

## ANNUAL REPORT OF SWAS 2022-23

 Naipunnya®  
To reach the unreachable



**Faculty Coordinator: Ms. Reni V. Kalayil**

**SWAS Coordinator**

1. **Goonj** is a Non-Profit Organization, channelizing the unused material lying idle in urban homes, to the far-flung villages of India as an important economic resource. Starting October 2nd, 2022, Goonj volunteers were organizing collection drives in 31 cities across India. On 13 October 2022, our college has also become a part in the happiness with them through the material contributions. We have collected only new or the spare one or the best quality materials from the students. The student volunteers have gone to the classes for the announcement and the collection of materials. The students have contributed school materials, sarees, cotton clothes, kids wear, shirts, bed sheet, general clothing, pulses, utensils and crockery set. We have also received a contribution of Rs.710/-. Most of the students including the teachers have participated in this collection drive. The office representatives from Goonj, Kochi had come to the campus and collected the materials from the college on 13 October 2022.

The whole event was coordinated by the SWAS club and a team of student volunteers.

2. **Pratidhi** center for Happiness and Wellbeing focuses on the mental health and wellbeing of the students. The Center provides professional assistance and guidance to the students in resolving their personal or psychological problems.

The main focus areas are student counselling and parent counselling. The center is also open to any student who seeks help on their own or through teachers, guardians, or parents. The Center aims at providing a safe and conducive environment for students to share their grievances and upholds the confidentiality of every student.

The Center comprises of an experienced college student counselor and a social worker in the campus. Also a team of professional and qualified psychologists provides their service alternatively once in every week, dealing with mental health problems among young adults. The key features of the center are:

- Professional counselling and Therapy services
- Academic support
- Behavior management
- Career education
- Leadership development





- Crisis intervention
- Parent education
- One on one parent conferencing


Resource persons:

1. Ms. Reni V Kalayil, MSW Medical and psychiatric social work, Student counsellor, NIMIT
  2. Dr. Thomas Kallookaran MS, Ph.D in counselling psychology
  3. Dr. Joe Paul Kiriyanthan Ph.D in psychology
  4. Sr. Preetha CSN, Psychologist
  5. Mr. Roshan Thomas MSW, Family and child social worker.
3. Naipunnnya in association with SARATHI organized 'JEEVANAM 2.O' -X'mas celebration with the Auto drivers and Head load workers on 14/12/2022 (Wednesday) at 2.00pm at Saarang . We have conducted Jeevanam 2.O as a continuation of recognising the auto drivers and headload workers of our neighborhood. During 2021-2022, we have invited them and given a monetary contribution to them. This year, we have invited around 31 auto drivers and headload workers of Pongam on the day and celebrated X'mas together. We also provided Naipunnnya SARATHI membership card to the auto drivers.
4. **Rebuild Mission** is a social service project started in 2018. Under this mission several flood relief activities and philanthropic services during the pandemic were conducted. We have also constructed a house for a flood hit victim in 2020 in Attappadi. This year our college plans to construct a house for a deserving student. The total budget expected is Rs. 9, 00,000/-.
5. On 14 July 2022, our college conducted **Vecindario 2.0**, a SWAS initiative to honor our neighborhood. This program was conducted to honor Koratty police station for receiving the award for the best police station in the state by the Chief Minister of Kerala, Sri Pinarayi Vijayan. The program was held at Seminar Hall, Main block of Naipunnnya College, Pongam, at 11 am.

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6. **Snehasangamam** 2023. A unique and noble practice of Naipunnyans is to reach out to our brothers and sisters who are differently abled. The highlight of all our community outreach programmes is the conduct of Snehasangamam every year. This year, Snehasangamam 2023, held on Saturday 11/02/2023. This is a rare opportunity to welcome and interact with inmates of 25 institutions. We have provided 10kg rice and 8 kg pulses to each institution and given an individual gift pack of bed sheet and towel to each one who were present here for the day. Cine artist Mr. Bhagath Manuel was the guest for the day.

  
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**Fr. Dr. PAULACHAN K.J.**  
Principal