


NATIONAL SERVICE SCHEME
UNIT NO : 278
'Not Me, But You'
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NATIONAL SERVICE SCHEME
UNIT NO : 278
'Not Me, But You'

NATIONAL SERVICE SCHEME (NSS)



Ms. Emil George
NSS Programme Officer



Mr. Gladson George
Asst. Programme Officer

The National Service Scheme (NSS) unit of Naipunnya Institute of Management and Information Technology had a successsful and productive year during 2025–2026. Guided by the motto "Not Me, But You," the unit organised various programmes on environmental protection, health and hygiene, blood donation, anti-drug awareeess, community service, and leadership development. With the support of the college management, faculty, and community organisations, the NSS volunteers actively contributed to society while developing teamwork, discipline, and social responsibility.

Environmental Conservation and Sustainability

The academic year began with the observance of World Environment Day on 5 June 2025 through the programme Haritham, inaugurated by P. C. Biju. NSS volunteers planted saplings, created a butterfly garden at Panchayat L.P. School, Koratty, and conducted awareness sessions on biodiversity conservation. Continuing its environmental initiatives, the unit organised Plant for the Planet on 4 July 2025, establishing a fruit tree garden at the school. Other activities included garden making, campus beautification, cleaning drives, and the renovation of Perinkulam on 23–24 October 2025. The project concluded with the inauguration of an open gym at Perinkulam on 4 November 2025 for the benefit of the local community.

Health Awareness and Public Welfare

The NSS unit organised several programmes promoting public health and social welfare throughout the year. Activities included a Food and Food Safety Quiz and Seminar in association with Family Health Centre Naalukettu, the celebration of International Yoga Day, and participation in the Antibiotics Literacy Awareness Campaign, where NIMIT received recognition for the highest participation in Thrissur district. The unit also conducted deworming drives, anti-drug awareness sessions, and community welfare initiatives such as free buttermilk and watermelon distribution at public junctions during the summer season.

Anti-Drug and Social Awareness Programmes

The NSS unit actively conducted anti-drug awareness initiatives throughout the year. International Anti-Drug Day was observed on 26 June 2025 with awareness programmes, while additional sessions and anti-drug dance performances were organised at MAMHSS, Koratty, in collaboration with Family Health Centre Naalukettu. Volunteers also participated in the Nash Mukt Yuva for Viksit Bharat Quiz through the My Bharat portal, reflecting their commitment to promoting a drug-free society.

Blood Donation and Medical Support

One of the major achievements of the year was the Campus Blood Donation Camp held on 13 August 2025, where NSS volunteers donated 50 units of blood, reflecting their humanitarian spirit and social commitment. The unit also actively participated in the Mega Blood Donation Drive and Awareness Session organised by Apollo Adlux Hospital on 21 October 2025, promoting awareness about the importance of voluntary blood donation.

Orientation, Training and Leadership Development

The NSS unit organised several orientation and training programmes to strengthen volunteer participation and leadership skills. Orientation sessions were conducted for first-year and newly enrolled volunteers, along with programmes at schools including St. Joseph's Higher Secondary School and P.S. Higher Secondary School. Teamwork and leadership sessions focused on communication and cooperation, while Jeff Binoy Palatty of I BSW represented the institution at a Leadership Camp hosted by Christ College in 2026.

Cultural and Patriotic Programmes

NSS volunteers actively celebrated national and cultural occasions through patriotic performances, Independence Day programmes, and participation in Swaraj organised with the Department of Physical Education. The NSS Day celebration included an aerobic dance performance and a visit to Prashanthi Bhavan Old Age Home. Volunteers also participated in a flash mob competition at Vimala College.

Charity and Fund-Raising Initiatives

The NSS unit organised several charitable and fund-raising initiatives during the year. Activities included a chips sale for service projects and Snehasadhya, an Onam feast for the inmates of Kripa Sadan Old Age Home. A major achievement was Koode – Thrift Sale, conducted at Government Girls' Higher Secondary School in January 2026, which raised nearly ₹1 lakh for charitable and community welfare activities

Care for the Elderly and Vulnerable

Service to the elderly remained an important activity of the NSS unit. Volunteers regularly visited old age homes including Kripa Sadan Old Age Home and Prashanthi Bhavan Old Age Home, where they organised celebrations, distributed food, and spent time with residents. Special programmes such as Christmas celebrations, food donations, and Naalumanikkaatt trips to Fort Kochi and Chavakkad brought joy and companionship to senior citizens.

Community Service and Outreach

The NSS unit carried out several community outreach programmes to support disadvantaged groups. Through the Padheyam project, volunteers distributed food packets to people in need at Koratty Junction. The unit also distributed vegetable kits to families and orphanages, donated books to educational projects and schools, provided colouring materials to Anganwadi children, and donated a water purifier and dispenser to St. Stanislaus L.P. School.

Cleaning Drives and Civic Responsibility

The NSS unit organised several cleaning drives at schools, hospitals, public offices, bus stops, and the college campus, promoting cleanliness and civic responsibility among volunteers. Activities were conducted at institutions including St. Joseph's Higher Secondary School and Gandhigram Government Hospital.

Special Camp 2025

A parents' meeting was organised on 16 December 2025 to brief volunteers and their families about the NSS Special Camp, followed by an advisory committee meeting with local authorities and community representatives. The seven-day NSS Special Camp was held from 24 to 30 December 2025 at St. Stanislaus L.P. School. The camp included sanitation drives, awareness programmes, cultural activities, home visits, and community service projects, providing volunteers with valuable exposure to community life and social service.

Participation in Competitions and National Programmes

NSS volunteers actively participated in various national quizzes and awareness campaigns, including the Viksit Bharat Quiz, Kargil Vijay Diwas Quiz, My Bharat Budget Quiz, and the Antibiotics Literacy Campaign. These initiatives enhanced their awareness of national issues and encouraged responsible citizenship.

Institutional Support and Recognition

The NSS unit actively supported college and public events, including election duties, the graduation ceremony Aarohan, and polling assistance under Koratty and Athirappilly Police Stations. A major achievement of the year was receiving the Community Service Excellence Award on 11 February 2026 in recognition of the unit's outstanding social service activities.

The year 2025–2026 was a memorable and productive period for the NSS unit of Naipunnya Institute of Management and Information Technology. Through impactful programmes in environmental conservation, public health, anti-drug awareness, blood donation, community outreach, and leadership development, the volunteers displayed outstanding dedication to social service and nation-building.The unit expresses its sincere gratitude to the college management, faculty, partner organisations, government departments, and volunteers for their constant support and cooperation. Inspired by this year's achievements, the NSS unit looks forward to continuing its mission of nurturing socially responsible and service-oriented citizens.

With regards
Ms. Emil George
NSS Programme Officer



Ms Saniya Sabastian

BEST NSS VOLUNTEER
2025-2026



JOYAL THOMAS

BEST CAMPER

NSS SPECIAL CAMPING PROGRAMME
24-30 December 2025

Held at St. Stanislaus L. P. School, Mangalassery



JASMINE JOY

BEST FEMALE WORKER

NSS SPECIAL CAMPING PROGRAMME
24-30 December 2025

Held at St. Stanislaus L. P. School, Mangalassery



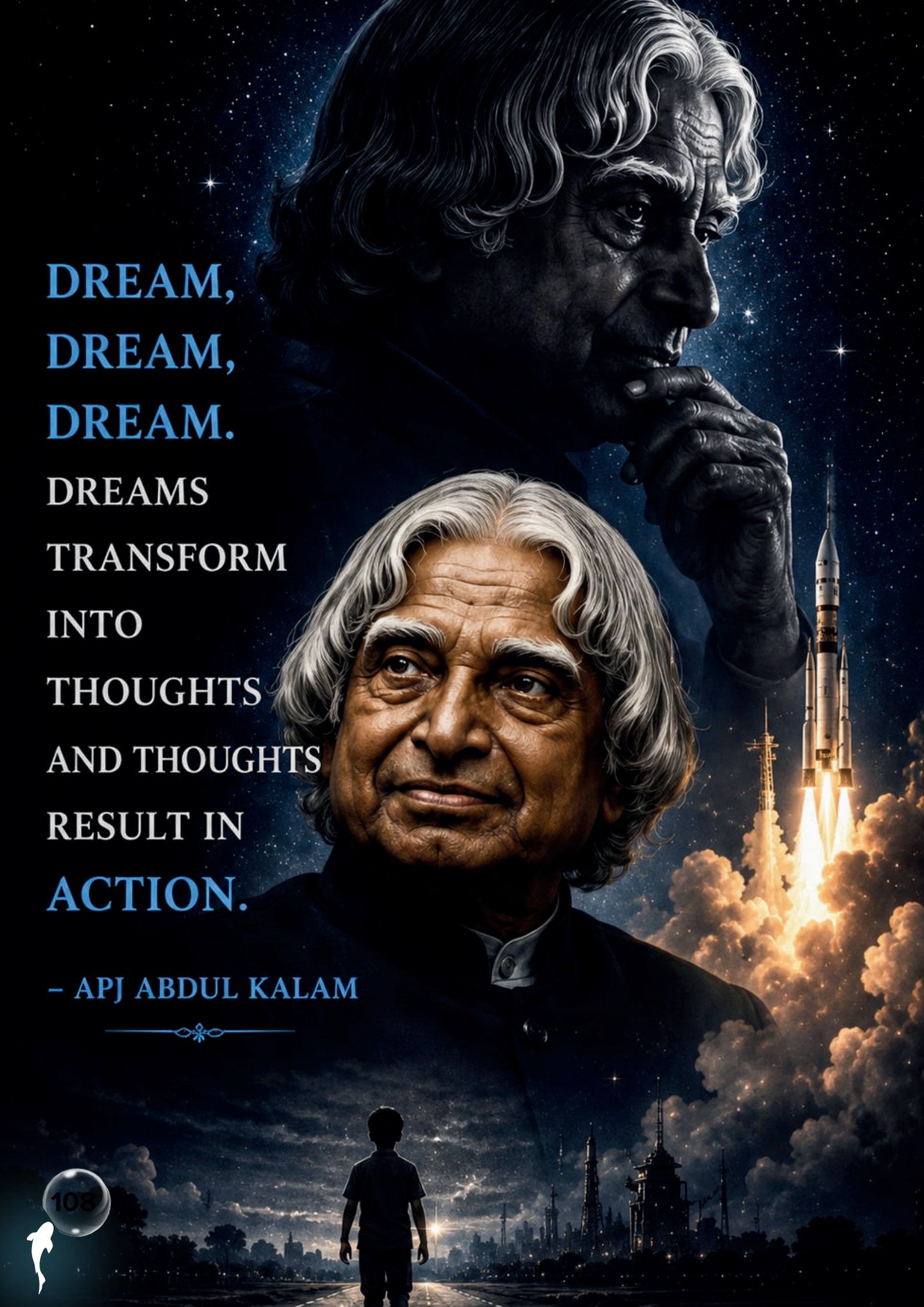
SAVIER VELIATH

BEST MALE WORKER
NSS SPECIAL CAMPING PROGRAMME
24-30 December 2025
Held at St. Stanislaus L. P. School, Mangalassery



ALEENA JOSE

BEST CHARACTER
NSS SPECIAL CAMPING PROGRAMME
24-30 December 2025
Held at St. Stanislaus L. P. School, Mangalassery


DREAM,
DREAM,
DREAM.
DREAMS
TRANSFORM
INTO
THOUGHTS
AND THOUGHTS
RESULT IN
ACTION.
– APJ ABDUL KALAM

MEET THE

BEST OUTGOING STUDENTS

Passionate. Driven. Inspiring.
They lead with purpose and
make a difference every day.





BEST OUTGOING STUDENT OF COLLEGE

A Chapter Worth Keeping

" WHAT BEGAN AS A PURSUIT OF EDUCATION GRADUALLY BECAME A COLLECTION OF EXPERIENCES, RELATIONSHIPS, AND MEMORIES THAT I WILL CARRY FAR BEYOND GRADUATION."

As I look back on my years at Naipunnya, I feel a deep sense of gratitude for a journey filled with learning, growth, memorable experiences, and countless moments that I will always hold close to my heart. What started as a new chapter filled with uncertainty slowly unfolded into one of the most meaningful phases of my life.

Academically, the college provided a structured environment that encouraged me to stay focused on my goals and continuously strive for improvement. More importantly, this journey taught me the value of self-learning, adaptability, and the importance of taking initiative while preparing for the opportunities and challenges that lie beyond the college. Encouragement and guidance received throughout my academic journey played an important role in helping me move forward with confidence. Every interaction, whether inside or outside the classroom, contributed in its own way to my personal and professional development.

Beyond academics, some of my most treasured memories were created through the connections and friendships I built during these years. With a heart full of gratitude, I look back today on my classroom, the Block, Finance A Block, my teachers, classmates, and everyone who became an important part of my journey. The conversations that turned into laughter, cultural activities, celebrations, and the simple everyday moments added colour and warmth to my college life.

The experiences I gained through Dance Club activities, NSS programmes, Thavāz mentoring sessions, and various other initiatives allowed me to learn beyond textbooks, connect with diverse individuals, and discover new perspectives. These experiences enriched my college life in ways I had never expected. Many moments that once seemed ordinary have now become some of the memories I cherish most.

Looking back, I realize that college was never just about completing a course of study. It was a journey of growth, self-discovery, and transformation. It taught me valuable lessons, introduced me to wonderful people, and helped me create memories that will continue to inspire me in the years ahead.

As I move on to the next chapter of my life, I do so with gratitude for the experiences I have built and the lessons I have learned. Though this chapter has come to an end, its impact will remain with me forever. The years spent here have become more than memories; they have become a meaningful part of my story, a chapter worth keeping and revisiting with a smile for years to come.



Angelina Sajeev



Arthana Binoy

BEST OUTGOING STUDENT OF ENGLISH

My Journey in the Department of Languages

My Journey in the Department of Languages

I am Arthana Binoy, a B.A. English student (2023–2026) from the Department of Languages. I feel deeply honoured and grateful to receive the Best Outgoing Student Award from my department.

My journey at this college has been filled with learning, growth, and unforgettable experiences. When I joined, I never imagined how much this institution would help me discover my strengths and build my confidence. The Department of Languages has been a place that encouraged me to learn, lead, and serve.

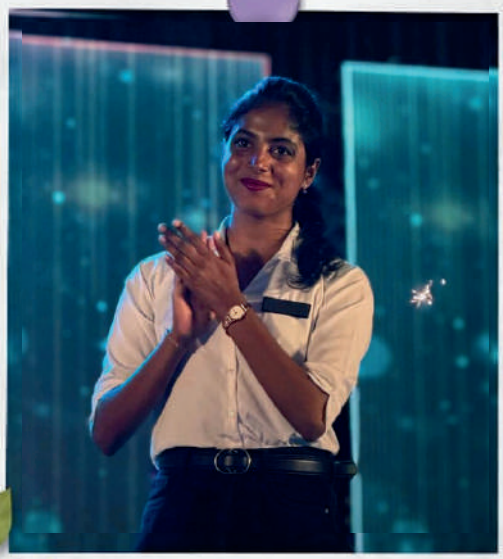
One of the most valuable opportunities I received was being a part of the Walk With Scholar (WWS) Programme, where I conducted seminars for junior students. This experience enhanced my communication and leadership skills while allowing me to share knowledge with others.

I was also privileged to contribute my maximum support to Lakshya and had the honour of serving as the Vice President of the SWAS Outreach Programme. These roles taught me responsibility, teamwork, and the importance of community engagement.

During the academic year 2024–25, I was a member of the College Union and served as the Chief Student Editor of the College Magazine. This role gave me the opportunity to contribute creatively and work closely with both students and faculty members.

As I leave this institution, I carry with me cherished memories, valuable lessons, and lifelong friendships. I sincerely thank my teachers, friends, and the college management for their constant support and encouragement.

This award is not just my achievement; it is a reflection of everyone who has guided and inspired me throughout this journey.



BEST OUTGOING STUDENT OF COMMERCE

Theertha Suresh

From my very first day at college, I had a quiet but reassuring feeling that I was exactly where I was meant to be, surrounded by the right people. What started as something new and a little uncertain slowly became one of the most important phases of my life.

When I first stepped onto campus, I was unsure of myself and my abilities. But over time, with the support of my college, my teachers, and my friends, I began to change. I grew into a more confident and self-assured person, and every opportunity I received played a part in that transformation.

Among everything, my friends hold a very special place in my journey. I have always loved that the people you surround yourself with shape who you become, and I truly experienced that in my own life. In the early days of college, I met some of my closest friends, and their constant support, motivation, and belief in me helped me become a better version of myself.

My college life has been about learning, building, and far more memorable because of the people around me. This award is not just a reflection of my efforts but also of the opportunities I was given and the people who supported me throughout this journey.

More than receiving this award, I am grateful for every experience, every lesson, and every person who became part of my journey. Looking back, I can honestly say that I was in the right place at the right time, surrounded by the right people and that made all the difference.





ABHIMANYU

BEST OUTGOING STUDENT OF COMPUTER SCIENCE

As I look back on my three years at Naipunnya, I want to thank all the faculty members, especially the Department of Computer Science, for their constant support. Receiving the Best Outgoing Student Award is a great way to complete my BCA course.

What I appreciated most about our department was its focus on practical learning. The opportunities I was given, such as coordinating Computer Science events for the college fest, developing online platforms for them, and serving as a hackathon coordinator, gave me a chance to showcase my potential and learn new skills. The teachers always encouraged us to build things and test our abilities rather than just study for exams. They also helped improve my communication skills, and today I feel confident speaking to anyone without fear, especially on stage and during presentations.

I also want to thank my classmates and project teammates. We spent a lot of time working together, fixing code, and organizing college events, which made the whole experience enjoyable and memorable.

Thank you to the faculty for your guidance and to my friends for the wonderful memories.

COLLEGE UNION



THEERTHA SURESH

CHAIRPERSON

2025 -26

Leadership, to me, is not just about power; it is about standing up, speaking up, and working together for a better tomorrow. These were the words with which I began my speech during the election, and as the first female Chairperson of our college, it has been incredibly meaningful to walk this journey while trying to stay true to those very words. Serving in this role has been both a privilege and a responsibility that I carried with pride.

The journey would not have been possible without the incredible team that stood beside me. Working with such passionate and committed individuals made every challenge easier and every achievement more memorable. Together, we aimed to contribute something meaningful to our organization and bring forward ideas and initiatives that had not been explored before.

Looking back, this experience has been filled with growth, learning, and unforgettable moments. I am deeply grateful for the trust placed in me and proud of what we were able to accomplish as a team. This chapter will always remain one of the most special and defining experiences of my college life.

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Serving as the Vice Chairperson of my college union was a deeply impactful experience that shaped my leadership and sense of responsibility. Beyond organizing academic and cultural programs, I understood that the true importance of the union lies in representing student voices, fostering unity, and creating a positive campus environment. Through active involvement in decision-making, coordination, and addressing student concerns, I developed confidence, accountability, and strong interpersonal skills. This role taught me that leadership is about service, collaboration, and making a meaningful difference in the college community.

STIFANY P S
VICE CHAIRPERSON



Serving as the General Secretary of the College Union was a journey that challenged me to grow as a leader, coordinator, and team player. This role allowed me to take an active part in planning and managing major events such as Arts Day and College Day, where I worked behind the scenes to ensure the smooth flow and success of every programme. I also had the responsibility of capturing and preserving the memorable moments of these events, reflecting the enthusiasm and spirit of campus life. These experiences enhanced my organizational, communication, and decision-making skills while teaching me the value of dedication, collaboration, and creativity. Above all, this position gave me the opportunity to inspire teamwork, strengthen student participation, and contribute meaningfully to the vibrant culture and lasting memories of our college community.

ARJUN AJITH
GENERAL SECRETARY



AMRUTHA B RAJ
ARTS SECRETARY

As the Art Secretary of Union 2025, it has been a privilege to lead and coordinate the artistic and cultural activities of our college. This year, we successfully organized Vismaya Onstage and Offstage events, which became a vibrant platform for students to showcase their talents. With strong teamwork and active participation, the events were conducted smoothly and turned out to be a grand success. Our Union also took the initiative in organizing and supporting major programs such as D Zone, College Day, and the Nativity Celebration. From planning to execution, we ensured creativity, coordination, and enthusiasm in every aspect of these events. Serving as the Art Secretary has been a rewarding journey filled with responsibility, creativity, and collaboration. I sincerely thank our Union members, faculty, and students for their constant support in making all these programs memorable and successful.



ALBIN JOJO
IST YEAR REPRESENTATIVE

Serving as the First Year Degree Representative of Union 2025 was a responsible and enriching experience that gave me the opportunity to represent the voices, ideas, and talents of first-year students in various college activities. To ensure smooth communication between the union and students, I created a dedicated POC WhatsApp group with representatives from each class. During Vismaya (Arts Fest), the active participation of first-year students helped our batch proudly secure the All Rounder Trophy, reflecting our unity and enthusiasm. In the Nativity Celebration and Crearis (College Day), first-year students contributed enthusiastically to cultural programmes and coordination activities. For D Zone Kalolsavam, registrations and participation in events such as Folk Song and Mime were effectively coordinated, helping students experience the true spirit of campus life. During LAQSHYA (College Management Fest), suggestions from first-year students were regularly collected and communicated to the coordinators, ensuring every student felt included and valued. This journey strengthened my leadership, communication, and coordination skills while making the academic year vibrant, engaging, and memorable.



JOYAL THOMAS
IIND YEAR REPRESENTATIVE

Serving as the Second Year Representative of the college union has been a transformative and responsible journey for me. This role gave me the opportunity to actively contribute to campus life by coordinating the mime team for D-Zone Kalolsavam, and playing key roles in organizing Arts Day and College Day. Through these experiences, I learned the importance of teamwork, leadership, time management, and effective communication. Coordinating the mime team strengthened my ability to guide creative talents towards a common goal, while organizing major events taught me how cultural platforms build unity, confidence, and identity within the student community. Being a union member helped me understand that leadership is not just about holding a position, but about creating an impact, representing student voices, and working selflessly for the growth and vibrancy of the college.



ALAN JOJO
IIIRD YEAR REPRESENTATIVE

Serving as the University Union Councillor for Union 2025 has been a profound privilege and a deeply rewarding responsibility. The primary mandate of this office has been to act as a vital bridge between our college student body and the University Union. Throughout this academic year, my focus has been on ensuring that our college's voice, rights, and aspirations were effectively represented at the university senate and council meetings, while simultaneously fostering a progressive campus environment.



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ALEX ANTO
UNION REPRESENTATIVE



Serving as the University Union Councillor (UUC) for Union 2025 has been a privilege. My primary role was to act as the official bridge between our college student body and the University Union, ensuring our campus's voice and concerns were effectively represented at the university tier.

JOSEPH SEBY
UNION REPRESENTATIVE



ANNA ROSE K
PG REPRESENTATIVE

Serving as the PG Representative of Union 2025 has been a truly enriching experience. My primary responsibility was to represent the interests and concerns of the postgraduate students and ensure their voices were heard in all union activities and decisions.
Throughout the year, I actively coordinated with PG students to address academic and extracurricular needs, and worked closely with the union body to create an inclusive environment. I also contributed to organizing key events and programs, ensuring PG participation was encouraged and valued. This role has strengthened my leadership, communication, and organizational skills, and I am grateful for the trust and support of my fellow students and faculty.



ATHIRA R
GENERAL CAPTAIN

Serving as the General Captain of the college has been one of the most proud and meaningful experiences of my academic journey. This role gave me the opportunity to lead, learn, and contribute actively to campus life through organizing and coordinating major events such as College Day, Arts Day, Sports Day, the Nativity Program, Viva examinations, and Lakshya – the Techno Cultural Management Fest. Through these experiences, I developed leadership, teamwork, communication, and organizational skills while learning the importance of responsibility, discipline, and unity. Encouraging students, coordinating events, and working closely with faculty and volunteers helped me understand that true leadership lies in serving others and creating a positive impact within the college community. The trust placed in me as General Captain will always remain one of the most valuable and memorable parts of my college journey.


Avani
Farewell
EVENTS
International Conference
Christmas
Arohan















College day



















Cervical Cancer Awareness











Book Exhibition













French Workshop

LAQSHYA

TECHNO-CULTURAL MANAGEMENT FEST 2025-26

ABOUT LAQSHYA 2026

THE VIBRANT CAMPUS OF NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY CAME ALIVE ON DECEMBER 01, 2025, AS STUDENTS FROM ACROSS THE COUNTRY GATHERED FOR LAQSHYA 25-26, THE NATIONAL LEVEL TECHNO CULTURAL MANAGEMENT FEST ORGANIZED BY NIMIT, PONGAM. MORE THAN JUST A FESTIVAL OF COMPETITIONS AND PERFORMANCES, LAQSHYA HAS GROWN [illegible] DYNAMIC SPACE WHERE INTELLECT MEE[illegible]NATION AND [illegible]ENT FINDS EXPRESSIO[illegible]IGH [illegible]CHNOLOGY, MANAGEM[illegible]CULTURE.










VISMAYA'26









IV ANNUAL MAR ANTONY CARDINAL PADIYARA COMMEMORATIVE LECTURE AT NIMIT



NIMIT hosted the IV Annual Mar Antony Cardinal Padiyara Commemorative Lecture on Friday, 16 January 2026 at Nivedika, the Seminar Hall of the Main Block. Instituted in 2022 as part of the Silver Jubilee celebrations of the institution, the lecture series continues to honour the enduring legacy of Archbishop Mar Antony Cardinal Padiyara, whose vision and farsighted leadership laid the foundation for Naipunnya College, Pongam in 1998.

This year's lecture was centred around the theme "Healing the Wounded World for a Sustainable Future," a subject that resonated deeply in a time marked by social unrest, environmental anxieties and emotional fragmentation. The programme brought together educators, students, clergy and dignitaries for an afternoon of reflection on compassion, responsibility and collective healing.

The function was inaugurated by His Excellency Dr. Jose Puthenveettil, Bishop Auxiliary of the Archdiocese of Faridabad. The guest speaker for the occasion was a distinguished military veteran, honoured with the Legion of Merit and two Bronze Star Medals for his exemplary leadership, dedicated service and commitment to voluntary social work. His presence lent the gathering both gravity and inspiration, embodying a life shaped by courage, discipline and service to humanity.

The programme commenced with a video presentation tracing the journey and growth of the institution through the years, followed by a prayer song by Ms. Margaret that set a solemn and reflective tone for the gathering. Rev. Fr. Dr. Paulachan K J welcomed the audience and spoke about the continuing relevance of the commemorative lecture series, describing it as an intellectual and spiritual tribute to the visionary ideals of Mar Antony Cardinal Padiyara.

The ceremonial lighting of the lamp marked the formal inauguration of the event. In his inaugural address, His Excellency Dr. Jose Puthenveettil reflected on the urgent need for empathy, moral responsibility and dialogue in the contemporary world. The keynote lecture that followed moved beyond conventional discourse and became a meditation on healing in its many forms — healing communities fractured by conflict, healing individuals burdened by isolation and healing a world increasingly distanced from harmony with nature.

The session concluded with an engaging interaction between the speaker and the audience. Faculty members, students and invited dignitaries actively participated in the discussion, making the event not merely a lecture but a meaningful exchange of ideas and experiences.



Ms. Annie Sebastian of the Department of English delivered the vote of thanks, expressing gratitude to the chief guest, management, coordinators and all those who contributed to the successful conduct of the programme. The event came to a close with the national anthem, leaving behind an atmosphere of thoughtful introspection and renewed hope


LAQSHYA
TECHNO-CULTURAL MANAGEMENT FEST 2025-26

ABOUT LAQSHYA '25

LAQSHYA is the national-level techno-cultural-management fest by Naipunnya Institute of Management and Information Technology (NIMIT). It's a dynamic platform for students across India to showcase technical skills, management acumen, and creative talent. By fusing competition and collaboration, Laqshya nurtures intellect, builds professional skills, and provides networking opportunities, celebrating the vibrant meeting of knowledge and passion.





ABOUT NIMIT

NIMIT, Pongam, is a premier institution under the Archdiocese of Ernakulam–Angamaly, known for quality education and strong values. The college offers undergraduate and postgraduate programs in commerce, management, and IT, among other disciplines. Focused on academic excellence and holistic development, NIMIT emphasizes experiential learning, innovation, and ethical responsibility. Its goal is to equip students with essential professional skills and nurture them into socially committed individuals ready to make a positive impact.




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BULLS

LAQ

The vibrant campus of Naipunnya Institute of Management and Information Technology came alive on December 01, 2025, as students from across the country gathered for LAQSHYA 25–26, the national level techno cultural management fest organized by NIMIT, Pongam. More than just a festival of competitions and performances, LAQSHYA has grown into a dynamic space where intellect meets imagination and talent finds expression through technology, management, and culture.

With the participation of 742 students from various colleges, the fest transformed the campus into a lively arena of ideas, energy, and collaboration. Designed to encourage holistic development, LAQSHYA offered students an opportunity to engage in activities that challenged their strategic thinking, leadership, creativity, communication, and technical expertise. The fest reflected the spirit of today's youth who are equally capable of innovation in professional spaces and artistic brilliance on cultural stages.

The excitement of the day began with an energetic Auto Show presented by Divine Auto Mobiles and Mr. Abin Babs. The event drew enthusiastic crowds and set an exhilarating tone for the celebrations ahead. The roar of engines and the display of automotive passion created an atmosphere of anticipation that resonated throughout the campus.

The official inauguration ceremony was held at Navarang in the presence of dignitaries, faculty members, participants, and invited guests. The programme commenced with the welcome address delivered by Ms. Kripa Suresh, Assistant Professor, PG Department of Commerce and Coordinator of LAQSHYA 2025. In her speech, she reflected on the vision of LAQSHYA as a platform that nurtures confidence, creativity, and professional growth among students.

The Presidential Address was delivered by Rev. Fr. Dr. Paulachan K. J., Principal and Executive Director of NIMIT, who emphasized the importance of balancing academic excellence with innovation, leadership, and creative exploration. His words encouraged students to move beyond conventional boundaries and embrace opportunities that shape them into dynamic professionals and responsible individuals.

The inaugural address by Mr. Abin Babs, renowned automobile enthusiast, inspired students to pursue their passions with determination and courage. His interaction with the audience added vibrancy to the session and motivated participants to approach innovation with confidence and curiosity.

The dignitaries were felicitated by Ms. Treasa Parackal, Vice Principal (Academics), and Mr. Febin Davis, Convener of LAQSHYA 25. The inaugural session concluded with the vote of thanks proposed by Ms. Hannah K. G., Main Coordinator of LAQSHYA 25, who expressed gratitude to the guests, management, faculty members, sponsors, organizing committee, volunteers, and participants whose collective efforts made the fest a grand success.

LAQSHYA 25–26 featured 26 events spanning management, technical, and cultural domains. From intellectually stimulating competitions that tested analytical thinking and managerial skills to vibrant cultural performances filled with rhythm, colour, and artistic expression, every event contributed to the festive spirit of the occasion. The competitions encouraged students to think creatively, collaborate effectively, and perform confidently under pressure. Simultaneously, the cultural programmes celebrated diversity, individuality, and the joy of artistic expression.

The fest concluded on a triumphant note with Rajagiri College being crowned the Overall Champions for their outstanding performance across multiple events.

As the curtains came down on the celebrations, LAQSHYA reaffirmed the vision of Naipunnya Institute of Management and Information Technology to create spaces that encourage innovation, leadership, artistic expression, and meaningful engagement among the youth.





Embracing Community with Open Hearts

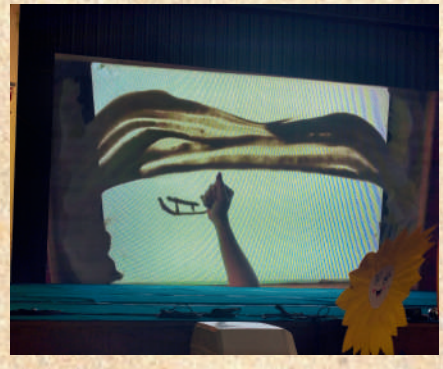
SNEHASANGAMAM



Some events are remembered not for their grandeur, but for the warmth they leave behind. Snehasangamam 2026, one of NIMIT's most cherished outreach initiatives, was one such occasion, where compassion took centre stage and humanity became the true celebration.

Bringing together residents from 26 institutions, Snehasangamam transformed the NIMIT campus into a vibrant space of laughter, music, friendship, and belonging. The event welcomed 494 inmates and 103 supervisors, each arriving not merely as guests, but as part of a larger family united in joy and care.



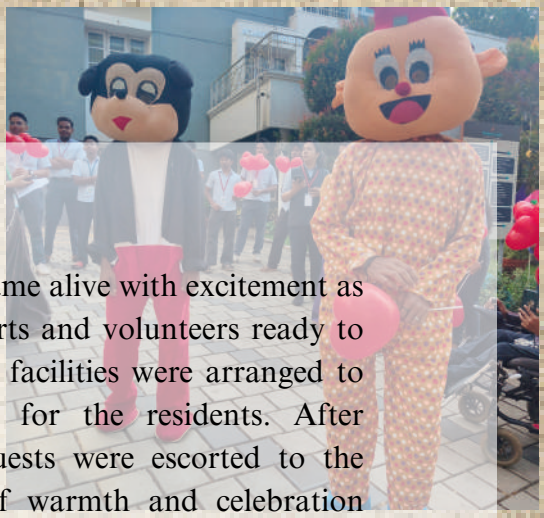


The preparations for the programme began well in advance with a meeting held on January 15, 2026, with the heads of the participating institutions. Faculty coordinators outlined the vision and arrangements for the event, while student coordinators from the second year classes took up the responsibility of maintaining close coordination with the institutions. Their dedication and consistent efforts laid the foundation for the smooth execution of the programme.









On the day of the event, the campus came alive with excitement as participants arrived with student escorts and volunteers ready to welcome them. Special transportation facilities were arranged to ensure safe and comfortable travel for the residents. After registration and refreshments, the guests were escorted to the auditorium, where an atmosphere of warmth and celebration awaited them.







The day unfolded through a series of games, interactive activities, and cultural performances that filled the venue with energy and enthusiasm. The performances by the participants stood as powerful reminders of talent, resilience, and the joy of expression. Songs, dances, and stage performances brought smiles to every face, while volunteers worked tirelessly behind the scenes, encouraging and assisting the participants throughout the programme.

Adding colour and inspiration to the event were the chief guests, renowned sand artist and actor and mimicry artist . Their presence and performances were warmly received, making the occasion even more memorable for the audience.

Beyond the celebrations, Snehasangamam reflected the spirit of thoughtful care. Every inmate received a gift pouch containing daily essentials such as toothpaste, a toothbrush, and soap, while each institution was presented with a thermal flask as a token of appreciation and support. These simple gestures carried deep meaning, reminding everyone that kindness often lies in the smallest acts.



The programme was successfully coordinated by Mr. Abin John, Ms. Reshma K Bhaskaran, and Mr. Haarish Sabu, whose commitment and leadership ensured the seamless conduct of the event. The collective efforts of students, faculty, alumni, sponsors, and staff further strengthened the programme, proving how collaboration can create moments of genuine social impact. From decorating the venue to assisting participants and restoring the campus after the event, every hand contributed to the success of Snehasangamam.

As the day concluded, the representatives from the participating institutions expressed heartfelt gratitude for the love, hospitality, and inclusiveness extended to them. More than an event, Snehasangamam 2026 became a reminder that empathy has the power to build meaningful connections and create lasting memories.

In celebrating togetherness beyond barriers, Snehasangamam once again reaffirmed NIMIT's commitment to social responsibility, inclusiveness, and community engagement, values that continue to shape the institution's vision and spirit.ions and create lasting memories.

CURRENTS IN

Every piece of clothing carries a story long before it reaches its final form on the runway or in a wardrobe. The journey begins from the very first stage of fabric hunting, where textures, colours, and movement are carefully observed and selected to match an emotion or an idea. Fashion is deeply connected with storytelling because every silhouette, fabric, and detail hold a certain mood within it. The process of designing becomes more meaningful when inspiration is drawn from nature, where beauty exists in its most effortless and timeless form.



These illustrations are inspired by Thalassa, drawing from the depth, fluidity, and quiet elegance of the ocean. The designs attempt to capture the way water moves under changing light and how the sea shifts between calmness and intensity within a single moment. The fabrics were imagined to flow with the softness of waves while reflecting light in the same way sunlight touches the ocean surface during sunrise and dusk. Through shades of deep blue, pearl white, silver, and soft golden tones, the illustrations explore the emotional and visual beauty associated with the sea.

This illustration focuses on a mor ethereal and graceful interpretation of Thalassa. The long flowing gown in royal blue was inspired by the depth and stillness of the ocean during the night, where the sea appears calm on the surface yet carries endless mystery within it. The soft white details around the neckline resemble pearls, corals, and delicate marine textures,adding a sense of underwater beauty to the design. The flowing hair extends outward like moving waves, creating a visual rhythm that brings life and motion into the illustration. The overall silhouette was designed to feel elegant and fluid, allowing the figure to almost blend into the essence of the ocean itself

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COUTURE

The illustration presents a more modern and contemporary outlook while still remaining connected to the theme of Thalassa. The fabric selection plays an important role in expressing the concept, especially through its iridescent and light reflecting texture that shifts through shades of deep blue, silver, and purple depending on the angle of light. This changing surface was inspired by the way the ocean constantly transforms through reflection, movement, and depth. The fitted silhouette and glossy texture give the design a bold and fashionable appearance while maintaining the softness associated with water. The styling elements, including the accessories and structured pose, were intended to create a balance between sophistication and freedom, much like the sea itself which can appear both calm and powerful at the same time.

The colour palette of these illustrations was inspired by the soul of the ocean through deep royal blues, soft pearl whites, and subtle touches of gold that reflect its timeless beauty and emotional depth. However, beneath this beauty lies an uncomfortable reality. The same ocean that inspires art, fashion, and beauty continues to suffer because of human actions and industrial practices. The fashion industry contributes heavily to pollution through toxic dyes, microplastic waste, and the excessive use of synthetic and non-biodegradable materials that eventually find their way into marine ecosystems. In a similar way, luxury and cosmetic industries often exploit natural resources and marine life without fully acknowledging the environmental damage caused in the process.

These illustrations were created not only as a celebration of the ocean's beauty, but also as a quiet reminder of the responsibility that comes with inspiration. Fashion and art continuously borrow from nature for colour, texture, movement, and emotion, making it important to protect the very environment that gives life to creativity. True beauty feels most meaningful when it exists in harmony with nature rather than at the cost of destroying it.



Ms.Alakananda
Assi proffessor

The Making of a Dream

INTERVIEW

WITH ASHNA MARIA JOSE

Ashna Maria Jose, a postgraduate student in Commerce (Finance) at Naipunnya Institute of Management and Information Technology, has steadily built an impressive sporting career through dedication and perseverance. Having represented India in international netball tournaments in South Korea and Hong Kong in 2025, she has also made her mark in volleyball, throwball, and korfball at state and national levels. In this interview, Ashna speaks about her journey, the challenges she faced, and the experiences that shaped her as an athlete.



- **EVERY ATHLETE HAS A STARTING POINT. CAN YOU TAKE US BACK TO THE MOMENT WHEN SPORTS FIRST BECAME AN IMPORTANT PART OF YOUR LIFE?**

I had always participated in school athletic meets from a very young age, but sports became something more serious for me when I was in the sixth standard. During one vacation, an international player, Shenoy Sir, conducted a coaching camp at our school. One of my friends joined the camp, so I decided to join too. That was the first time I experienced professional training, and it slowly changed the way I looked at sports and at myself.

- **WAS THERE A PARTICULAR PERSON WHO INSPIRED YOU TO PURSUE SPORTS MORE SERIOUSLY?**

Yes, definitely my school P.E. teacher, Benny Sir. He is the reason my sports journey truly began. At first, I never imagined sports could shape my future, but his constant encouragement and belief in me made a huge difference. He kept pushing me to aim higher even when I doubted myself. Looking back now, I can confidently say that without his support, I would never have reached where I am today.

- **YOU HAVE BEEN INVOLVED IN MULTIPLE SPORTS. WHICH SPORT CHALLENGED YOU THE MOST?**

Volleyball challenged me the most. It demanded years of dedication, discipline, and patience. It took almost four years for me to become a complete volleyball player. Every sport has its own techniques and difficulties, but volleyball taught me the value of consistent hard work. More importantly, it showed me how much a good coach can shape an athlete's journey. That experience proved to me that no goal is impossible when effort and guidance come together.

You have to dream before your dreams can come true"

- **BALANCING ACADEMICS, TRAINING, COMPETITIONS, AND PERSONAL LIFE CAN BE DIFFICULT. HOW DID YOU MANAGE THE PRESSURE?**

It is definitely difficult at times. There are moments when everything feels overwhelming. Whenever pressure builds up, I try to focus on the competition ahead rather than everything happening around me. To stay motivated, I spend time with my friends or talk to my coach. Sometimes we do not even discuss sports. Just having those conversations helps me relax and regain confidence. Their support has always helped me move forward.

- **COULD YOU SHARE A MEMORABLE MOMENT FROM YOUR JOURNEY?**



One incident from my school days still stays with me. I was participating in a 1500-metre race at the revenue district level. That day, I felt lazy and skipped my warm-up and stretching. I simply sat and watched others prepare. Midway through the race, my legs started hurting badly, and I had to stop running.

I expected my coach to scold me, but instead, he quietly took me to the canteen, bought me pazham pori and tea, and told me, "Learn from this mistake and never repeat it." That moment taught me one of the biggest lessons of my life: always respect the process. Success does not come through shortcuts. Whether in sports or life, you must prepare properly and trust the method.



- **WAS THERE A PHASE THAT TRULY TESTED YOUR RESILIENCE?**

The Indian camp was one of the most challenging phases of my journey. The pressure there was intense, both physically and mentally. But during that period, my coaches, friends, and family constantly reminded me of my potential. Their support gave me strength and helped me push through difficult moments. That experience taught me that resilience is not built alone; it grows through the people who stand beside you when things become difficult.



- **YOU REPRESENTED INDIA IN SOUTH KOREA AND HONG KONG. WHAT DID THAT MOMENT FEEL LIKE?**

Honestly, words cannot fully describe it. I was overwhelmed with happiness and pride. Standing on an international court and representing India was a dream come true. More than my own achievement, I was happiest because I knew my family, coaches, and friends were proud of me. In that moment, I felt that all the years of hard work, sacrifices, and struggles had finally found meaning.

- **HOW HAS NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY SUPPORTED YOUR JOURNEY?**

My college has been a huge source of support throughout my sports career. The faculty and management have always encouraged me, both in sports and academics. Because of competitions, I often miss classes, but the teachers never made me feel like a burden. Instead, they helped me catch up with lessons and supported me at every stage. Their efforts are the reason I have managed to balance both academics and sports successfully. The management also provides excellent support for competitions and genuinely cares for student athletes



- **BEYOND MEDALS AND ACHIEVEMENTS, HOW HAS SPORTS SHAPED YOU AS A PERSON?**

Sports taught me discipline in the truest sense. It showed me that there are no shortcuts to success and that every achievement demands patience, effort, and consistency. It also taught me resilience. Failures no longer feel like endings; they feel like lessons.

Most importantly, sports made me humble and grateful. Every achievement in my life is connected to the people who supported me—my coaches, family, friends, and teachers. Sports did not just make me an athlete; it made me a stronger and more grounded person.

- **WHAT ADVICE WOULD YOU GIVE TO STUDENTS WHO DREAM OF PURSUING SPORTS PROFESSIONALLY?**

I strongly believe in the saying, "You have to dream before your dreams can come true." But dreaming alone is not enough. You must believe in yourself and be ready to work for your goals every single day. Do not wait for opportunities to come to you—go out and chase them. Stay sincere, stay disciplined, and never stop believing in your abilities. If you truly dedicate yourself, nothing is impossible.

ASHNA'S FAVOURITES:

FAVOURITE ATHLETE -

NEYMAR

FAVOURITE QUOTE -

"YOU HAVE TO DREAM BEFORE YOUR DREAMS CAN COME TRUE"

FAVOURITE SONG -

FIRE ON FIRE

FAVOURITE LANGUAGE-

TAMIL

ഉൾക്കടൽ

ഉള്ളിൽ ഉറവയെടുക്കുന്നുണ്ട്,
ഒരു കടൽ.
ആഴത്തിൽ ചിപ്പികൾ,
ഒളിപ്പിച്ച ഇഷ്ടങ്ങൾ.
അനേകം ചെറുമീനുകൾ,
യാത്രയുടെ അനന്തമായ കൊതി.
പവിഴപ്പുറ്റിന്റെ ഒരു കാട്
ഏറ്റവും ഏറ്റവും ആഴത്തിൽ,
ജലകന്യകമാർ ഉണക്കാനിട്ട ഉടുപ്പുകൾ
തിരയുടെ കൈകൾ
കുടഞ്ഞു കുടഞ്ഞു വിരിക്കുന്നു.
ഏറ്റവും ഉപ്പുള്ള നേരിനെ
കണ്ണുകളിലൂടെ ഒഴുക്കി
മെലിഞ്ഞു മെലിഞ്ഞു പോകുന്നു,ഒരു കടൽ.
അതിനെ എഴുതിയെഴുതി
എരിഞ്ഞു തീരുന്നു, ഒരു തീരം.

-നീതു വത്സൻ
അസിസ്റ്റന്റ് പ്രൊഫസർ
ഡിപ്പാർട്മെന്റ് ഓഫ് അഡീഷണൽ
ലാംഗ്വേജസ്

BETWEEN ALGORITHM AND AESTHETICS

The Future of Fashion Designing

The rapid advancement of Artificial Intelligence, or AI, has greatly changed industries, including fashion design. As technology becomes more integrated into design, AI is changing workflows by introducing data-driven decision-making, automation and better visualisation techniques. AI helps in fashion by streamlining production and forecasting trends. It also assists designers in the process.





This growing use of AI raises a question about its usefulness and its potential to replace human designers. AI has proven to be a tool in design development, especially in trend forecasting and analysis. By processing large volumes of data from fashion shows, digital platforms, and consumer behaviour, AI systems can identify emerging patterns and accurately predict future trends.

This enables designers to make decisions and align their collections with market demands. AI-powered design tools also facilitate idea generation by creating multiple design variations based on parameters such as: Colour schemes, Fabric types, and silhouettes. This capability accelerates the process and allows designers to explore more possibilities within a limited timeframe.

AI also improves production efficiency. Promotes sustainability in the fashion industry. Through analytics, AI can optimise inventory management, reduce material waste, and prevent overproduction. Virtual prototyping enhances efficiency by enabling designers to create and modify samples instead of relying solely on physical prototypes. This shift reduces costs. Aligns with the growing emphasis on environmentally responsible practices in fashion. AI contributes to consumer engagement by enabling personalisation. By analysing preferences and purchasing behaviour, AI systems can recommend customised designs, creating a more interactive and satisfying user experience.

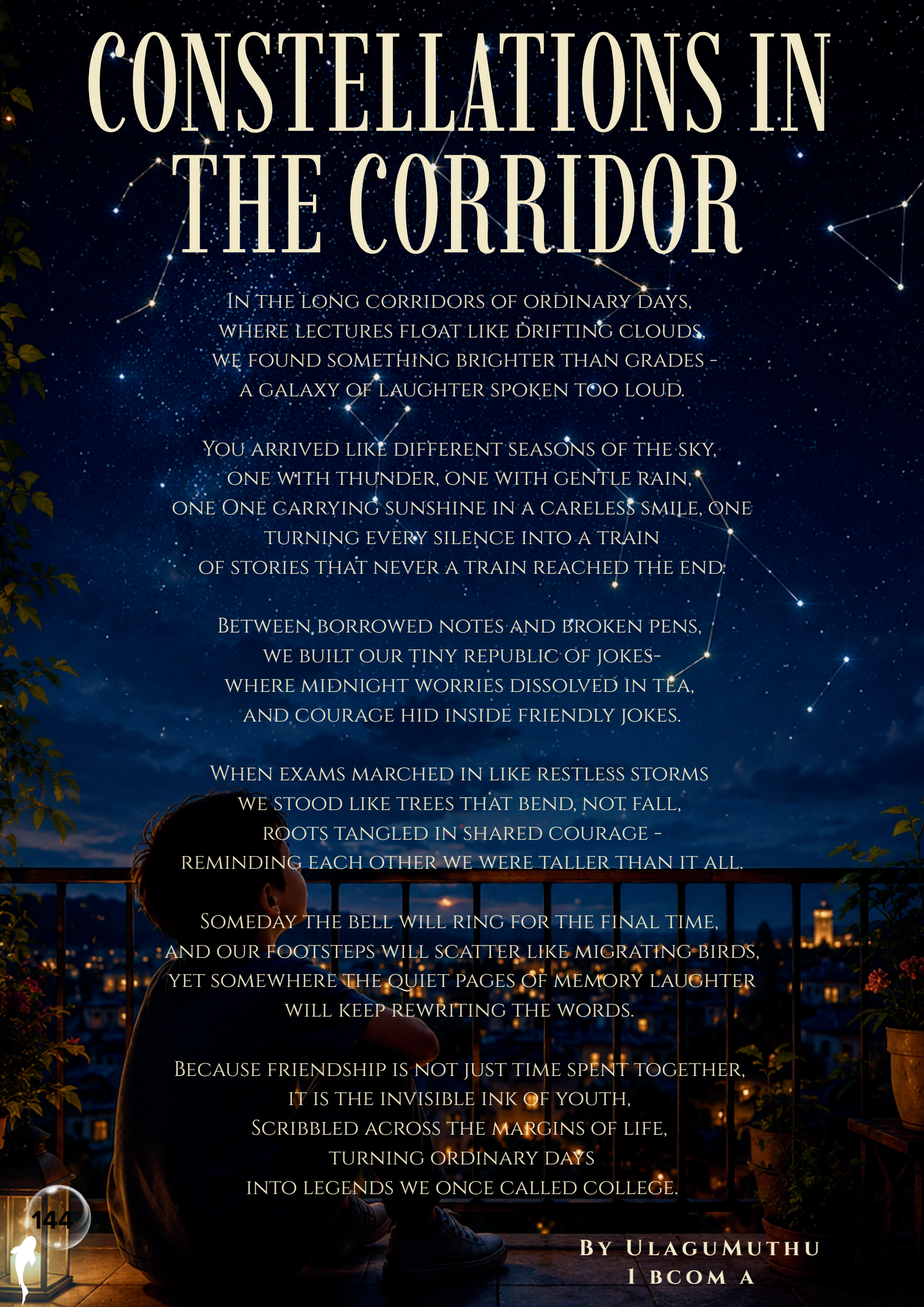
However, AI has limitations in replicating the core essence of fashion design. Fashion is a form of cultural expression that goes beyond data and algorithms. It involves depth, Storytelling, and cultural sensitivity. These are elements that AI cannot genuinely interpret or reproduce. While AI can generate designs based on existing data, it lacks originality in the creative sense because it relies on previously available information. The intuitive thinking, imagination and subjective interpretation that define a designer's vision cannot be substituted by machine intelligence.

. The idea that AI will replace fashion designers is largely unfounded. Of replacing designers, AI should be seen as a tool that enhances human capabilities. AI is effective in handling analytical and time-consuming tasks, allowing designers to focus on innovation and conceptual development. The relationship between AI and fashion designers is more collaborative than competitive. Designers who adapt to and incorporate AI into their workflow are likely to gain a significant advantage in terms of efficiency and creative exploration. In conclusion, AI has become a part of contemporary fashion design, offering numerous benefits across various stages of the design and production process.

However, it cannot replace the qualities that are fundamental to Fashion, as a creative discipline The future of fashion design lies in the integration of technological advancement and human creativity, where AI serves as a supportive tool while designers continue to drive artistic and cultural innovation.

Ms. Megha A
Department-in-Charge
Department of Fashion Designing

CONSTELLATIONS IN THE CORRIDOR



In the long corridors of ordinary days,
where lectures float like drifting clouds,
we found something brighter than grades -
a galaxy of laughter spoken too loud.

You arrived like different seasons of the sky,
one with thunder, one with gentle rain,
one One carrying sunshine in a careless smile, one
turning every silence into a train
of stories that never a train reached the end.

Between borrowed notes and broken pens,
we built our tiny republic of jokes-
where midnight worries dissolved in tea,
and courage hid inside friendly jokes.

When exams marched in like restless storms
we stood like trees that bend, not fall,
roots tangled in shared courage -
reminding each other we were taller than it all.

Someday the bell will ring for the final time,
and our footsteps will scatter like migrating birds,
yet somewhere the quiet pages of memory laughter
will keep rewriting the words.

Because friendship is not just time spent together,
it is the invisible ink of youth,
Scribbled across the margins of life,
turning ordinary days
into legends we once called college.

By UlaguMuthu
1 BCOM A

“समंदर का असलीखजाना”

नीले समंदर की लहरें धीरे-धीरे किनारे से टकरा रही थीं। सूरज ढलने को था, और आकाश नारंगी रंग में रंग गया था। उस छोटे से मछुआरे गाँव में रहने वाला एक लड़का, आरव, हर दिन की तरह आज भी समुद्र किनारे बैठा लहरों को देख रहा था।

आरव को समुद्र से एक अजीब-सा लगाव था। उसे लगता था कि समुद्र कुछ कहना चाहता है—जैसे उसकी गहराइयों में कई रहस्य छिपे हों। एक दिन, जब वह किनारे पर टहल रहा था, उसे रेत में आधी दबाई हुई एक पुरानी बोतल मिली। बोतल के अंदर एक कागज़ था।

आरव ने उत्सुकता से बोतल खोली और कागज़ पढ़ा। उसमें लिखा था— “जो भी यह संदेश पाए, वह समंदर के दिल तक पहुंचे। वहाँ एक खज़ाना है, लेकिन उसे पाने के लिए सच्चे दिल और हिम्मत की ज़रूरत है।”

आरव का दिल तेज़ी से धड़कने लगा। उसने ठान लिया कि वह इस रहस्य को सुलझाएगा। अगले दिन, वह एक छोटी नाव लेकर समुद्र की ओर निकल पड़ा। लहरें तेज़ थीं, लेकिन उसका हौसला उनसे भी ज़्यादा मज़बूत था।

कई घंटों की यात्रा के बाद, उसे एक अनोखी जगह दिखाई दी—पानी के बीचों-बीच एक शांत क्षेत्र, जहाँ लहरें अचानक थम-सी गई थीं। उसने पानी में झाँका, तो नीचे एक चमकती हुई रोशनी दिखी।

आरव ने साहस जुटाया और पानी में कूद गया। नीचे पहुँचकर उसने देखा कि वहाँ एक पुराना संदूक था। उसने उसे खोला—लेकिन अंदर सोना या हीरे नहीं थे। उसमें एक छोटा-सा शीशा और एक पर्ची थी।

पर्ची पर लिखा था— “सबसे बड़ा खज़ाना तुम्हारे अंदर है—तुम्हारी हिम्मत, तुम्हारा विश्वास, और तुम्हारे सपने।”

आरव मुस्कुराया। उसे समझ आ गया कि असली खज़ाना कोई वस्तु नहीं, बल्कि उसकी अपनी ताकत है।

वह वापस अपने गाँव लौटा, लेकिन अब वह पहले जैसा नहीं था। उसके अंदर एक नई ऊर्जा और आत्मविश्वास था। अब वह हर चुनौती का सामना करने के लिए तैयार था—क्योंकि उसने समुद्र के दिल से सबसे अनमोल खज़ाना पा लिया था।

ऐश्वर्या लालसन
11 बीसीए ए



Kalarippayattu

GOWTHAM KRISHNA T. V.
II BCA A

Growing up, Kalaripayattu was never something distant or unfamiliar to me. I did not encounter it for the first time through stage performances or history books. It was always around me, woven into everyday life through my father, Mr. Viju T.P., who has dedicated more than forty one years to practicing and teaching this ancient martial art. Watching his discipline, commitment, and passion from childhood naturally drew me towards the art form.





I am currently a second year BCA student, and I began learning Kalaripayattu when I was in the fourth standard. Along with Kalari, I have also been practicing yoga for nearly ten years. Over time, both practices have become an important part of my life, helping me stay physically active, mentally focused, and emotionally balanced. They have taught me patience, discipline, and confidence in ways that extend far beyond the kalari.

Kalaripayattu, often regarded as one of the oldest martial arts traditions in the world, originated in Kerala more than 3,000 years ago. It is far more than a system of combat. The practice combines physical training, flexibility, meditation, healing techniques, and mental discipline. Training begins with body conditioning exercises that improve balance, stamina, speed, and strength before moving towards different forms of combat and weapon training.

One of the most fascinating aspects of Kalaripayattu is the beauty of its movements. Many techniques are inspired by animals such as lions, snakes, tigers, and elephants, giving the art a unique rhythm and grace. Students gradually learn empty hand combat along with the use of traditional weapons including staffs, swords, shields, spears, and daggers. Because of its fluid and expressive movements, Kalaripayattu is often admired not only as a martial art but also as a cultural performance tradition.

Although deeply rooted in Kerala's history, Kalaripayattu today has admirers across the world. Many martial artists and researchers believe it influenced several Asian martial traditions, particularly through the legendary journey of Bodhidharma from India to China. Today, people from different countries travel to Kerala to learn the art and experience its traditional methods of training



In 2023, he received the Kerala Folklore Academy Award for Kalarippayattu and Nadanpattu. That recognition was a proud moment for our family because it reflected years of dedication towards preserving this tradition.

For me, however, Kalaripayattu remains deeply personal because it is closely tied to my family. My father teaches through Mahatma Kalakshetra Kalari Sangam in Chalakudy and has performed in many places across India including Goa, Surat, Mumbai, Chennai, and Delhi through the Folklore Academy. He has also worked with the Kerala Police team at Sabarimala for more than twenty five years and currently teaches students at Carmel H.S.S. Chalakudy and Vyasa Vidyanikethan Central School.

To me, Kalaripayattu is not simply an ancient martial art that belongs to history. It is a living tradition that continues to shape my life every day. It connects me to my culture, my family, and a discipline that has been passed down from one generation to another with care and commitment.

THE ARCHITECT OF FREEDOM

WHY SELF-DISCIPLINE IS YOUR ULTIMATE SUPERPOWER



The modern world is a masterpiece of distraction. We live in an era where instant gratification is just a thumb-swipe away, and the siren call of “just five more minutes” of scrolling often outweighs our deepest ambitions. In this landscape, we often mistake discipline for a cage —a rigid, boring set of rules that strips the joy from life. However, true self-discipline is not a prison; it is the key that unlocks the door to genuine personal autonomy. It is the bridge between the person you are today and the vision of the person you aspire to become

At its core, self-discipline is the art of choosing between what you want *now* and what you want *most*. It is the quiet strength required to honor the commitments you made to yourself long after the mood in which you made them has left you. When we rely solely on motivation, we are at the mercy of our fleeting emotions. Motivation is a fair-weather friend that disappears the moment things get difficult or tedious. Discipline, conversely, is the steady engine that keeps the ship moving even when the waters are choppy and the destination is not yet in sight. It is the daily practice of showing up, especially when you don’t feel like it.

Building this internal muscle does not require a radical, overnight transformation. Instead, it flourishes in the small, seemingly insignificant choices we make every hour. It is found in the decision to wake up with the first alarm, to choose a nutritious meal over a convenient one, or to focus on a single task without checking notifications. These “micro-wins” accumulate, creating a powerful momentum that reshapes your identity. Over time, you stop being someone who *tries* to be productive and start being someone who *is* consistent. This shift in self-perception is where the real magic happens, as your confidence grows alongside your track record of kept promises.

Furthermore, self-discipline provides a unique form of mental clarity. When you have a structure in place, you eliminate the “decision fatigue” that plagues so many of us. By pre-deciding how you will spend your time and energy, you free your mind to focus on creativity and high-level problem solving. There is a profound sense of peace that comes from knowing you have done what you set out to do. Paradoxically, the more disciplined you are with your time and habits, the more freedom you actually have to enjoy your leisure without the nagging shadow of guilt or unfinished business.

Ultimately, mastering yourself is the greatest victory you will ever achieve. It requires a blend of radical honesty and immense self-compassion. There will be days when the discipline slips, but the hallmark of a disciplined mind is the ability to course-correct without spiraling into self-criticism. As you refine this craft, you realize that discipline is the highest form of self-love. It is a gift to your future self, ensuring that when opportunity eventually knocks, you aren’t just ready—you are already miles ahead of the curve.

Stephin Shaiby
II BCOM B

തിരമാലകൾ പറഞ്ഞ കഥ

പഠനത്തിന്റെ , ജീവിതത്തിന്റെ തിരക്കുകളിൽ പോകുന്നതിനിടയിലാണ് ഒരു അവധിക്കാലം വന്നെത്തിയത്. മനസ്സിൽ കുന്നു കൂടി കിടക്കുന്ന മടുപ്പും മരവിപ്പും മാറാൻ ചെറിയ ഒരു യാത്ര അത്യാവശ്യമായിരുന്നു. എത്ര വലിയ വിഷമങ്ങളെയും അലിയിച്ചു കളയാൻ കഴിയുന്ന ഒരേയൊരു സ്ഥലമാണ് മനസ്സിൽ തെളിഞ്ഞത്.അധികം ഒരുക്കങ്ങളോട് കൂടിയൊന്നുമല്ല യാത്ര തീരുമാനിച്ചതെങ്കിലും പിന്നീടത് മനസ്സിൽ എന്നും സൂക്ഷിക്കുന്ന മനോഹരമായ ഒരോർമ്മയായി.

അങ്ങനെ ഒരു ഞായറാഴ്ച രാവിലെ കുടുംബത്തോടൊപ്പം രാവിലെ തന്നെ യാത്ര ആരംഭിച്ചു. വഴിയിലൂടെ പച്ചപ്പാർന്ന വയലുകളും ചെറുപുഴകളും കണ്ടപ്പോൾ തന്നെ മനസ്സിന് വളരെ സന്തോഷമായി. കുറച്ച് മണിക്കൂറുകൾക്ക് ശേഷം കടൽതീരത്തെത്തി. അങ്ങേയറ്റം നീണ്ടു കിടക്കുന്ന കണ്ണെത്താ ദൂരത്തെ നീലക്കടലും, കരയെ തട്ടി ഒരോ തവണയും നമ്മുടെ കാലിൽ ഉരുമ്മിക്കൊണ്ട് തിരിച്ചു പോവുന്ന തിരമാലകളും കടൽക്കാറ്റിൻ സുഗന്ധവും എല്ലാം മനസ്സിൽ തണുപ്പും സന്തോഷവും നൽകുന്നു.

അങ്ങനെ കടലോരത്തിലൂടെ യാത്ര ആരംഭിച്ചു. ജീവിതമാകുന്ന കടലിൽ തിരമാലകളെപ്പോലെ നമ്മിലെത്തുന്ന സന്തോഷങ്ങളും സങ്കടങ്ങളും എപ്പോഴും നിലനിൽക്കുന്നതല്ല. നനഞ്ഞ മണലിൽ നടക്കുമ്പോൾ കുറച്ച് സമയം കൂടി കടലിൽ ഇറങ്ങി കളിക്കാൻ ആഗ്രഹമുണ്ടായിരുന്നു. സന്ധ്യസമയത്ത് സൂര്യൻ കടലിനുള്ളിലേക്ക് യാത്ര പറഞ്ഞ് മടങ്ങുന്ന രംഗം ഏറെ പ്രിയപ്പെട്ടതായിരുന്നു.

ജീവിതത്തിലെ ആഗ്രഹങ്ങളും പ്രതീക്ഷകളും ഈ കടൽപോലെ നീണ്ടു കിടക്കുമ്പോഴും തിരിച്ചു പോകാൻ മനസ്സില്ലാതെ എപ്പോഴും നമ്മെ മാടി വിളിക്കുന്ന ഒരു സ്ഥലമാണ് കടലും കടൽ തീരവും. ഈ യാത്ര മനസ്സിൽ വളരെ സമാധാനം നൽകുന്ന ഒന്നായിരുന്നു. ചില യാത്രകൾ അവസാനിച്ചാലും അവയുടെ ഓർമ്മകൾ മനസ്സിൽ നിന്നും എന്നും തിരമാലകളെപ്പോലെ തുടർന്നുകൊണ്ടിരിക്കും. അതിനാൽ എന്റെ ജീവിതത്തിലെ ഏറ്റവും മനോഹരമായ യാത്രകളിൽ ഒന്നായി ഞാൻ ഈ അനുഭവത്തെ ഓർക്കുന്നു.

ഐറിൻ കെ ജെ
I ബി.സി. എ. എ

Smiling Outside, Struggling Inside:

The Silent Emotional Battles of Young Adults



In today's fast-paced digital world, young adults often appear confident,productive and socially connected.College life is frequently portrayed as exciting and full of opportunities.Social media feeds are filled with smiling faces,achievements, and moments of celebration.However, behind these carefully presented images,many young people silently struggle with emotional exhaustion, loneliness and constant mental pressure.The reality is that while life may appear perfectly balanced on the outside, internally many individuals are fighting invisible battles.

One of the most overlooked struggles among young adults today is functional or silent depression.Unlike severe depression that clearly disrupts daily functioning, functional depression allows individuals to continue managing their responsibilities.They attend classes, complete assignments,participate in social events and even perform well academically. Though from the outside everything seems normal, internally they may feel persistently tired,emotionally numb or overwhelmed. This is because they continue to "function" and their distress often remains unnoticed by others.

Adding to this silent struggle is the hidden loneliness of the digital generation.Youth today are constantly connected though smart gadgets, social media platforms and instant messaging.While these tools help people stay in touch, they sometimes replace deeper, meaningful human interactions. A person may have many online connections yet feel emotionally isolated. The pressure to project a happy and successful life online can make individuals hide their weaknesses, creating a gap between their public image and their true emotional state. Another factor that intensifies these experiences is overthinking.Young adults today face numerous choices and expectations regarding education, careers, relationships and future goals.While thinking carefully about decisions is important, excessive overthinking can become mentally exhausting. Constantly comparing oneself with others, worrying about mistakes, or imagining worst case scenarios can drain emotional energy. Over time, this mental cycle may lead to anxiety, self doubt and reduced confidence and constantly seeking validation from others

Although these challenges are increasingly common,they are not impossible to manage.One of the most important steps is normalizing mental health struggles.Young adults must understand that it is ok to acknowledge feelings of stress and loneliness. Meaningful conversations often remind individuals that they are not alone in their struggles.

Another helpful step is building genuine and real connections beyond the digital world. Spending quality time with friends, engaging in hobbies, participating in group activities can strengthen a sense of belonging and emotional support. At the same time, limiting constant comparison on social media can protect self-esteem.

Practising self care and emotional balance is essential. Ultimately, the most important message for young adults is that life is not a competition of perfection. Strength doesn't lie in pretending that everything is fine, it lies in acknowledging one's struggles and seeking support when needed.

DR.V.R SITHARA
STUDENT COUNSELLOR

La vie dans l'océan

Devant nous s'étend l'océan,
Comme nos rêves dans le temps.
Chaque vague suit son chemin,
Comme nos pas vers demain.

Entre les livres et les jours,
Nous avançons tour à tour.
Le vent nous pousse plus loin,
Vers un avenir incertain.

Parfois le ciel devient gris,
Mais le courage reste ici.
Et quand viendra le départ,
Nous garderons notre espoir.

Comme la mer sous la lumière,
Nous laisserons notre trace sur la terre.

Joel Joseph
II BCA B

बिखरते हुए जीवन

बिखरते हुए जीवन पुत्तिंगल, पुथियाकावु, नीलेश्वरम, त्रिशूर — न जाने कितनी बार बारूद हादसों में मौतें हुई हैं...
फिर भी हम क्यों नहीं सीखते...?
हर दुर्घटना के साथ मीडिया रिपोर्टें... चर्चाएँ...
दुर्घटना राहत कोष से दी गई राशि का बखान... बेहतर इलाज देने के दावे करते सरकारी प्रतिनिधि...
सरकारी तंत्र की खामियाँ ढूंढने के लिए इंतज़ार करते विपक्ष के समर्थक...
त्रिशूर के थेक्किनकाड मैदान में होने वाले धमाकों की गूँज अगर तिरुवनंतपुरम के सचिवालय तक पहुँच जाए, तभी 'पूरम' पूरा होता है—ऐसा सोचने वाली यह सामाजिक मानसिकता क्या किसी अभिशाप से कम है...?
इतने कड़े कानून होने के बावजूद, लोगों से भरे त्रिशूर के हृदय स्थल में इस अवैध और निरर्थक गतिविधि को मौन स्वीकृति कौन दे रहा है...?
एक क्षण के दृश्य और श्रव्य आनंद के लिए आकाश में उड़ाए जाने वाले लाखों रुपए... क्या लाभ है इसका...?
वायु प्रदूषण और ध्वनि प्रदूषण...
और जीविका के लिए इस खतरनाक काम को करने को मजबूर गरीब लोग जब बिखर जाते हैं, तब कौन-सा देवता या देवी प्रसन्न होते हैं...?
क्या आतिशबाज़ी मंदिर परंपरा का हिस्सा है?
अगर है भी, तो क्या इसे समाप्त करने का समय नहीं आ गया है...?

— अभिमन्यु अजयन
III बीसीए ए

കടലും

വികാരങ്ങളുടെ ഒരു മഹാസമുദ്രം
മനുഷ്യനും കടലും തമ്മിലുള്ള ബന്ധം കേവലം കാഴ്ചകളിലല്ല, മറിച്ച് വികാരങ്ങളുടെ തീവ്രതയിലാണ് അടയാളപ്പെടുത്തപ്പെട്ടിരിക്കുന്നത്. പ്രക്ഷുബ്ധമായ കടലിനും ശാന്തമായ നീലിമയ്ക്കും പറയാനുള്ളത് മനുഷ്യമനസ്സിന്റെ ഓരോ തുടിപ്പുകളെക്കുറിച്ചുമാണ്.

വികാരങ്ങളുടെ തിരമാലകൾ
കടലിന്റെ ഓരം ചേർന്ന് നിൽക്കുമ്പോൾ ആദ്യം ശ്രദ്ധിക്കുക തീരത്തോട് വന്ന് ആഞ്ഞുപതിക്കുന്ന തിരമാലകളെയാണ്. നമ്മുടെ ഉള്ളിലെ വികാരങ്ങളും അതുപോലെയാണ്. ചിലപ്പോൾ അത് സ്നേഹത്തിന്റെ കുളിരുള്ള തിരമാലകളായിരിക്കും, മറ്റുചിലപ്പോൾ അത് കോപത്തിന്റെയോ നിരാശയുടെയോ ആർത്തലയ്ക്കുന്ന തിരകളായിരിക്കും. തിരമാലകൾ തീരത്തെ സ്പർശിക്കുന്നത് പോലെ വികാരങ്ങൾ നമ്മുടെ ഹൃദയത്തെ നിരന്തരം സ്പർശിച്ചുകൊണ്ടേയിരിക്കുന്നു.

ശാന്തതയും പ്രക്ഷുബ്ധതയും
ഒരു പുലർകാലത്ത് കടൽ എത്ര ശാന്തമാണോ, അത്രതന്നെ ഭയാനകമായിരിക്കും ഒരു കൊടുങ്കാറ്റുള്ള രാത്രിയിൽ അത്. മനുഷ്യജീവിതവും ഇത്തരമൊരു വൈരുദ്ധ്യമാണ്. പുറമെ കാണുന്ന പുഞ്ചിരിക്കും

മനുഷ്യനും

ശാന്തതയ്ക്കുമപ്പുറം, ഒരു വലിയ കൊടുങ്കാറ്റിനെ തളച്ചിട്ട മനസ്സാകാം പലർക്കും ഉള്ളത്. കടലിന്റെ മേൽത്തട്ട് ശാന്തമായിരിക്കുമ്പോഴും അതിന്റെ ആഴങ്ങളിൽ അജ്ഞാതമായ ഒഴുക്കുകൾ ഉണ്ടാകാറുള്ളത് പോലെ, ഓരോ മനുഷ്യന്റെയും ഉള്ളിൽ പറയാത്ത കഥകളുടെ വലിയൊരു ലോകമുണ്ട്

അളക്കാനാവാത്ത ആഴം
കടലിന്റെ ആഴം പ്രവചനാതീതമാണ്. അവിടെ വിസ്മയങ്ങളും നിഗൂഢതകളും ഒരുപോലെ ഒളിഞ്ഞിരിക്കുന്നു. മനുഷ്യന്റെ ദുഃഖങ്ങളും സ്നേഹവും അതുപോലെയാണ്. ഒരാളെ എത്രത്തോളം സ്നേഹിക്കുന്നു എന്നോ എത്രമാത്രം വേദനിക്കുന്നു എന്നോ അളക്കാൻ മറ്റൊരു അളവുകോലില്ല. കടൽ എത്രത്തോളം മുത്തുകളെ ഹൃദയത്തിൽ സൂക്ഷിക്കുന്നുവോ, അത്രത്തോളം ഓർമ്മകളെ മനുഷ്യനും തന്റെ ഉള്ളിൽ പേറുന്നു.

കടൽ നമ്മെ പഠിപ്പിക്കുന്നത് അതിജീവനമാണ്. എത്രയൊക്കെ പ്രക്ഷുബ്ധമായാലും വീണ്ടും ശാന്തതയിലേക്ക് മടങ്ങിവരാൻ അതിന് കഴിയുന്നു. മനുഷ്യനും കടലിനെപ്പോലെയാകണം; ജീവിതത്തിലെ തിരമാലകളിൽ ഉലയാതെ, തന്റെ ഉള്ളിലെ ആഴവും പരപ്പും തിരിച്ചറിഞ്ഞ് ഓരോ ദിവസവും പുതിയൊരു തീരത്തേക്ക് തുഴഞ്ഞുനീങ്ങണം. ഓരോ തിരയും ഒരു പിന്മാറ്റമല്ല, മറിച്ച് വീണ്ടും ആഞ്ഞടിക്കാനുള്ള തയ്യാറെടുപ്പാണ് എന്ന് കടൽ നമ്മെ ഓർമ്മിപ്പിക്കുന്നു.

സ്റ്റെഫിൻ ഷൈബി
II B. Com Finance

ആഴങ്ങളുടെ അയച്ചുകിട്ടാത്ത കത്തുകൾ

✒️ തിരകൾ കരയെ തേടിയെത്തുന്നത് കടലിന്റെ ശീലമല്ല...
അവൾ നഷ്ടപ്പെട്ട ആകാശത്തിന്റെ നീല തിരയലാണ്

✒️ തിരകൾ കരയിൽ പൊട്ടിത്തെറിക്കുന്നത് ശബ്ദമല്ല,
ആഴങ്ങളിൽ അടച്ചുവെച്ച കടലിന്റെ രഹസ്യങ്ങൾ ആണ്

✒️ കടലിന്റെ ആഴങ്ങളിൽ ഇരുട്ടല്ല താമസിക്കുന്നത്,
പറയാൻ കഴിയാതെ മുങ്ങിപ്പോയ ആയിരം കഥകളാണ്

✒️ ഓരോ തിരയും കരയിൽ വന്ന് മടങ്ങുന്നത്
ഒരു കഥ കൂടി കരയ്ക്ക് ഏൽപ്പിക്കാനാണ് —
തിരിച്ചറിയാതെ പോകരുതെന്ന് ഓർമ്മിപ്പിക്കാൻ.

റമീസ എം. ആർ
I ബി. കോം ഫിനാൻസ്. എ

LA FILLE ET L'OCÉAN

Dans un petit village au bord de la mer vivait une jeune fille nommée Rosé. Chaque nuit, elle s'asseyait seule sur les rochers pour regarder l'océan sous la lumière de la lune. Les habitants du village disaient que la mer était mystérieuse, capable de cacher des trésors... mais aussi des rêves oubliés.

Un soir d'été, Rosé aperçut une étrange lumière bleue au milieu des vagues. Curieuse, elle suivit cette lumière jusqu'à une petite conque brillante déposée sur le sable. Lorsqu'elle la porta à son oreille, elle entendit une voix douce :
"Les rêves abandonnés tombent dans l'océan... mais l'océan ne les oublie jamais."

Surprise, Rosé ferma les yeux. Soudain, elle vit des images : un peintre qui avait arrêté de dessiner, un musicien qui avait perdu sa mélodie, une enfant qui avait oublié son plus grand rêve. Tous leurs rêves vivaient encore au fond de la mer, protégés par les vagues.

À partir de cette nuit, Rosé retourna souvent à la plage. Elle écrivait des poèmes, dessinait les étoiles et chantait face à l'horizon. Peu à peu, elle comprit que l'océan n'était pas seulement de l'eau infinie. C'était un gardien silencieux des espoirs humains.

Puis, un matin, la mystérieuse conque disparut. Mais Rosé sourit, car elle connaissait désormais le secret de l'océan :
"Les rêves ne meurent jamais tant qu'une âme continue de les écouter."

Aisha Dilna M A

I BCom A



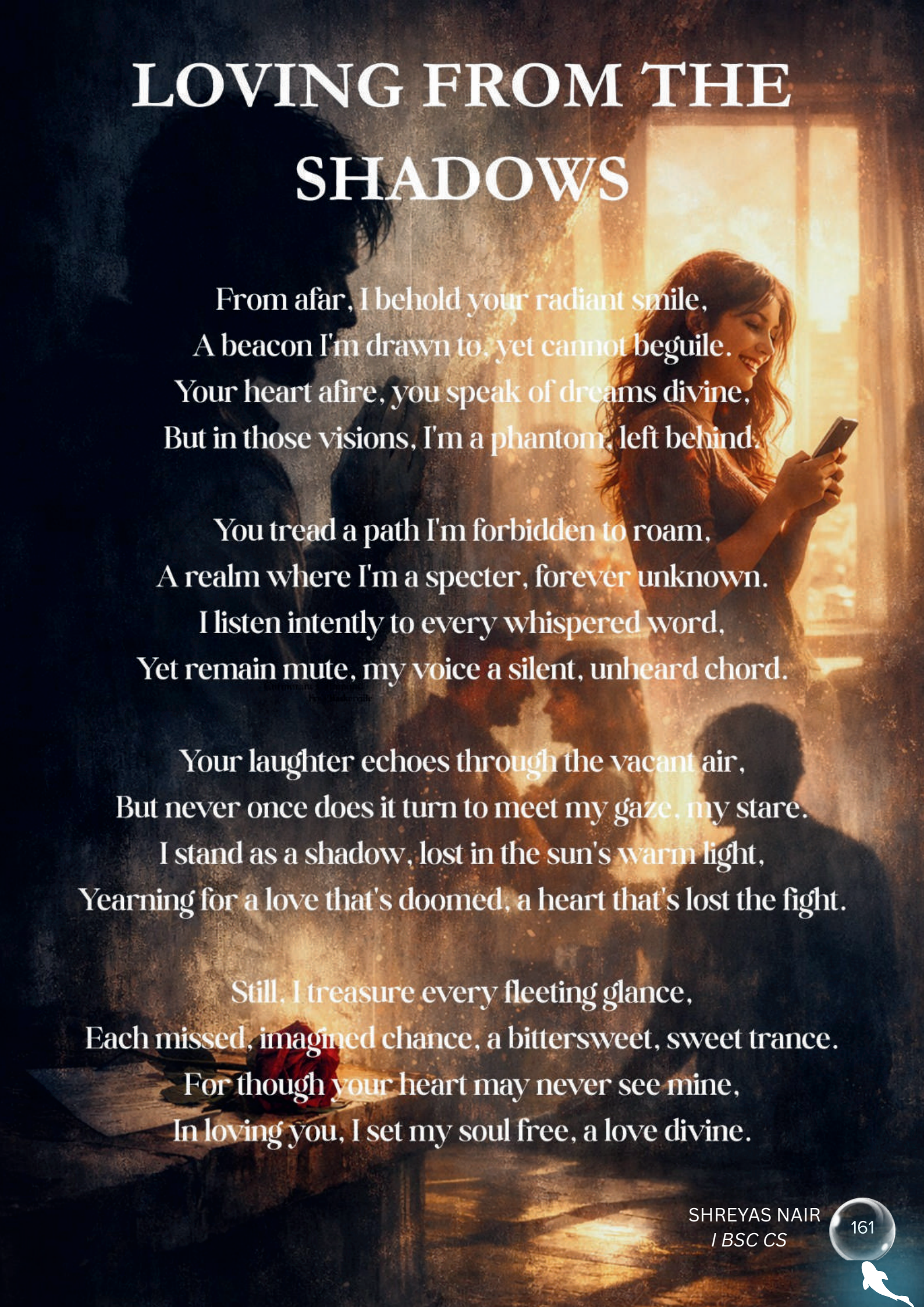
अनसुना सागर

मैंने सागर से पूछा एक दिन,
"तू इतना चुप क्यों रहता है?"
वह मुस्कुराकर लहरों से बोला,
"हर गहराई शोर नहीं करती है।"
ऊपर से मैं नीला-सा दिखता,
अंदर रंग हज़ारों हैं।
कुछ सपने डूबे सीपियों में,
कुछ टूटे किनारों पर बिखरे हैं।

हर लहर एक चिट्ठी जैसी,
दूर देश से आती है।
रात की खुली हथेली पर
अपनी कहानी लिख जाती है।
तूफ़ानों से मैं डरता नहीं,
वे मेहमान ही होते हैं।
शांत सुबह की पहली किरण में
मेरे सारे घाव सोते हैं।
मैं ठहरा नहीं, फिर भी स्थिर हूँ,
मैं बिखरा नहीं, फिर भी मिलता हूँ।
जो खुद में उतरने की हिम्मत करे,
उसे ही अपना रहस्य कहता हूँ।

अनमिका के बी
बीसीए बी

LOVING FROM THE SHADOWS



From afar, I behold your radiant smile,
A beacon I'm drawn to, yet cannot beguile.
Your heart afire, you speak of dreams divine,
But in those visions, I'm a phantom, left behind.

You tread a path I'm forbidden to roam,
A realm where I'm a specter, forever unknown.
I listen intently to every whispered word,
Yet remain mute, my voice a silent, unheard chord.

Your laughter echoes through the vacant air,
But never once does it turn to meet my gaze, my stare.
I stand as a shadow, lost in the sun's warm light,
Yearning for a love that's doomed, a heart that's lost the fight.

Still, I treasure every fleeting glance,
Each missed, imagined chance, a bittersweet, sweet trance.
For though your heart may never see mine,
In loving you, I set my soul free, a love divine.

SHREYAS NAIR
I BSC CS

यादों की लहरें

आज में फिर उसी पल में खड़ी है, जहाँ प्रकृति ने अपने निशान छोड़ रखे हैं-समुद्र की अनंत लहरों के रूप में।
जब लहरे मेरे पैरों को छूने आती है,
पुरानी यादें भी उनके साथ चली आती हैं।

पहली बार में दीदी का हाथ पकड़कर इसी किनारे पर खड़ी थी,
तब क्या जानती थी कि यह क्या है।
समुद्र को देखकर आँखों में थोडा डर था,

और मन में ढेर सारे सवाल
यह समुद्र कहाँ से शुरू होता है?
यह आखिर जाएगा कहाँ?
सूरज इसमें डूब क्यों जाता है?
क्या सच में समुद्र के उस पार
कोई और दुनिया छिपी है?

आज, वर्षों बाद, जब में फिर इसी समुद्र के पास खड़ी हूँ, तो हर लहर के साथ सारी यादें लौट आती हैं।
मैं उन्हें हाथों से पक्कड़ना चाहती हूँ,

समुद्र में डूबते सूरज को देखते हुए
मैं खुद से एक सवाल पूछती हूँ-
क्या हम इतने आगे बढ़ गए हैं
कि प्रकृति की आवाज़ सुन ही नहीं पा रहे?
या फिर हम उसे सुनना ही नहीं चाहते?

पर वे पानी में घुल जाती हैं-
जैसे जीवन की कुछ चीजें
कभी लौटकर नहीं आतीं।

आज भी, इतने सालों बाद,
समुद्र वहीं है, सूरज भी वहीं है,
लहरें अब भी आती-जाती रहती हैं,
और हर लहर अलग-सी कहानी सुनाती है।
फिर भी... यह सब कुछ पहले जैसा क्यों नहीं लगता?

अब इतना थका हुआ सा क्यों दिखता है समुद्र,
अपने ही भीतर क्यों सिमटता जा रहा है?"
क्या यह संकेत है
कि इंसान और प्रकृति के बीच की दूरी बढ़ता जा रहा है?

अंजना के सी
I बीएससी सी एस

സ്പർശം

തിരമാലകൾ മന്ത്രിക്കുന്നു, ദുഃഖങ്ങൾ അലിയുന്നു,
തീരത്തിൻ താളത്തിൽ ഹൃദയം ശാന്തമാകുന്നു,

കടലിന്റെ നീലയിൽ മുങ്ങി നിൽക്കാം,
തിരകളുടെ താളത്തിനൊത്ത് നൃത്തം ചെയ്യാം,



സൂര്യന്റെ ചൂടിൽ സ്വപ്നങ്ങൾ വിടരട്ടെ,
തീരത്തിൻ മാന്ത്രികതയിൽ നമ്മൾ അലിഞ്ഞു ചേരട്ടെ

സമുദ്രത്തിന്റെ ഗർജ്ജനം ഒരു സംഗീതം പോലെ
മലരിന്റെ സ്പർശനം ഒരു കവിത പോലെ

മനസ്സിന്റെ കെട്ടുകൾ തീരത്ത് വിടർത്തി
ഹൃദയത്തിന്റെ ഭാരം തിരകളിൽ ഒഴുക്കി

ആത്മാവിന്റെ ആഴങ്ങളിൽ തിരകൾ മന്ത്രിക്കുന്നു
പ്രശ്നങ്ങളെ പേറി തിരകൾ അകലേക്ക്
തീരത്ത് നിറയുന്നു ശാന്തിയുടെ സ്പർശം

ആതിര ആർ
III ബി. കോം ഫിനാൻസ്. എ



गहरा सागर: अद्भुत वनस्पतियों और जीवों का संसार



महासागर हमारी पृथ्वी का 70% से अधिक हिस्सा घेरे हुए हैं। खारे पानी का यह विशाल विस्तार वनस्पतियों और जीवों की असंख्य प्रजातियों का घर है, जो उथले मूंगे की चट्टानों से लेकर गहरे समुद्र की खाइयों तक फैली हुई हैं। माना जाता है कि पृथ्वी पर जीवन की शुरुआत भी महासागरों में ही हुई थी, जहाँ सरल जीव धीरे-धीरे विकसित होकर जटिल जीवन रूपों में परिवर्तित हुए।

महासागरीय वनस्पतियाँ (Flora)

महासागर की वनस्पति मुख्य रूप से शैवाल और समुद्री घास से बनी है। ये सूर्य के प्रकाश की सहायता से भोजन बनाते हैं और समुद्री खाद्य श्रृंखला का आधार बनते हैं।

- फाइटोप्लैंकटन (Phytoplankton): सूक्ष्म शैवाल जो समुद्र की सतह के पास तैरते हैं और प्राथमिक उत्पादक के रूप में कार्य करते हैं।
- समुद्री शैवाल (Seaweed): हरी, भूरी और लाल शैवाल जैसी विभिन्न किस्मों में पाए जाते हैं।
- समुद्री घास (Seagrass): पानी में डूबे रहने वाले फूलदार पौधे, जो अनेक समुद्री जीवों को आश्रय प्रदान करते हैं।

महासागरीय जीव (Fauna)

महासागर विविध प्रकार के जीवों का घर है, जिनमें प्रत्येक ने अपने वातावरण के अनुसार विशेष अनुकूलन विकसित किए हैं।

अकशेरुकी जीव (Invertebrates):

- स्पंज (Sponges): सरल बहुकोशिकीय जीव जो पानी से भोजन छानते हैं।
- मूंगे (Corals): छोटे पॉलीप्स के समूह जो विशाल मूंगा चट्टानों का निर्माण करते हैं।
- जेलीफिश (Jellyfish): पारदर्शी जीव जो अपने डंक वाले टेंटेकल्स से शिकार पकड़ते हैं।

मछलियाँ (Fish):

- शार्क और रे: महासागर के प्रमुख शिकारी।
- बोनी मछलियाँ: सैल्मन, टूना, कॉड और रंग-बिरंगी रीफ मछलियाँ इस समूह में शामिल हैं।

महासागरीय पारिस्थितिकी तंत्र और चुनौतियाँ

तटीय क्षेत्र, मैंग्रोव वन और मूंगे की चट्टानें समुद्री जैव विविधता के महत्वपूर्ण केंद्र हैं। विशेष रूप से मूंगे की चट्टानें हजारों प्रजातियों को आश्रय प्रदान करती हैं और समुद्री पारिस्थितिकी तंत्र में महत्वपूर्ण भूमिका निभाती हैं

आज समुद्री जीवन कई चुनौतियों का सामना कर रहा है। जलवायु परिवर्तन समुद्र के तापमान और अम्लीकरण को बढ़ा रहा है, जिससे मूंगा चट्टानें प्रभावित हो रही हैं। प्रदूषण, विशेषकर प्लास्टिक और तेल रिसाव, समुद्री जीवों के लिए गंभीर खतरा बन चुके हैं। इसके अलावा, अत्यधिक मछली पकड़ना समुद्री खाद्य श्रृंखला के संतुलन को बिगाड़ रहा है।

इन समस्याओं से निपटने के लिए समुद्री संरक्षित क्षेत्रों की स्थापना, टिकाऊ मत्स्य पालन और प्रदूषण नियंत्रण जैसे संरक्षण प्रयास किए जा रहे हैं।

महासागरीय पौधों और जानवरों की यह अद्भुत दुनिया हमारी पृथ्वी के स्वास्थ्य और पर्यावरणीय संतुलन के लिए अत्यंत महत्वपूर्ण है। इसलिए इसकी रक्षा करना और इसकी जैव विविधता को बनाए रखना हम सभी की जिम्मेदारी है।

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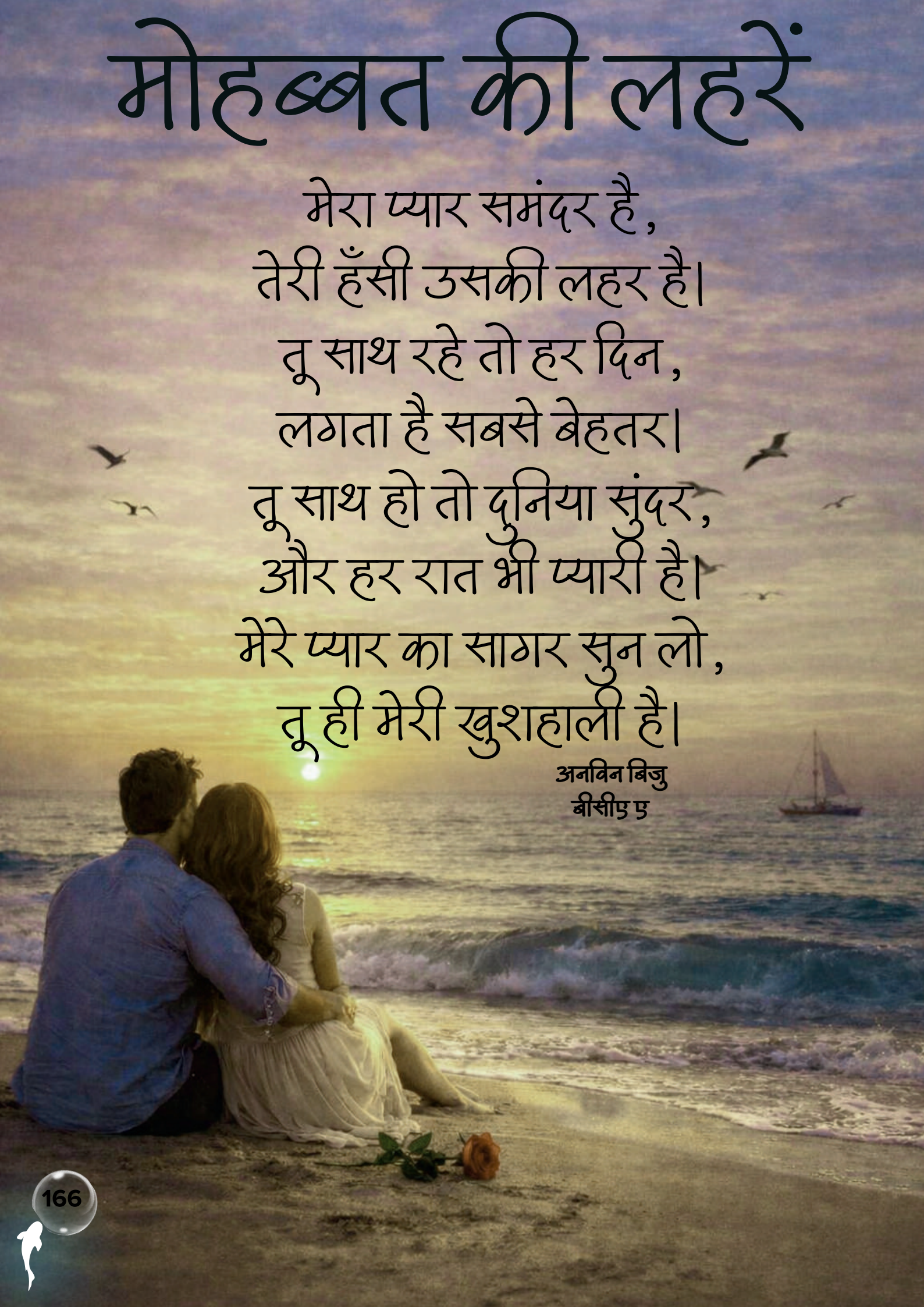


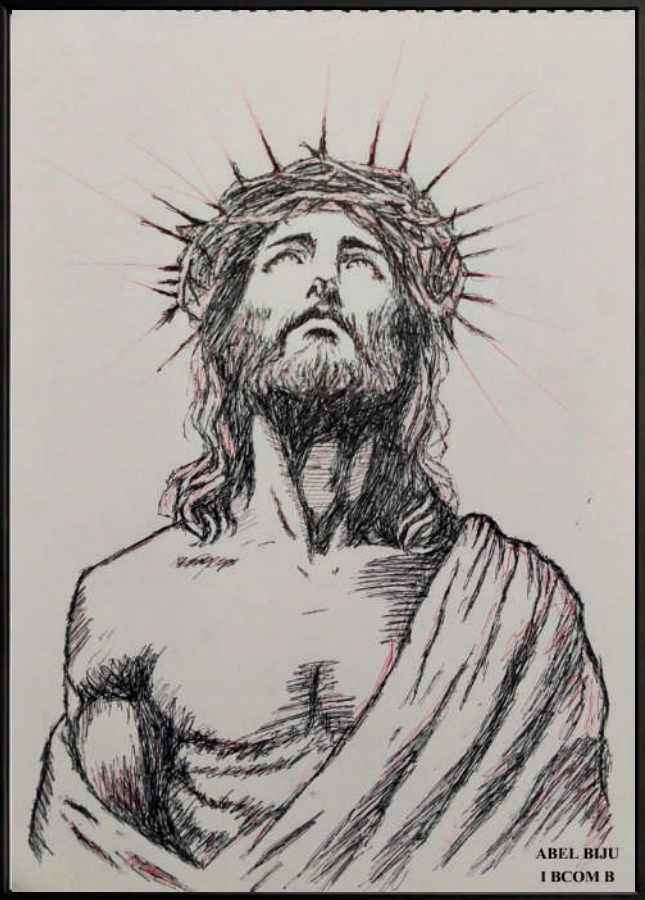
Darshan Menon
I BSc IT

मोहब्बत की लहरें

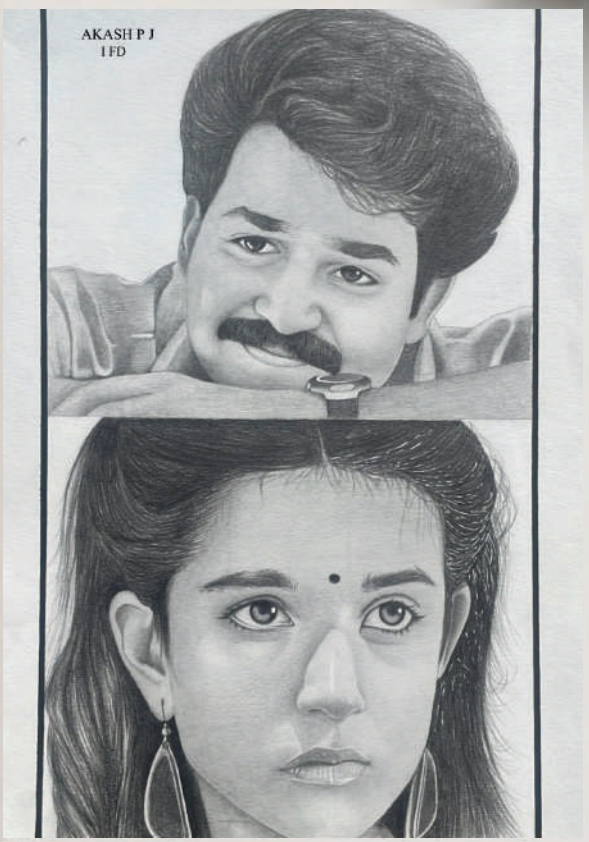
मेरा प्यार समंदर है,
तेरी हँसी उसकी लहर है।
तू साथ रहे तो हर दिन,
लगता है सबसे बेहतर।
तू साथ हो तो दुनिया सुंदर,
और हर रात भी प्यारी है।
मेरे प्यार का सागर सुन लो,
तू ही मेरी खुशहाली है।

अनविन बिजु
बीसीए ए





ABEL BIJU
I BCOM B



AKASH P J
I FD



ALPHA T GEORGE
I MSW



Gopika Kaithapilly
II Bcom A



MA
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— A Jour

GAIDUANGAMLIU DANGMEI
&
KALUANGAILIU KAMSUAN
IBScFT



Moving from Manipur to Kerala to pursue our studies at Naipunnya was a life-changing experience. Leaving behind our families, familiar surroundings, and cultural traditions, we embarked on a journey that introduced us to a completely different part of India.

Coming from the beautiful hills of Manipur, we were accustomed to our own language, food, festivals, and way of life. Upon arriving in Kerala, everything felt new—the tropical climate, the Malayalam language, the cuisine rich in coconut and spices, and the vibrant cultural practices of the state. Adjusting to these changes was not always easy, but each day brought new opportunities to learn and grow.

One of the most fascinating aspects of our journey was experiencing the cultural diversity between the two states. In Manipur, festivals such as Yaoshang, Lai Haraoba, and Ningol Chakouba hold special significance and strengthen family and community bonds. In Kerala, we witnessed the grandeur of Onam, Vishu, and Thirssur Pooram, celebrations that beautifully reflect the state's rich heritage and traditions. We were equally amazed by Kerala's classical art forms such as Kathakali and Mohiniyattam, which differ greatly from the graceful Manipuri Ras Leela that we grew up watching.

Food was another memorable part of our experience. While we initially missed the familiar flavours of Manipuri cuisine, with its bamboo shoots and traditional dishes, we gradually developed an appreciation for Kerala's unique culinary traditions. Today, we enjoy both cuisines and see them as symbols of India's rich diversity.

Our journey from Manipur to Kerala has taught us far more than academics. It has shown us the beauty of embracing new cultures, adapting to unfamiliar environments, and building friendships across different backgrounds. Though separated by thousands of kilometres, both Manipur and Kerala share a deep respect for tradition, community, and hospitality. This journey has not only broadened our horizons but has also made us proud of the diverse nation we call home.


Some people count calories. I count happy bites
STE EVA

SB

TRADITIONAL KERALA DESSERT

BANANA FLOWER PAYASAM

A traditional Kerala dessert *crafted* from tender banana flower, jaggery, coconut milk, aromatic cardamom, and roasted nuts, creating a rich & *comforting* flavour.





BY

ANLIN M G

RECIPE CREATOR

INGREDIENTS

Ingredients	Quantity
Banana flower, finely chopped	As required
Jaggery	As required
Coconut milk	As required
Ghee	As required
Cardamom powder	As required
Cashew nuts and raisins	As required
Dried ginger	As required
Rice or roasted gram (equivalent to thickener) Small amount	Small amount

CHEF'S TIP

For a deeper flavour, allow a payasam to rest for 10 minutes before serving so the coconut milk and jaggery blend beautifully.

PREPARATION METHOD

1. **Prepare Banana Flower**
   Clean and finly cop the banana flower.
2. **Cook the Flower**
   Boil with water until tender.
3. **Prepare Jaggery Syrup**
   Melt jaggery in a separate pan until a smooth syrup forms.
4. **Combine**
   Add the boiled banana flower into the jaggery syrup and mix thoroughly.
5. **Add Coconut Milk**
   Pour in coconut milk and simmer gently until thickened.
6. **Flavoring**
   Add cardamom powder and dried ginger for aroma and flavour.
7. **Finish**
   Fry cashew nuts and raisins in ghee and fold into the payasam.
8. **Serve**
   Serve warm or chilled as desired.

MALABAR MEEN MILLE-FEUILLE

A COASTAL MASTERPIECE

COASTAL ELEGANCE IN EVERY LAYER

A delicate mille-feuille layered with Kerala-style spiced fish and crisp filo sheets, finished with a fragrant coconut pepper beurre blanc.





BY
ALEN J FRANCIS
— RECIPE CREATOR —

Ingredients

FOR THE SPICED FISH FILLING

White-fleshed fish (seer fish, pearl spot, or snapper)	100 g
Shallots, finely chopped	5 nos
Garlic, chopped	1 tsp
Ginger, chopped	1 tsp
Green chilli, chopped	1 no
Black pepper	½ tsp
Red chilli powder	¼ tsp
Curry leaves	A few
Mustard seeds	½ tsp
Coconut oil	1 tbsp

FOR THE CRISPY LAYERS

Phyllo or samosa sheets	6 pieces
Butter or ghee (for brushing)	As required
Egg wash (optional, for sheen)	As required

COCONUT PEPPER BEURRE BLANC (SAUCE)

Thick coconut milk	100 ml
Green peppercorn	½ tsp
White vinegar	1 tsp
Unsalted butter, cold cubed	50 g
Curry leaves, finely chopped	2 leaves
Salt	To taste

CHEF'S TIP
Use very cold butter for a smooth, glossy beurre blanc.

Method

1. PREPARE THE FISH MASALA

- Heat coconut oil, splutter mustard seeds and sauté curry leaves.
- Add shallots, garlic, ginger, and green chilli; cook until soft.
- Add spices and cook until fragrant.
- Add fish cubes and cook until dry. Allow to cool.

2. MAKE THE CRISPY LAYERS

- Cut phyllo or samosa sheets into rectangles.
- Brush each sheet with butter.
- Stack 2–3 sheets together for sturdiness.
- Bake or shallow-fry until golden and crisp.

3. PREPARE THE COCONUT PEPPER BEURRE BLANC

- Simmer coconut milk with green peppercorns, curry leaves, and vinegar.
- Remove from heat and slowly whisk in cold butter cubes to emulsify. Keep warm.

4. ASSEMBLE THE MILLE-FEUILLE

- Place a crisp sheet as the base.
- Spoon a layer of fish masala on top.
- Repeat layering 3 times (fish–sheet–fish–sheet–fish).
- Pour warm sauce gently over the stack.
- Garnish with microgreens or fried curry leaves.

Mango Jalapeño Sorbet

PREMIUM FRESH & BOLD



A tropical, spicy-cool sorbet that perfectly balances sweet mango with a hint of jalapeño heat.



BY
ALAN MATHEWS
RECIPE CREATOR

INGREDIENTS

SERVES: 1 PAX

Sl. No.	Ingredient	Amount
1	Mango pulp	200 g
2	Jalapeño chilli	20 g
3	Sugar	25 g
4	Salt	5 g
5	Lemon juice	7 ml
6	Water	60 ml

CHEF'S TIP

For a smoother texture, strain the mixture before freezing.

METHOD OF PREPARATION

1. Wash, peel, and cut ripe mangoes into small cubes. Blend into a smooth, thick pulp.
2. Finely chop the jalapeño chilli and lightly boil in water to reduce sharpness. Strain and set aside.
3. Combine mango pulp, sugar, lemon juice, and jalapeño extract. Stir until evenly mixed.
4. Add a pinch of salt to balance the flavour. Adjust sweetness and spiciness to taste.
5. Blend the mixture again to achieve a smooth, uniform texture free of solid particles.
6. Chill the blended mixture in the refrigerator for 1–2 hours to set the flavours.
7. Transfer to an ice cream maker or freezer-safe container. Freeze to a firm, scoopable consistency.
8. Before serving, allow the sorbet to soften slightly at room temperature for easy scooping.
9. Serve chilled, garnished with mint leaves or thin mango slices for visual appeal.

Alan Mathews

GOURMET DESSERT

Dream in Reverse





A PLAYFUL TAKE ON A CLASSIC

This dessert flips expectations with a humorous nod to dinner at the table—featuring a 'steak' that's actually a rich red velvet brownie, paired with creamy, fruity, and silky elements. Indulgent, whimsical, and unforgettable.



Josh John Jacob

INGREDIENTS

RED VELVET BROWNIE "STEAK"

- Dark chocolate - 100 g
- Butter - 105 g
- Sugar - 185 g
- Eggs - 2 nos.
- Buttermilk - 40 ml
- Cocoa powder - 20 g
- Flour - 120 g
- Red food color - Few drops
- Salt - Pinch

RASPBERRY JELLY WITH COCONUT

- Raspberry purée - 100 g
- Honey - 20 g
- Agar-agar - 7 g
- Desiccated coconut - 15 g

VANILLA CUSTARD MOUSSE "MASHED POTATOES"

- Milk - 200 ml
- Salt - Pinch
- Vanilla essence - 3 ml
- Fresh cream (whipped) - 150 ml
- Egg yolks - 2 nos.
- Sugar - 60 g

SALTED CARAMEL BANANA "GRAVY"

- Banana purée - 100 g
- Fresh cream - 50 ml
- Sugar - 150 g
- Butter - 15 g
- Sea salt - Pinch

MINT JELLY "PEAS"

- Sugar syrup - 20 g
- Mint extract - 3 ml
- Agar-agar - 7 g

METHOD OF PREPARATION

1. RED VELVET BROWNIE "STEAK"

- Cream butter and sugar until fluffy.
- Add eggs, buttermilk, and coloring. Fold in dry ingredients.
- Bake at 180°C for 25-30 minutes. Cool, shape into steak-like cuts, and coat with melted dark chocolate for the glossy seared look.

2. RASPBERRY JELLY WITH COCONUT

- Combine raspberry purée, honey, and agar. Boil for 1 minute.
- Stir in desiccated coconut. Pour into a tray to set.
- Cut into thin slices and layer inside the brownie for the marbled texture.

3. VANILLA CUSTARD MOUSSE "MASHED POTATOES"

- Heat milk and sugar. Temper in egg yolks and cook until thickened.
- Cool and fold in whipped cream.
- Whip gently to achieve mousse consistency.
- Pipe onto the plate to resemble mashed potatoes.

4. SALTED CARAMEL BANANA "GRAVY"

- Caramelize sugar until amber in color.
- Add banana purée, butter, and cream while whisking.
- Stir in sea salt. Serve warm over the dessert.

5. MINT JELLY "PEAS"

- Mix sugar syrup, mint extract, and agar.
- Drop mixture into cold oil using a syringe to form small spheres.
- Wash and chill before serving.

CHEF'S TIP

For the perfect "steak" look, slice the brownie against the grain and glaze while warm for a beautiful seared finish.

Ebi Tapioka Sushi Roru

with *Supaishina Tanjerisosu*

FUSION JAPANESE CREATION

A unique fusion roll featuring tapioca as a soft, gluten-free base, filled with succulent prawns and crisp vegetables, paired with a zesty spicy tangerine sauce.



BY
FRANKO SEBY
— RECIPE CREATOR —



INGREDIENTS

For the Sushi Roll

Ingredient	Quantity
Tapioca (cassava)	500 g
Medium prawns (ebi), cleaned & cooked	12 nos
Nori sheets	2 nos
Cucumber, julienned	1 no
Carrot, julienned	1 no
Rice vinegar	1 tbsp
Sugar	1 tsp
Salt	½ tsp
Sesame seeds	1 tbsp

For the Spicy Tangerine Sauce (Supaishina Tanjerisosu)

Ingredient	Quantity
Tangerine juice	100 ml
Tangerine zest	1 tsp
Soy sauce	1 tbsp
Honey	1 tbsp
Sriracha / chili sauce	1 tbsp
Cornflour	1 tsp
Water	2 tbsp

Garnish

Ingredient	Quantity
Spring onion, finely sliced	2 tbsp
White & black sesame seeds	1 tsp
Pickled ginger	As required

METHOD OF PREPARATION

1 Prepare the Tapioca Base

- Peel and cut tapioca into pieces. Boil in salted water until soft (20–25 minutes).
- Drain and mash until smooth. Mix with rice vinegar, sugar, and salt.
- Allow to cool.

2 Prepare the Filling

- Cook the prawns by boiling or steaming until done.
- Slice cucumber and carrot into thin julienne strips.

3 Make the Sushi Roll

- Place a nori sheet on a bamboo sushi mat. Spread a thin, even layer of mashed tapioca.
- Arrange prawns, cucumber, and carrot in a line across the centre.
- Roll tightly using the mat and sprinkle sesame seeds on the outside.
- Refrigerate for 15 minutes, then slice each roll into 6 pieces.

4 Prepare the Spicy Tangerine Sauce

- Combine tangerine juice, zest, soy sauce, honey, and chili sauce in a saucepan.
- Bring to a gentle simmer. Mix cornflour with water and stir into the sauce.
- Stir until slightly thickened. Remove from heat and cool before serving.

CHEF'S TIP Cooling the tapioca mixture helps achieve the perfect roll texture.

BEST ENJOYED WITH Best enjoyed fresh with the spicy tangerine sauce.

Franko Seby





Ms Namitha Mohan

മനഃപ്രണയം



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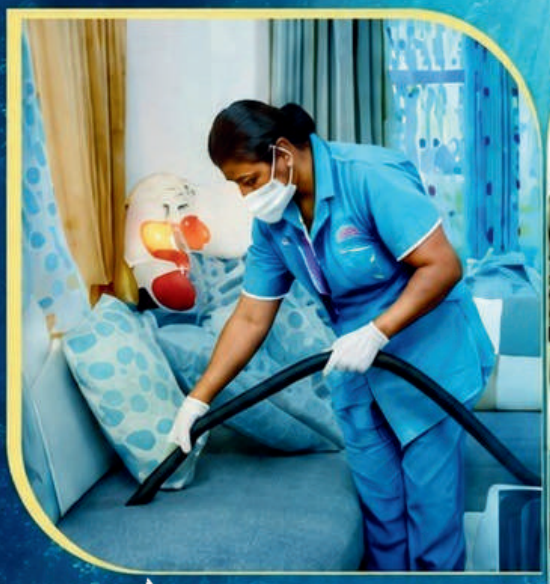
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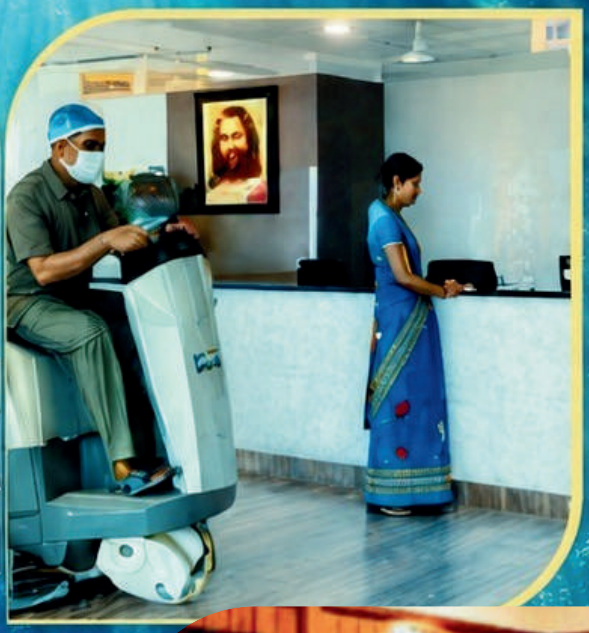
MEET THE TEAM

-"Great ideas grow when shared with the right team."



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