

**WOMEN CELL  
TRAINING ON SELF DEFENCE**

**Date of event: 09/12/22**

**Faculty In-charge: Dr. Purnima S Kumar, Ms. Joicy Joy**



**REPORT**

The Women Cell of Naipunnya Institute of Management and Information Technology organized a Training on Self Defence for I U.G students on the 12<sup>th</sup> of December from 2:00 PM to 3:00 PM in the MBA Seminar hall. The Resource person for the program was Mr. Aby John, Assistant Professor, NIMIT. He was a Taekwondo first Dan black belt state instructor and referee in MG University, as well as a university medal winner. Self-defence training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through this self defence training, the participants were taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. Self defence training techniques instills self confidence amongst girls and helps to promote girls' education. There were 25 participants and the session was fruitful for the students. The official programme ended with a National Anthem and the students thanked the instructor for being with them and enlightening them with the knowledge on self defence.

Prepared by:

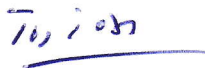


Dr.Purnima S Kumar &Ms.Joicy Joy

Event in charge

(Women cell Coordinators)

Verified by:



Dr. Joy Joseph Puthussery

(Dean of Studies)

Approved by:




Rev.Fr.Dr Paulachan KJ

(Principal)



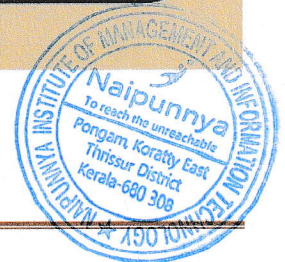
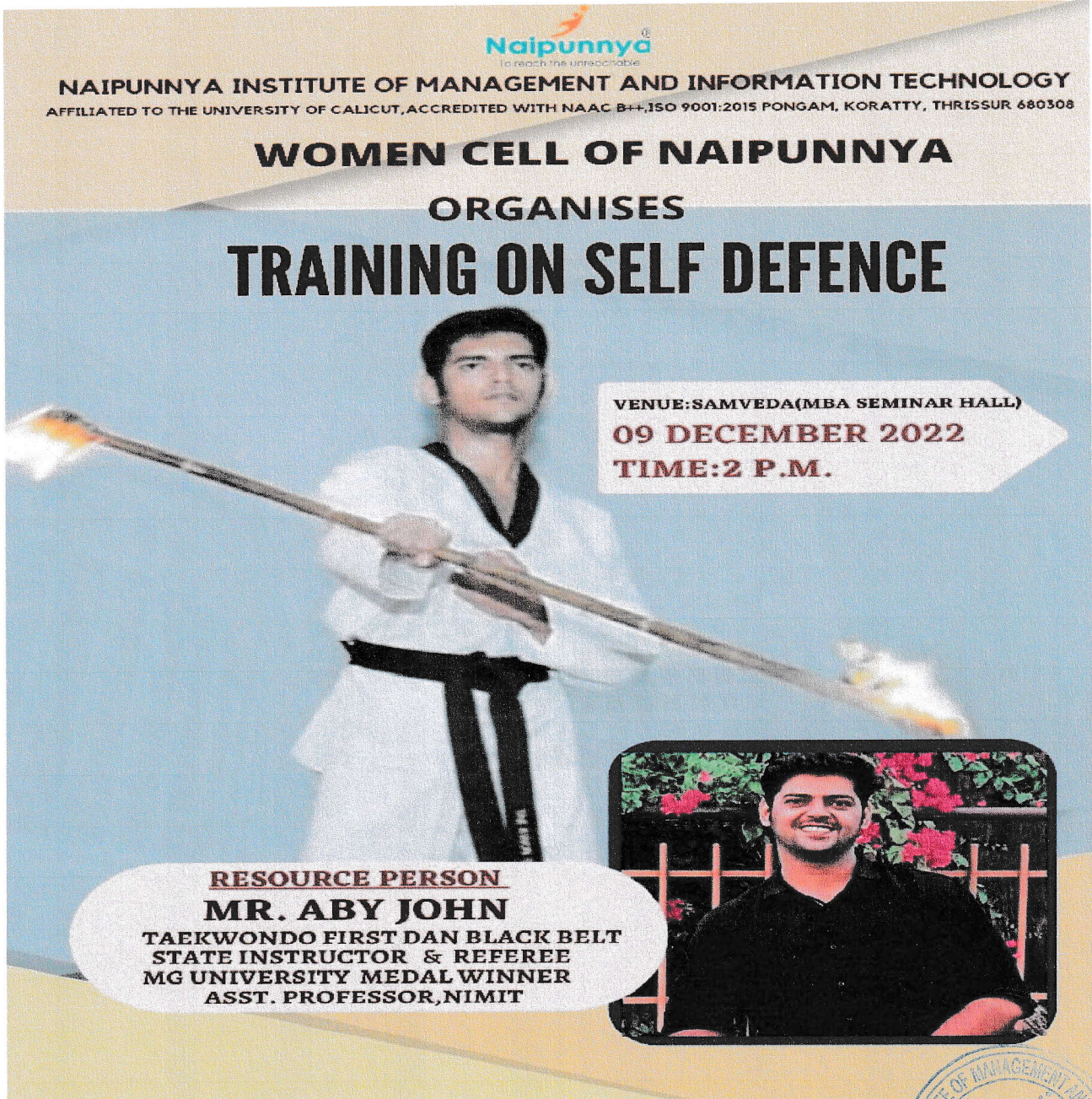
**BROCHURE**

  
**NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY**  
AFFILIATED TO THE UNIVERSITY OF CALICUT, ACCREDITED WITH NAAC B++, ISO 9001:2015 PONGAM, KORATTY, THRISSUR 680308

**WOMEN CELL OF NAIPUNNYA  
ORGANISES  
TRAINING ON SELF DEFENCE**

**VENUE: SAMVEDA (MBA SEMINAR HALL)  
09 DECEMBER 2022  
TIME: 2 P.M.**

**RESOURCE PERSON**  
**MR. ABY JOHN**  
TAEKWONDO FIRST DAN BLACK BELT  
STATE INSTRUCTOR & REFEREE  
MG UNIVERSITY MEDAL WINNER  
ASST. PROFESSOR, NIMIT



**PROGRAMME SCHEDULE**

**Women Cell  
Organises  
Training on Self Defence**

Date: 09/12/2022

Time: 2:00PM

Venue: MBA Seminar Hall

Prayer Song

: **Ms. Elza Biju**

(I BCA B)

Welcome address

: **Ms. Joicy Joy**

(Women cell coordinator)

Presidential address

: **Rev. Dr. Paulachan K.J**

(Principal & Executive Director)

Session by the Resource Person

: **Mr. Aby John**

(Taekwondo first dan black belt state

Instructor & referee MG University

Medal winner, Asst.

professor, NIMIT)

Vote of Thanks

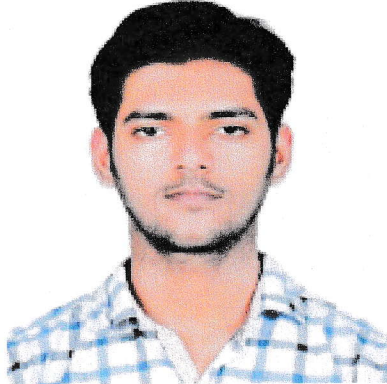
: **Ms. Elza Biju**

(I BCA B)

**National Anthem**



**RESOURCE PERSON'S PROFILE**



**Mr. Aby John**

Taekwondo first dan black belt state Instructor & referee  
MG University Medal winner,  
Asst. professor , Naipunnya Institute of Management and  
Information Technology, Pongam

Aby John is an Assistant Professor in the Post-Graduate Department of English, Naipunnya Institute of Management and Information Technology, Koratty. He bagged the prestigious Young Social Scientist Award - 2021 for his contributions in the realm of humanities and social science. He is a Cambridge Assessment Specialist (Cambridge Assessment International Education - IGCSE, AS & A Level English Language) and has authored two books entitled Language Recognition System: An Application Based Study with Special Reference to Sociolinguistics and Computational Linguistics (ISBN 978-93-91473-11-2) and Fanontan Decolonization and Purple Hibiscus (ISBN 978-93-91595-43-2).

He is the principal investigator of the funded research project, "Cultural and Linguistic Impediments in Translation". He also dons the role of the publisher and executive editor of International Journal of Humanities and Social Sciences Review (ISSN 2582 9106). Being the editorial board member and reviewer of several international journals, he could review articles for reputed databases. Altogether, he has published 18 research papers in peer-reviewed national, international, UGC - CARE listed and Scopus journals. Recently, he published four research papers as chapters in four edited books with ISBN. His areas of interest are ELT, ESP, cross-cultural business communication, applied sociolinguistics and post colonialism. Several international and national conferences have boosted his profile to a great extent. He is also a great contributor in the realm of language studies, human rights and sociolinguistics.



## PHOTOGRAPHS /SCREENSHOTS



**PARTICIPANT'S LIST**

**Name of the event: Self defence program**

**Date: 09/12/2022**

**Class: First year Students of NIMIT**

Sl. No.	Name	Class	Signature
1.	ALEXANDRIA JACOB	1BBA	
2.	DIVYA JOHN	1BBA	
3.	SHIYA SHIJU	1 B.com CA	
4.	ANN MARIA GEORGE	1 B.com CA	
5.	NIVEDHITA	I BSc CS	
6.	GAYATHRY DEVI P S	I BSc CS	
7.	AKSA MARIYA ANTU	I B.Com Fin A	
8.	SINTA BENNY	I B.Com Fin A	
9.	SHERIN SEBY	I B.Com Fin B	
10.	ANJANA V P	I B.Com Fin B	
11.	AISWARYA S	I BCA B	
12.	MERIN ANNA	I BCA B	
13.	H KEERTHANA	I BA English	
14.	HENA	I BA English	
15.	SNEHA SANTHOSH	I BCA A	
16.	SARANYA	I BCA A	
17.	NANCY XAVIER	I MSc CS	
18.	JASEYA SEBASTIAN	I MSc CS	
19.	THANSIM HANNA	I MSc CS	
20.	ARCHANA	I M.Com	
21.	MANJU	I M.Com	
22.	DONA	I MA English	
23.	ELZA	I MA English	
24.	LITTY	I MA English	
25.	ZEBA	I MA English	
26.	Elza Biju	I BCA B	