

ASTRALIS

2025





NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY

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Naipunnya

To reach the unreachable
(AUTONOMOUS)





HIS HOLINESS
POPE LEO XIV



His Beatitude
Mar Raphael Thattil
Major Archbishop
Ernakulam-Angamaly Archeparchy



His Excellency
Mar Bosco Puthur
Apostolic Administrator
Ernakulam-Angamaly Archeparchy



POPE FRANCIS

1936-2025

Rest in Peace

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JEEVANI

HOTEL MANAGEMENT BLOCK



NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)

Pongam, Koratty East, Thrissur District, Kerala State - 680 308.



A PROUD MOMENT
UNIVERSITY GRANTS COMMISSION
HAS CONFERRED
AUTONOMOUS
STATUS FOR 10 YEARS
(2025-2035)



**The Management extends its Gratitude to
Staff, Students, Parents, Alumni and
other Well-wishers of the Institution**

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I, Rev. Fr. Dr. Paul Kaithottungal, hereby declare that given information is true to the best of my knowledge and belief

Sd/-

Principal and Executive Director

CANDELABRA *Of* NIMIT



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DIRECTOR, HRD & IT



MR. JIMMY JOSEPH
FINANCE MANAGER



MR. POULOSE C V
SUPERINTENDENT

Editor's Eye



Astralis is our shared telescope. It urges us to dream big, just as we gaze boldly into that vast space. The magazine illuminates stories, concepts, and imagination that light up as intensely as the universe above. Just as once the stars navigated explorers through uncharted seas, here our students and teachers map new intellectual and creative boundaries.

Like separate stars forming constellations, your successes weave together into tales of purpose, curiosity, and growth. Let Astralis be the daily reminder we need to remember that each of us carries a spark as steady as any distant sun.

United, we push past textbooks, carve out paths beyond the usual, and honor the stellar name this magazine proudly carries.

Astralis is the result of remarkable teamwork and unwavering dedication.

Writers, editors, designers, contributors came together, each playing a vital role in shaping this publication. My heartfelt thanks to the magazine committee members for their enthusiasm and commitment throughout this journey. I'm also deeply grateful to the management and faculty for their constant guidance and support.

May this edition encourage you to look upward and inward, to keep asking questions instead of settling, to reach for something higher, and to uncover the light that shows the world who you really are.

Happy reading!

Ms. Sreelakshmi K
Managing Editor

Editor's Eye



You got to try and reach for the stars or try and achieve the unreachable". These very inspiring words are true testimonials by Cathy Freeman. The name of our magazine is derived from the Latin word "astrum" meaning star. Since the word directly refers to the stars which always have an influence on everyone to reach something that our mind thinks is impossible. The star shines brightly. Even the sun is one of the stars in the universe which gives light to the earth. Combining these interpretations, Astralis symbolises that there are many varieties of stars and different types of stars. It can influence or can create an aura to reach the star or the unreachable. The verses, tales and accomplishments comprised in this publication is an embodiment of the teamwork of the students in our college to craft this magazine. We hope our stories bring out the will in you to collaborate and work towards reaching the star. Here's to the amazing collection of creativity, partnership and talent!

Happy reading!

Ms. Arthana Binoy
Student Editor



Principal & Executive Director

Rev. Fr. Dr. Paul Kaithottungal

My Dear Students, Faculty Team and Readers,
It gives me immense pleasure to pen this message for our college magazine, ASTRALIS, a vibrant platform that reflects the spirit, talent, and intellectual energy of our institution. The name ASTRALIS, meaning “of the stars,” perfectly symbolizes the aspirations and potential of our students. Just as stars illuminate the night sky, our students continue to shine through their academic achievements, creative expressions, and commitment to excellence. This magazine stands as a testament to their journeys, both within and beyond the classroom.

I am proud to note the remarkable strides Naipunnya has made over the years, especially in its journey toward becoming an autonomous institution. The conferment of Autonomous Status marks a new chapter in our history, empowering us to innovate in our academic offerings, enhance the quality of teaching and learning, and introduce student-centric reforms that reflect the needs of a dynamic and evolving world. This growth is a collective achievement and a reflection of the dedication of our management, staff, students, and stakeholders.



Adding to this pride, our college has also earned the prestigious A++ grade in the second cycle of NAAC accreditation, a recognition that places Naipunnya among the foremost institutions in Kerala. This milestone is not just a symbol of our academic strength but also a celebration of our shared vision for quality, excellence, and integrity. It underscores our unwavering commitment to providing an education that blends knowledge with values, preparing our students to be both competent professionals and compassionate individuals.

Education today, as we know, goes beyond books and examinations. It is about building character, nurturing creativity, cultivating sensitivity to society, and inspiring curiosity. I am proud to see that our college continues to uphold these values, providing a space where young minds are encouraged to explore, question, and grow. ASTRALIS captures these explorations and showcases the diverse voices of our vibrant community.

As we look ahead, we envision Naipunnya as a center of excellence that continually adapts to the changing academic and professional landscape. With autonomy comes greater responsibility—to uphold quality, foster innovation, and remain deeply rooted in our values. Together, as the Naipunnya family, we shall continue to illuminate new paths, inspiring every learner to reach for the stars while staying grounded in humility and purpose.

I extend my heartfelt appreciation to the editorial team, contributors, and faculty members who have worked diligently to bring this edition to life. Your efforts have ensured that ASTRALIS remains not just a magazine, but a reflection of our shared dreams and achievements. As you flip through these pages, may you find inspiration, pride, and a renewed sense of belonging to our ever-evolving academic family — one we hold very close to our hearts as the Naipunnya Family. Wishing you all continued success and brilliance in your journeys ahead.

With Warm Regards,
Fr. Paulachan



Vice Principal (Academics)

Ms. Teresa Parackal

Your struggle today is building your strength and story for tomorrow'

Being a part of the educational system, which allows everyone to realize their full potential and consequently alters people's attitudes, is an honor in my opinion. In line with educational policy, Naipunnya College works diligently to meet the evolving demands of the knowledge economy, ensuring that education remains relevant, meaningful, and transformative. I am happy to say that during the 2024–2025 academic year, significant progress was made in meeting the standards for blended learning that are essential to providing high-quality education.

Since exploration, creativity, and expression are the foundational elements of knowledge, new methods and curriculum materials have been introduced. Through participation in a range of intercollegiate festivals, seminars, workshops, outreach and internship programs organized by various associations, students have seized these chances to shine, making the academic year continuously engaging.



In addition to congratulating the achievers for their tireless efforts to improve the quality of education and secure the college's A++ NAAC certification, I would like to thank the mentors for their incredible support.

Adding to this proud moment, Naipunnya has been conferred with autonomous status, marking a significant milestone in our institutional journey. This achievement grants us the freedom to design innovative curricula, enhance experiential learning, and introduce student-centered approaches that align with global academic standards. It reflects not just institutional growth, but a shared vision that values creativity, collaboration, and excellence. Autonomy opens a path for us to continue redefining education—one that is flexible, inclusive, and future-ready.

The administration and staff at NIMIT harness the creative energy of the academic community to create the most beautiful exhibits on campus. These exhibits capture the essence of the students' inspired imaginations in lush, clean settings, and they firmly believe in the magazine's title, which states that the stars evoke the sense of beauty of the world, which cannot shine without darkness. ASTRALIS 2025 features articles, reports, and photographs documenting the achievements and contributions of our staff and students, which is undoubtedly a result of our shared journey, encouraging us to use every hardship as motivation and every fear as fuel, and insisting that we allow our resentment to refine us rather than define us.

As we continue to advance as an autonomous and A++-accredited institution, our focus remains on nurturing minds that think critically, act ethically, and serve responsibly. Each step forward is a collective victory—a reflection of the harmony between vision, effort, and belief that defines the Naipunnya family. Let ASTRALIS 2025 be a reminder of our strength, unity, and limitless potential.

A huge thank you to the Editorial Board for their outstanding work, and best wishes to all the readers. May this edition of ASTRALIS inspire every member of our community to dream higher, work harder, and continue to shine among the stars.

Thank you,
Ms. Teresa Parackal
Vice Principal (Academics)



Vice Principal (Campus Management)

Mr. Robert Fernandez

"Believe you can and you're halfway there." - Theodore Roosevelt

As we embark on a new academic year, I am thrilled to reflect on the achievements of Naipunnya College for the academic year 2024–2025. It has been an extraordinary year, marked by significant milestones and accomplishments that have taken us to new heights.

I am delighted to share that our college has attained the prestigious A++ NAAC grade after two successful peer visits. This remarkable achievement is a testament to our unwavering commitment to excellence in education and our relentless pursuit of quality. Our faculty and staff have worked tirelessly to ensure that our students receive the best possible education, and this recognition stands as a reflection of their hard work and dedication.

Another notable achievement is the opening of our new Hotel Management building in January 2025. This state-of-the-art facility provides our students with hands-on training and practical experience in the hospitality industry. We are confident that this will further enhance their skills and employability, preparing them for successful careers in hotel management and related fields.



Adding to our list of proud milestones, Naipunnya College has now been granted autonomous status, marking yet another major step forward in our journey of growth. Autonomy gives us the freedom to design innovative curricula, introduce industry-relevant courses, and implement student-centered learning practices. This recognition not only validates our consistent efforts toward academic excellence but also empowers us to create a more dynamic and responsive educational ecosystem.

Our college has always been committed to providing a holistic education that prepares students for life beyond academics. We continue to offer a range of programs and activities that foster intellectual, emotional, and social growth — including Earn while you Learn, Walk with the Scholar, peer teaching, bridge courses, and part-time jobs. These initiatives help our students develop essential life skills such as teamwork, leadership, and communication, shaping them into confident and responsible individuals.

As we look toward the future, we remain guided by our vision of nurturing competence, compassion, and commitment in every student. We aspire to strengthen our academic and research culture, deepen our community engagement, and expand our global partnerships. Together, we will continue to uphold the Naipunnya spirit — where excellence meets purpose, and education transforms lives.

I would like to express my heartfelt gratitude to our faculty, staff, students, parents, and guardians for their steadfast support and contributions to our collective success. We are proud of our achievements and look forward to many more milestones in the years ahead.

I invite all aspiring students to join our vibrant community and experience the Naipunnya difference. We are committed to providing a supportive and inclusive learning environment that will help you achieve your goals and realize your fullest potential.

Robert Fernandez
Vice-Principal
Campus Management



Director of Examinations

Ms. Emily Ittiachan

In an ever-evolving world where opportunities abound, success hinges on one's ability to navigate complexity with clarity and purpose. The foundation of achievement lies not just in hard work, but in strategic thinking and adaptability—qualities that are becoming increasingly vital for students facing the demands of modern education.

Today's learners are informed, ambitious, and goal-oriented. While their paths may be well-defined, the journey often presents moments of uncertainty, particularly when preparing for examinations. During such times, access to the right resources and guidance becomes crucial. One of the most effective tools in this process is the use of previous year question papers, which help students understand examination patterns and structure—offering them a strategic edge in preparation.

At the heart of this academic support system is the Centre for Examinations, a pivotal arm of the institution that ensures seamless coordination and execution of both internal and external assessments. University question papers, received online, are securely printed by the Centre and made available in the library for reference. This initiative has proven invaluable in helping students align their preparation with academic expectations.



Each semester features two internal assessments, for which the Centre generates question papers using departmental question banks meticulously crafted in accordance with Bloom's Taxonomy. External examinations are organized in full compliance with the university's academic calendar, employing a barcoded system to uphold transparency and integrity.

Beyond examinations, the Centre also manages the logistics of academic assessments—ranging from seating arrangements and invigilation schedules to the sorting and secure packing of answer scripts. Post-assessment, the scripts are dispatched via the postal system to designated university valuation camps.

The academic year 2024 - 2025 introduced a significant shift with the implementation of the Four-Year Undergraduate Programme (FYUGP). This curriculum reform not only brought a new academic structure but also required a corresponding transformation in assessment methodologies. The Centre for Examinations proactively adapted to these changes, ensuring that all new requirements were met with efficiency and professionalism.

Notably, the end-semester examinations of odd semesters (I, III, V, and VII) are now conducted at the college level, further emphasizing the Centre's role in maintaining academic rigor and administrative precision.

We extend heartfelt gratitude to all teaching and non-teaching staff members whose unwavering support and dedication have been instrumental in the smooth functioning of the Centre. As we step into a new academic chapter, the commitment to excellence remains our guiding principle.

Ms. Emily Ittiachan

Director, Centre of Examinations



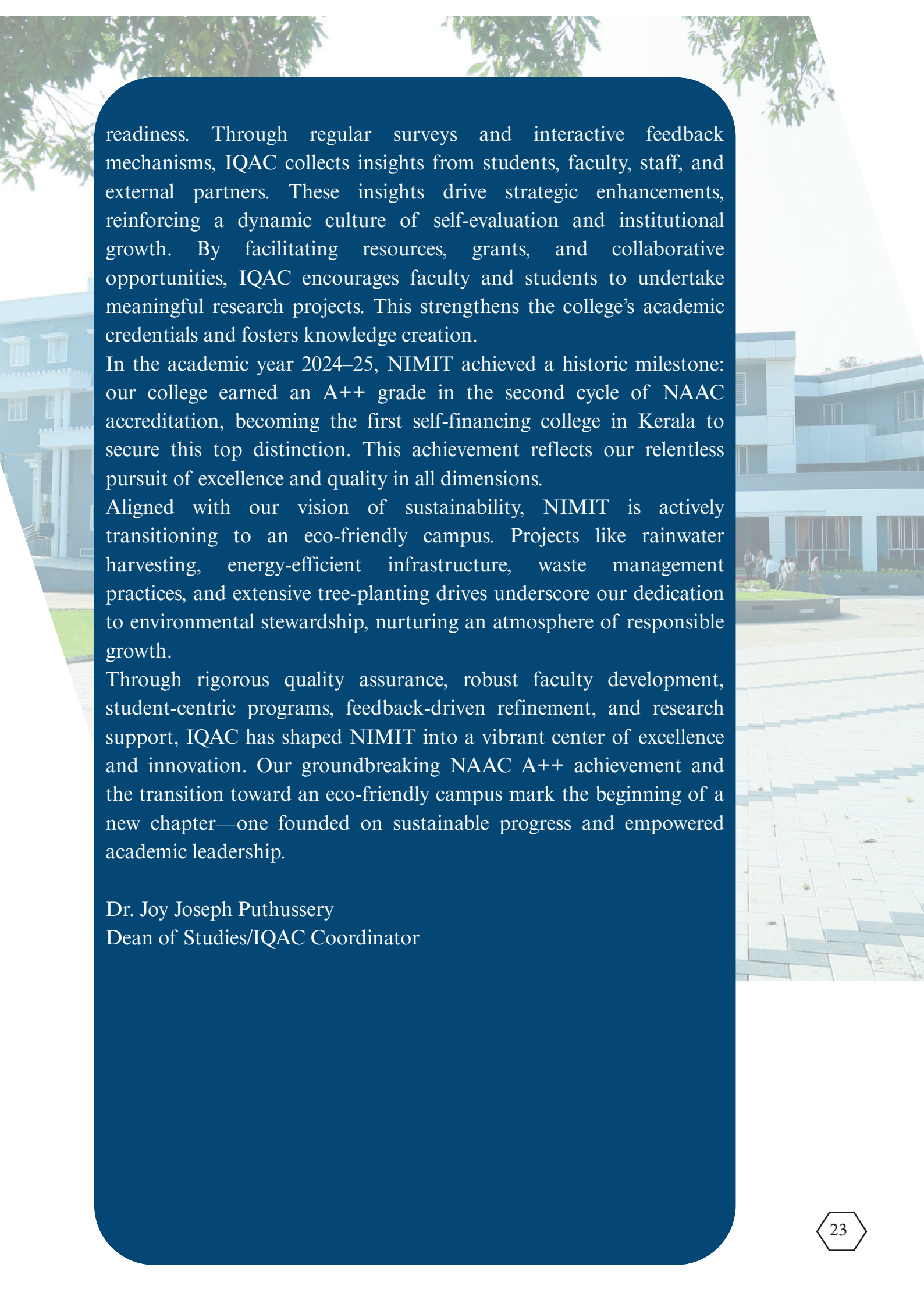
Dean of Studies & IQAC Coordinator

Dr. Joy Joseph Puthussery

The Internal Quality Assurance Cell (IQAC) at NIMIT has consistently led transformative initiatives that elevate academic excellence, institutional development, and the overall college experience for students, faculty, and staff. Its unwavering commitment to continuous improvement and innovation has become the hallmark of our institution.

IQAC ensures our academic programs maintain top-tier standards through rigorous internal audits, meticulous process monitoring, and strict compliance with defined criteria. This transparency enhances student learning and builds trust among stakeholders—parents, employers, and beyond. By organizing targeted workshops, seminars, and training in pedagogy, research methodologies, and technology, IQAC empowers our faculty with cutting-edge tools and best practices. This focus not only strengthens teaching quality but also fuels a progressive research and innovation environment on campus.

The cell promotes holistic student development via mentoring programs, career counseling, and personal-growth workshops—equipping learners with both academic knowledge and real-world



readiness. Through regular surveys and interactive feedback mechanisms, IQAC collects insights from students, faculty, staff, and external partners. These insights drive strategic enhancements, reinforcing a dynamic culture of self-evaluation and institutional growth. By facilitating resources, grants, and collaborative opportunities, IQAC encourages faculty and students to undertake meaningful research projects. This strengthens the college's academic credentials and fosters knowledge creation.

In the academic year 2024–25, NIMIT achieved a historic milestone: our college earned an A++ grade in the second cycle of NAAC accreditation, becoming the first self-financing college in Kerala to secure this top distinction. This achievement reflects our relentless pursuit of excellence and quality in all dimensions.

Aligned with our vision of sustainability, NIMIT is actively transitioning to an eco-friendly campus. Projects like rainwater harvesting, energy-efficient infrastructure, waste management practices, and extensive tree-planting drives underscore our dedication to environmental stewardship, nurturing an atmosphere of responsible growth.

Through rigorous quality assurance, robust faculty development, student-centric programs, feedback-driven refinement, and research support, IQAC has shaped NIMIT into a vibrant center of excellence and innovation. Our groundbreaking NAAC A++ achievement and the transition toward an eco-friendly campus mark the beginning of a new chapter—one founded on sustainable progress and empowered academic leadership.

Dr. Joy Joseph Puthussery
Dean of Studies/IQAC Coordinator



Academic Council



Management Team Members



Management Review



Naac Criteria Team Members



Teaching Staff



Non-Teaching Staff



Editorial Board



A Day To Remember **CONGRATULATIONS !**



B.H.A



B. Sc. HMCS (A)



B. Sc. HMCS(B)



B. Sc. HMCA



B.A. English



B. Sc. Computer Science



B.C.A



B.C.A. (B)



B. Com. Finance (A)



B.Com. Finance (B)



B.Com. Computer Application



B. Com. Cooperation



B.B.A

2024-25

ANNUAL REPORT



REV.FR. DR. PAUL KAITHOTTUNGAL
Principal & Executive Director

Vision & Mission

Our vision and mission are not just statements—they are our promise, the very heartbeat of Naipunnya. They guide us in empowering future leaders through transformative education, innovation, and integrity.

A Journey Through Time: Our History and Milestones

From a small seed sown in 1998, Naipunnya Institute of Management and Information Technology has flourished into a beacon of academic excellence by 2025. Let's take a quick look at our remarkable journey, marked by milestones that reflect our growth, transformation, and unwavering commitment to quality education. This extraordinary journey would not have been possible without the exceptional dedication, unwavering support, and heartfelt contributions of our esteemed faculty, staff, and students.

ACADEMIC LANDSCAPE

Naipunnya Institute has continued to shine as a beacon of academic excellence, nurturing minds and shaping futures. As we reflect on the academic year 2024-25, I am pleased to share that our vibrant community comprised 1,358 students, guided by a dedicated team of 75 faculty members and supported by 45 committed non-teaching staff. Together, they formed the very heart of our institution's success over the past year.

Pioneering Educational Initiatives:

This year marks a significant milestone as we launched the first batch of the Four-Year Undergraduate Program (FYUGP), in alignment with the National Education Policy (NEP) 2020. The Master of Social Work (MSW) program commenced in this academic year with a full-strength first batch, marking a significant milestone for the institution.

Academic Achievements and Results:

This year, we offered 23 add-on programs, enriching the academic journey and enhancing the skill sets of our students across disciplines. The college's Centre for Examination ensures a smooth and fair examination process by utilizing its proprietary software, *Exam Mate*.

Linways: The college upgraded to *Linways v4*, an advanced cloud-based Learning Management System. With features like attendance tracking, timetable management, and exam scheduling,

Outcome Based Education:

The college enhanced its commitment to Outcome-Based Education (OBE), aligning it with the New Education Policy (NEP).

University Results

The university examination results for the 2024 graduating batch have been exceptional, showcasing remarkable academic performance across the board.

- UG Commerce Programs: 92% pass rate
- PG Commerce: 72% pass rate
- UG Computer Science: 95% pass rate
- PG Computer Science: 100% pass rate
- UG English Department: 100% pass rate

- PG English Department: 100% pass rate
- UG Hotel Management Programs: 96% pass rate

In recognition of their outstanding achievements, 20 students from the 2021-2024 batch earned prestigious university ranks.

- BHA: First six ranks
- BCA: 2nd, 4th, and 6th ranks
- B.Sc. HMCS: 2nd, 3rd, 5th, 6th, 8th, and 10th ranks
- B.Sc. HMCA: 1st, 4th, 5th, 6th, and 7th ranks

Student Training Activities

The Department of Training & Development delivered a dynamic range of tailored sessions designed to unlock students' full potential and elevate both their professional and personal growth. Through 19 diverse initiatives, participants gained invaluable hands-on experience, honing essential skills.

- 19 Training Initiatives
- Skill Enrichment Program
- Leaders Thrive
- YES
- Meraki

Placement Initiatives

The placement drive progressed actively, with a strong focus on career preparation and industry engagement. Key activities included career guidance sessions, industrial interactions, mock interviews, and Industrial Exposure Training (IET).

Faculty Development and Staff Training:

To kick off the academic year, we hosted an engaging Faculty Rejuvenation Program. Throughout the year, we further reinforced this commitment by organizing 6 dynamic Faculty Development and Faculty Enrichment Programs, ensuring our teaching staff remains at the forefront of educational practices.

strengthened academic collaboration by conducting 8 faculty exchange programs.

Research Activity Report – 2024-25

This year, we made a significant leap by establishing the Naipunnya Research Centre, aimed at cultivating a robust research culture on campus. Throughout the year, the Research Committee organized 9 research-focused workshops for faculty and students.

Faculty members made notable contributions to academic scholarship, publishing 42 research papers in UGC CARE, ISSN, and ISBN journals, underscoring their dedication to knowledge creation. Additionally, we strengthened academic collaboration by conducting 8 faculty exchange programs.

Scholarships:

The institution has provided significant financial support to students through scholarships across various categories, including Merit, Sports, Girl Students, and Economically Weaker Sections (EWS). In 2024-25 approximately ₹35 lakhs was awarded, enabling deserving students to pursue their education without financial barriers. In conclusion we assure you that we will continue to nurture excellence.

CAMPUS INITIATIVES

Progressive Reforms for a Dynamic Campus

In our continuous effort to adapt to the evolving needs of our students, several key reforms were introduced during the academic year:

- Relaxed Mobile Phone Policy:
- Digital Canteen Payments: Canteen payments are now fully digitalized,
- Dress Code Flexibility: Students are now allowed to wear smart casuals every Wednesday.

World Record:

The Department of Hotel Management set two new world records, including the longest Tikka and the most varieties of Chicken Tikka, both recognized by the Universal Record Forum on November 8, 2024.

SWAS (Service with a Smile): Our Commitment to Community

In the 2024-25 academic year, our students organized over 160 outreach and extension activities, showcasing compassion, leadership, and service.

- Share a Meal Program: A heartwarming initiative where students shared meals with those in need, promoting a culture of empathy and generosity.
- Adoption of Pakalveedu centres: The institution adopted two Pakalveedu centers in Koratty Panchayath,

Clubs & Cells

Our institution proudly hosts 11 dynamic clubs and 13 active cells, each dedicated to the holistic development of our students and enriching their academic journey.

College Events

The academic year began with Vidyarambham ‘ Nidarshana’ and continued with a series of departmental and general events, culminating in the Annual Day. The campus also celebrated a mix of cultural and national festivals, along with 35 commemorative days, fostering diversity and inclusion.

Our flagship event, Snehasangamam, alongside the Mar Antony Padiyara Lecture Series—held in honor of our founding father—was a remarkable success. The blessing of the new HM block, the grand conclusion of our silver jubilee celebrations, and the announcement of our NAAC grade, all celebrated together under the theme "Crescendo

SPORTS ACHIEVEMENT

The Department of Physical Education at Naipunnya College actively participated in various tournaments, including Calicut University’s D’zone, State, and National events. We also hosted the Inter-University National Women’s Netball Championship with 48+ universities, where our students were part of the winning University of Calicut team.

The department has excelled with 14 students securing first place in national competitions, 26 representing Calicut University in All India Inter-University tournaments, and 48 first-place, 20 second-place, and 3 third-place finishes across various events. These achievements highlight the dedication of the management, skilled coaches, and the steadfast support of faculty and the local community.

The college has steadily improved its university ranking, securing seventh in the Overall Aggregate Championship and sixth in Overall Women's Performance. The 2024-25 academic year reflected our vibrant spirit, dynamic reforms, and dedication to holistic education.

NATIONAL SERVICE SCHEME (NSS)

At NIMIT, the National Service Scheme (NSS) embodies compassion in action. In 2024–25, our volunteers led impactful initiatives in environmental conservation, health, education, and social welfare.

Environmental Efforts included tree planting, clean-up drives at bus stops, college entrances, and highways, as well as beautifying Moodapuzha Check Dam and cleaning Karukutty Railway Station, Gandhigram Hospital, and Naipunnya Nagar. A vegetable garden was set up at St. Mary's L.P. School, East Koratty.

Health Campaigns featured a blood donation camp with Govt. Hospital, Aluva (50 units collected), deworming drives with FHC Nalukettu, International Yoga Day sessions, and AIDS and eye donation awareness programs.

Social Outreach included Pothichoru food drives at Kripasadan and Koratty, book donations to MAMHS, a ₹1 lakh contribution to the Wayanad Rebuild Mission, and ₹5,000 to Govt. HSS Palissery. Under the Digi Keralam project, we ran digital awareness sessions and conducted skill-building workshops on paper bag making and brochure design.

Cultural & Patriotic Engagements saw volunteers participate in national festivals, conduct anti-drug awareness programs with Kerala Excise and DARE Club, and stage a powerful awareness dance.

Achievements included Allan V L's selection for the Pre-RD Parade (University and South Zone levels), Ebin Shaijan's performance at Guernika Kalolsavam, and enthusiastic participation in the Viksit Bharat Quiz Challenge.

STUDENT UNION

At Naipunnya Institute, democracy is lived through the Student Union Elections, conducted as per University of Calicut guidelines to ensure transparency and fairness. The *Face 2 Face* program before the elections gave students a platform to meet candidates, understand their goals, and engage in dialogue before electing representatives to 12 key positions.

The oath-taking ceremony on Union Day marked the start of a dynamic term. Rebranded as *LEGADO*, Union Day featured the promotion of the movie *MARCO*, adding vibrancy to the occasion. The Union was instrumental in organizing major events including *LAQSHYA* (Management Fest), *Vismaya* (Arts Fest), *Nativity*, *VIVA* (Sports Day), and *College Day*.

Beyond events, the Union actively addressed student concerns, promoting dialogue and solutions. It continues to uphold student interests and foster a culture of unity and excellence.

NAIPUNNYA BUSINESS SCHOOL (NBS)

Since its inception in 2012, Naipunnya Business School (NBS) has built a strong reputation through visionary leadership and innovation. In 2024–25, several initiatives enriched the academic experience:

The *Vihaan* ceremony on August 6 welcomed new students, with Prof. Dr. Sam Thomas (CUSAT) as chief guest. A 15-day induction from August 21 featured foundation courses, co-curricular sessions, remedial classes, and exams. The *Mentoring for Transformation* program paired students with faculty for weekly, goal-oriented mentoring across academic and co-curricular areas.

Through the *Institute-Industry Interaction* program, students engaged with industry leaders—CEOs, managers, and entrepreneurs—for practical insights. Semester 1 also featured a 3-day Outbound Training at Leap Outbound, Coimbatore, focusing on leadership and team-building.

The Marketing, Finance, and HR clubs, along with entrepreneurship training, fostered innovation and enterprise. Upholding its social responsibility, NBS organized the *Hastham* rural camp at Athirappilly Panchayat, involving students in meaningful community engagement.

INSTITUTIONAL DEVELOPMENT PLAN

For 25 years, Naipunnya has been dedicated to academic excellence, research, innovation, and holistic development. Our 15-year Institutional Development Plan outlines sustainable growth through improved infrastructure, research, and curriculum. In 2025–26, we will launch two new programs—BSW and B.Sc. in Costume and Fashion Designing—bringing our total to 16 UG and 4 PG courses under the University of Calicut. A key upcoming milestone is our pursuit of autonomous status, aimed at enhancing academic flexibility and quality.

Rev. Fr. Dr. Paulachan K. J.

Principal & Executive Director

DEPARTMENT OF HOTEL MANAGEMENT

Academic Year 2024–2025: A Year of Transformation, Triumph, and Trailblazing Endeavours

The academic year 2024–2025 was a milestone for the Department of Hotel Management, marked by growth, innovation, and excellence. With a strong commitment to professionalism and global standards, the department enhanced its academic and extracurricular offerings through advanced facilities and skilled trainers aligned with its vision and mission.

A key highlight was the inauguration of the new Hotel Management Block on 29th January 2025, equipped with modern laboratories that provide hands-on training matching international benchmarks.

Notable achievements include:

- Strong and consistent admissions across all programs,
- Comprehensive training collaborations with leading hotel chains,
- Outstanding university examination results,
- Progress towards excellent placement records.



MR. ROBERT FERNANDEZ
HOD, Hotel Management

These accomplishments were made possible through the dedicated efforts of faculty, students, and support from management and stakeholders.

Vision: To be a premier institute nurturing future leaders for the hospitality industry through close industry collaboration.

Mission: To train students with international-standard hospitality skills via committed trainers, industry partnerships, and fostering creativity and innovation.

Core Values: Professionalism, holistic development, quality hands-on training, social relevance, creativity, gender and social equity, integrity, and eco-friendly practices.

Academic Programs & Admissions (2024–25):

- BSc Hotel Management and Catering Science Honours: 95 admitted
- BSc Hotel Management and Culinary Arts Honours: 44 admitted
- Bachelor in Hotel Administration Honours: 42 admitted
- One-Year Diploma in Catering and Hotel Management: 42 admitted

Key MOUs & Linkages: Partnerships with reputed colleges, international hotel chains (Holiday Inn, InterContinental Dubai, Le Meridien, Crowne Plaza), and specialized training institutes.

University Results (Outgoing Batch 2021 Admissions):

- BSc HMCS VI Semester: 98% pass
- BSc HMCA VI Semester: 100% pass
- BHA VI Semester: 100% pass

The department conducted a wide range of academic and extracurricular events. Key experiential learning activities included a 20-week Industrial Exposure Training (Nov 1, 2024 – Mar 31, 2025), World Food Day and World Chef Day events, a hospitality skill competition (Meilleur Ouvrier), Phoenix management fest, and a study tour for second-year students. Theme dinners, workshops, and webinars were organised on chocolate making, wine pairing, flower arrangement, carving, and cocktails. A major highlight was the International Conference on Innovation and Transformation in the Hospitality and Tourism Industry held on November 11, 2024.

Participative learning initiatives involved bridge courses, alumni interactions, industrial visits, career guidance sessions, and food safety training. Problem-solving was promoted through class fests for all fourth-semester batches. Extension programmes included “Baker’s Delight,” housekeeping demonstrations, and etiquette training.

Several MOUs led to collaborative workshops and training sessions with institutions like Flair Wizard, the International School of Carving, Amal College, FHEMS, and the InterContinental Hotel Group in Kochi and Dubai. Best practices included “Earn While You Learn” (₹6 lakhs disbursed), “Share A Meal,” and WWS activities such as peer teaching, paper presentations, and catering.

We are committed to placing students in reputed hotel brands for Industrial Exposure Training (IET). The dedication of our students and strong academic-industry collaboration have earned us a respected reputation. The growing global hospitality sector presents excellent placement opportunities, with the 2021–2024 batch achieving 100% placement success. Of the 131 students in the 2021–2024 batch, 90 opted for placements and all were successfully placed in renowned hotel chains such as Marriott, Leela, ITC, Sheraton, Hilton, and Radisson, achieving 100% placement. Others pursued higher education.

As we reflect on the achievements of this academic year, we do so with immense pride and gratitude. This comprehensive report serves as a chronicle of our shared journey—a journey defined by excellence, innovation, and the pursuit of global standards in hospitality education.

Mr. Robert Fernandez
HOD, Hotel Management

Rank Holders 2021 Admission.

Congratulations
UNIVERSITY RANK HOLDERS BATCH 2021-2024

1st Rank	4th Rank	
		
ALEX PAUL B.Sc. HMCA	AAHAN SANTHOSH B.Sc. HMCA	
5th Rank	6th Rank	7th Rank
		
ALEN K JOY B.Sc. HMCA	JONATHAN THOTTUNGAL B.Sc. HMCA	J. AMINA B.Sc. HMCA

Congratulations on your remarkable achievement!

DEPARTMENT OF HOTEL MANAGEMENT
NAIPUNNYA INSTITUTE OF MANAGEMENT AND
INFORMATION TECHNOLOGY
(NIMIT)
 (Affiliated to University of Calicut, Accredited by NAAC with B++,
 ISO 9001-2015 certified)

Congratulations
UNIVERSITY RANK HOLDERS BATCH 2021-2024

2nd Rank	3rd Rank	5th Rank
		
SANJOE FRANCIS B.Sc. HMCS	NIVYA DILLO B.Sc. HMCS	LEO VARGHESE B.Sc. HMCS
6th Rank	8th Rank	10th Rank
		
ROBIN VARGHESE B.Sc. HMCS	JOYAL SAJI B.Sc. HMCS	ANNET K DAVIS B.Sc. HMCS

Congratulations on your remarkable achievement!

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PG DEPARTMENT OF COMMERCE

Annual Report 2024-2025

With a deep sense of contentment and gratitude to the God Almighty for showering his abundant blessings upon all the department endeavors, I am happy to present the achievements and the progress the department made during the academic year 2024-25 to improve the academic offerings and students' learning experiences.

Department – An Overview

The Department of Commerce has been scaling new heights since its inception. The department offers both UG and PG programs. At the undergraduate level, it offers B. Com with three specializations: Finance, Computer Applications, and Cooperation, along with BBA. At the postgraduate level, it offers M. Com with Finance as specialization. Currently, the department has 582 students enrolled in various UG programs and 15 students in the PG program. The department comprises 28 faculty members, of whom eight hold Ph.D. degrees and four have M.Phil. degrees.



DR. MATHEW JOSE K.
HOD, Commerce

University Results

The department achieved excellent pass rates in the sixth-semester exams: 100% in B. Com Finance, 95% in Computer Applications, 70% in Cooperation, and 92% in BBA. M.Com results are awaited.

Capability Enhancement

A Bridge Course on Accounting was conducted for 32 first-year non-commerce students. An ability test assessed first-year students in aptitude, IT, and GK, helping identify areas for improvement.

Four Add-on Courses for final-year UG students—Diploma in International Finance and Accounts, MS Excel, Capital Market, and GST with Tally—saw strong participation. For second-year students, courses in Logistics & Supply Chain Management, Event Management, Basics of Design, and Digital Marketing were offered.

The CMA professional course is ongoing for 12 students, with two completing it this year. ACCA and new courses in Logistics & Supply Chain Management and Aviation & Airport Management were also introduced. All first-year students completed a language skill development certificate course.

Training Programmes

Students participated in various training programs including SEP, Meraki, Leading Hands Program, Super Sweeps, Be-Hub, and Power Talks. First-year students attended Induction and Orientation.

Career Guidance, Internship, and Placement

Career guidance sessions, including overseas education and MBA webinars, were held for final-year students. A 30-hour training program helped with competitive exams. Fifty-two students completed internships, and placements for final-year UG and PG students were highly successful.

Participative Learning/Interactive Learning

Alongside classroom sessions, students received practical exposure to work life through four sessions of Industry Interactions conducted by experts from various industries. A one-day workshop on share trading was also organized to assist students in understanding the stock market.

Club Activities

Two important clubs function within the department: The Entrepreneurship Development Club and the Quiz Club.

The Entrepreneurship Development Club (ED Club) organized various programs under the 'Earn While Learn' initiative, with active student participation. Major activities included the Onam Chanda, Christmas Fair, and the weekly Friday Market. These events helped 228 students earn a total of Rs. 182,000/- during the academic year.

The 'Flair Com' Quiz Club motivates, inspires, and rewards students' quest for knowledge. In collaboration with "Swaraj," the Independence Day celebrations, the club conducted a quiz competition on 'Indian Independence Day Related History.' Another quiz was held in association with 'Avani,' the Onam celebration.

Outreach Programme

Second-year students organized *Snehasagamam*, a day for differently-abled individuals, raising Rs. 20,000/- for the cause.

Research and Publication

Final-year UG and PG students carried out project work under faculty guidance. The Research Quality Assurance Cell (RQAC) monitored the quality of research. Both faculty members and students published papers in various UGC-recognized and other journals and participated enthusiastically in national and international seminars, workshops, and paper presentations.

This year was notable for the number of paper presentations and publications. The department published the proceedings of the national conference 'Dhanpath -25' with an ISBN number and the monthly journal 'El-Commercio.'

International/National Conference

The 'DHANPATH 2K25' International Conference on Sustainability, Innovation, and Social Responsibility was held in hybrid mode with 71 papers and 97 delegates.

Resonance 2K24

Resonance 2K24,' a national-level cultural and management fest, was organized by the department, providing a platform for students from various colleges to showcase their talents. A total of 125 students participated in five events.

Industrial Visit

An industrial visit in November gave 206 final-year students valuable practical exposure.

Book Distribution

Textbooks were distributed at concessional rates, with a total discount of around Rs. 50,000/- and free books for financially disadvantaged students.

Other Matters

- Three Faculty Exchange Programs were conducted under MoUs.
- Over eighty students participated in inter-collegiate fests across Kerala.
- An alumni meet was held.
- Regular mentoring and counseling services through *Prathidhi* were provided.
- Two Faculty Development Programs were organized.
- National Statistics Day was observed with a seminar and quiz.
- PTWA meetings were arranged.
- A three-day study tour for final-year students was conducted.

I thank Principal Rev. Fr. (Dr.) Paulachan Kaithottungal, management members, faculty, and students for their continuous support and cooperation throughout the year.

With regards,
Dr. Mathew Jose K.
HoD, Commerce

PG DEPT. OF COMPUTER SCIENCE



MR. JAYAKRISHNAN S
HoD, Computer Science

The academic year 2024–25 has been a remarkable journey for the P G Department of Computer Science, marked by a spectrum of academic, technical, outreach, and industry-linked initiatives. The Department remains committed to academic excellence and holistic student development through continuous innovation and community engagement.

Academic and Orientation Activities

The academic year commenced with an orientation session for newly admitted students of BSc Computer Science, BCA, and BSc IT. The session was led by Mr. Santosh Manavalan, Vice President – Client Delivery Consultant at NdimensionZ Solutions Pvt. Ltd., who provided a comprehensive overview of industry expectations and career paths in the IT domain.

Skill Development Initiatives

A hardware workshop was conducted for II semester students of BSc CS, BCA, and BSc IT, introducing them to essential hardware concepts and hands-on troubleshooting.

A four-day aptitude training program was organized for V semester students of BSc CS and BCA, covering logical reasoning, numerical aptitude, and problem-solving techniques.

To enhance technical capabilities and domain expertise:

- A 30-hour add-on course in Artificial Intelligence and Machine Learning was offered to V semester BSc CS and BCA students.
- A 30-hour add-on course in Python Programming was delivered to IV semester BSc CS, BCA, and BSc IT students.

Internships and Industry Exposure

To bridge the gap between academic learning and real-world applications:

- A 2-week virtual internship was facilitated for V semester students of BSc CS and BCA, offering hands-on project experience.
- A similar 2-week internship was extended to III semester students of BSc CS, BCA, and BSc IT to build early exposure to professional environments.

Certifications and Examinations

The department successfully coordinated the STED Council Examinations for the courses Python Programming and Artificial Intelligence and Machine Learning for III semester students of BSc CS, BCA, BSc IT and V semester students of BSc CS and BCA, respectively.

These assessments helped validate students' technical competencies with industry-recognized certifications.

Study Tours and Industrial Visits

A study tour was organized for V semester BSc CS and BCA students to Belur and Chikmagalur, enhancing experiential learning through historical and cultural immersion.

As a part of industrial visit, students of the V semester visited Webandcrafts (BCA) and ICT Academy (BSc CS). These industrial visits provided a closer look into live IT operations and company work cultures.

Extension and Outreach Activities

The department proudly launched E-assist, an extension initiative aimed at imparting basic computer literacy to the residents of neighboring wards in Koratty Panchayath. The program was well received and appreciated by the community and Panchayath members.

As part of social outreach, students visited various old age homes and orphanages, spending meaningful time with the residents and offering financial support to meet essential provisions.

Collaborative Engagement and Industry Interaction

Under the Faculty Exchange Programme, faculty members of the department were invited to deliver sessions at:

- Sahrdaya College of Advanced Studies, Kodakara
- ICK College, Thozhiyur
- Ansar College, Perumpilavu
- SNGIST, Manjaly

These sessions facilitated mutual academic enrichment and inter-institutional collaboration.

Student Achievements

Our students actively participated in multiple intercollegiate fests and brought laurels to the department by winning various competitions.

Two student teams also showcased their technical prowess in the prestigious Hackathon – Grand Tech Arena, where they presented innovative concepts, gaining valuable feedback and recognition.

Faculty Achievement

The department congratulates Mr. Deepak K V, who was awarded the Doctor of Philosophy (PhD) in Computer Science by Vinayaka Mission University, Salem. This achievement underscores the academic strength and research commitment of the department.

The P G Department of Computer Science continues to stand at the forefront of academic excellence, industry engagement, and community service. With a strong foundation built during the academic year 2024–25, the department looks forward to nurturing future-ready professionals equipped with knowledge, skills, and a sense of social responsibility.

Mr. Jayakrishnan S.
HoD, Computer Science

2024-25

PG DEPARTMENT OF ENGLISH



DR. PURNIMA S. KUMAR

HOD, English

As we embark upon a new academic year, it is an appropriate moment to reflect on the achievements, challenges, and noteworthy milestones that defined the department's journey throughout the academic year 2024–2025.

The college witnessed two NAAC Peer Team visits during its second cycle of accreditation. Faculty and students of the department were actively involved in preparing exhibits and presentations for the visits. The first visit took place on July 18th and 19th, followed by a revisit on November 28th and 29th. The college was accredited with an A++ grade and an impressive CGPA of 3.53, a remarkable achievement for both students and faculty.

The department celebrated the successful graduation of the third batch of M.A. English (2022–2024), with a 100% pass rate. Ms. Zeba Haneen was recognized as the Best Outgoing Student of the postgraduate batch.

The B.A. English students also passed with exemplary results at the university level, with Ms. Hena Jose named the Best Outgoing Student from the undergraduate program. The department was committed to academic support through remedial classes and peer teaching sessions for both literature students and those enrolled in common courses. Students from all undergraduate programs on campus benefited from these sessions, boosting their confidence and academic performance.

As planned at the start of the academic year, various academic initiatives were successfully carried out by the faculty and students. A Board of Studies meeting was held with Dr. Sajo Jose, Assistant Professor, Department of English, St. Joseph's College, Irinjalakuda, during which the blueprint for the upcoming year was discussed. The core focus was to introduce English add-on programs for all students in the department. Dr. Sajo Jose approved the syllabus designed by the department, and seven add-on programs were offered. The Research Committee remained active throughout the year, providing platforms for students and faculty to present and publish research papers in reputed journals. The department organized two student workshops—one on research writing and another on computer skills. The research writing workshop, conducted for both students and faculty, was led by Dr. Fr. Antony Jose, Director, Naipunnya Centre for Research. The computer skills workshop equipped students with valuable hands-on training in basic computational techniques.

The department, in collaboration with the Additional Languages Department and the College Library, organized Reading Week—Sameeksha. Inter-departmental competitions were held, and the program titled 'One Book, One Naipunnya' emerged as one of the most popular initiatives. It encouraged students to read a selected book each month and participate in a quiz based on it. Competitions were successfully conducted, and prizes were awarded to the winners.

An International Conference was organized by the department, featuring Dr. Nadia Ghounane from the University of Saida, Algeria as the resource person. Faculty and students from various colleges attended and presented papers. Selected papers were published in the conference proceedings.

The department also initiated Faculty Exchange Programs, conducting collaborative classes with neighboring colleges. It maintained a strong commitment to extension activities, particularly through spoken English sessions at Panchayat L.P. School, Koratty, facilitated by faculty and postgraduate students. These sessions were interactive and engaging, leaving a positive impact on the learners. During the college's Laqshya Techno-Cultural Management Fest, the department hosted Chutney Soca, a vibrant literary event. The one-day fest attracted participants from neighboring institutions and featured a variety of engaging literary competitions, with prizes awarded to winners.

Students were taken on cultural visits to places of literary significance, enhancing their experiential learning. Study tours were also organized, giving students the opportunity to explore and bond beyond the classroom. Additionally, outreach programs were conducted to old age homes and orphanages in the locality. Class teachers and students collaborated to raise funds and support the needs of the residents. The department also contributed books to the Moving Library at Devamatha Hospital, Koratty, replenishing its collection with donations from the department, college library, and voluntary contributions from faculty and students. The department co-organized Amrutham, a special program for the non-teaching staff, in association with the Additional Languages Department, further emphasizing inclusivity and community spirit on campus.

As the academic year draws to a close, I take this opportunity to express my sincere gratitude to the management, faculty, and students for their continued support and dedication. Their collective efforts have played a vital role in the department's successful journey throughout the year.

Dr. Purnima S. Kumar
HoD, English

DEPARTMENT OF ADDITIONAL LANGUAGES

The Department of Additional Languages had a very simple beginning in the academic year 2021–22. We have the second language common courses, which include Malayalam, Hindi, and French. The team members of the department are Dr. Tessy Poullose, Ms. Rejitha K. Ravi, Dr. Sonia S., Ms. Angel Mariam Rose, and Ms. Neethu Valsan.

We started the academic year 2024–25 with reading day programs on June 19, 2024, in association with the P.G. Department of English and the College Library.

A talk on the importance of reading was held by Ms. Jeetha Johny, HoD, Dept. of English, Prajyoti Niketan College, Pudukad. Various competitions were conducted during the reading week for NIMIT students.



MS. REJITHA K. RAVI
HOD, Additional Languages

Hindi Day is celebrated on September 14 every year in India. The Hindi language was declared the official language of the country on September 14, 1949. The Department of Additional Languages proudly conducted the Hindi Day Celebration, 'SAURABH 2024', on September 27, 2024. The students from all the departments joined together in the program, in which they spoke about the importance of Hindi. A music and dance performance was conducted with the songs in Hindi. A poster competition was also conducted related to Hindi Day, in which many students from various departments took part actively.

A workshop in French was conducted, on the topic 'Apprenons Le Francais a travers les courts-metrages.' The resource person was Dr. Shoba Liza John, Assistant Professor, HoD of Additional Languages, Sacred Heart College, Thevara. About one hundred students from different departments participated in the workshop. The workshop was very useful for the French-learning students.

The Foreign Language Course-Certificate Distribution Ceremony 'La Laurea' was conducted by the Foreign Language Cell on March 15, 2025, in which all those students who were studying the German, Italian, and French languages in addition were awarded the course certificate.

The Department organised an international-level multilingual webinar on March 15, 2025. Webinars were conducted in three languages. In the morning session, French and Hindi webinars were conducted, and in the afternoon session, Malayalam webinars were conducted.

For the French webinar, the resource person was Ms. Fadette Badie d'Arcis, an online French tutor from France. The topic was "Introduce Yourself in French with Confidence". In the session, the resource person dealt with learning French more effectively and practically for the students.

For the Hindi webinar, the resource person was Dr. Leena Samuel, Associate Professor, Department of Hindi, Panampilly Memorial Government College, Chalakudy, Thrissur. The topic was “Bharatiya Gyan Parampara Evam Hindi Sahitya.” In the informative session, the resource person dealt with the topic, taking examples from literature

For the Malayalam webinar, the resource person was Dr. Vishnu Raj P, Assistant Professor, Department of Malayalam, Sacred Heart College, Thevara. The topic was “Puthu Cinema: Janapriyathayude Rasatantrangaal’. In an informative session, the resource person dealt with the cinematic themes based on film clips from different Malayalam movies and gave an in-depth critical analysis on the topic.

The teachers of the department gave great support for all the activities held this academic year. On behalf of the department, I express my sincere gratitude to our principal, Rev. Fr. Dr. Paulachan, the management team members, and department teachers for their wholehearted support in the smooth functioning of the department.

With Regards

Ms.. Rejitha K. Ravi

HoD, Additional Languages

2024-25

PG DEPARTMENT OF SOCIAL WORK

Annual Report 2024-2025

In a rapidly changing world, social work stands as a vital profession, addressing inequality, mental health, displacement, and more. At the Naipunnya Institute of Management and Information Technology (NIMIT), the Department of Social Work nurtures changemakers—students who blend compassion with competence.

The Relevance of Social Work in Today's World

Social workers are essential in today's complex society, serving as policy influencers, rights advocates, and community mobilisers. In Kerala, their role is especially significant in addressing challenges related to migration, health, and social justice.



MS. JOYSHREE MONDAL
HOD, Social Work

Academic Programmes: Building Skills with Soul

Our department offers **Bachelor of Social Work (BSW)** and **Master of Social Work (MSW)** programmes.

- ◆ *BSW* introduces foundational concepts and includes community engagement, institutional visits, and mini projects.
- ◆ *MSW* provides advanced training with specialisations, intensive fieldwork, research, and seminars. Both programmes are rooted in experiential learning and ethical practice.

Fieldwork: The Soul of Social Work Education

Fieldwork is central to our curriculum. Students train in hospitals, schools, panchayats, mental health centres, de-addiction clinics, and NGOs, developing empathy and professional competence.

- ◆ *Rural camps like Rupandaram* offer immersive community experiences.
- ◆ Field roles include:
 - Community Development
 - Mental Health & Counselling
 - Disaster Relief
 - Women & Child Welfare
 - Support for Elderly & Differently-Abled

Core Principles and Ethics of Social Work

Our pedagogy is grounded in:

- Service • Social Justice • Dignity • Integrity • Competence • Human Relationships

Students also learn confidentiality, cultural competence, non-discrimination, and empowerment.

Signature Events & Highlights – 2024–2025

1. **Rupandaram 2K24 Rural Camp** – Community immersion at Kuttampuzha
2. **PG Bridge Programme & Initiation** – Orienting MSW students
3. **NAVADARSHIKA** – BSW batch inauguration
4. **Human Rights Seminar** – Talk by Mr. Aakar Patel
5. **Research Workshop** – Led by Rev. Fr. Dr. Antony Jose
6. **Mental Health Session** – Focus on resilience and well-being

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6. **Mental Health Session** – Focus on resilience and well-being

- **International Conference Participation** – Faculty and student research presentations
- **World Social Work Day Campaign** – Anti-drug mimes and awareness drives
- **PTWA Meeting** – Collaborative growth and feedback

The Contribution of Social Work to Society

Social workers transform lives—silently and significantly. From trauma counselling to disaster relief, from child protection to mental health advocacy, their impact is wide-reaching. NIMIT proudly prepares students to be part of this transformative force.

Scope and Career Opportunities in Social Work

Graduates find roles in:

- Healthcare • Education • NGOs • CSR • Public Policy • Research

Common roles:

- Case Manager • Counsellor • Community Officer • Project Coordinator • Human Rights Advocate

Opportunities also exist with international agencies like the UN and Red Cross.

Why Choose Social Work? A Message to Aspiring Students

If you care deeply about people and wish to make a difference, social work is your path. At NIMIT, you'll grow intellectually and emotionally, finding a purpose-driven profession and a community that supports your journey.

Looking Ahead: Our Vision for the Future

We aim to:

- Strengthen community partnerships
- Launch skill-based certificate courses
- Promote research and digital advocacy
- Host national and international seminars
- Build alumni mentorship platforms

An Invitation to Join the Movement

We welcome students, faculty, and collaborators to engage with our department. Social work is not just a profession—it's a mission to empower and uplift. Join us in creating a more compassionate and equitable world.

In Gratitude

I thank our dedicated faculty, inspiring students, and the supportive NIMIT community. The journey of social work is one of humility and transformation, and I am proud to walk this path with all of you.

Ms. Joyshree Mondal
HoD, Social Work

DEPARTMENT OF PHYSICAL EDUCATION

“Wellness is the way of life; fitness is the way of wellness”

Physical Education is an integral part of the total education system. It plays a vital role in achieving the ultimate aim of education — the holistic development of an individual. Games and sports are essential components of a student’s life. While academic excellence is crucial, participation in physical activities fosters physical fitness, mental well-being, teamwork, and resilience. Relying solely on study or work can lead to exhaustion and reduced efficiency. Sports help to relieve mental fatigue and refresh the mind. Education without sports is incomplete. Recognizing this, the Department of Physical Education and Sports at Naipunnaya College continues to be one of the most vibrant and dynamic departments on campus. It consistently strives for excellence and brings laurels to the institution with the constant support of the faculty and college management.



Ms. NIYA SCARIA
HOD, Physical Education

Upholding the spirit of “Sports for All,” the Department remained active throughout the academic year 2024–2025, organizing and participating in various competitions at the Calicut University D-Zone, Inter-Zone, District, State, National, and All India levels. It is a matter of immense pride that our students made memorable achievements across multiple platforms. These successes have been made possible through the dedicated efforts of the college management, experienced coaches, faculty members, and the wholehearted support of the local community.

During the year under review, our boys and girls excelled in various sports and games. Several of our talented athletes represented Kerala State in All India tournaments:

- 15 students secured first positions in national-level competitions.
- 26 students represented the University of Calicut in the All-India Inter-University tournaments.
- 21 students secured first positions, and 4 students won second positions in All India-level tournaments.

Outstanding Achievements:

Our students achieved remarkable success in various championships during 2024–2025. In the Calicut University Inter-Zone Netball Championship held at Sahridaya College, Kodakara, both the Men’s and Women’s Netball Teams secured third position. At the international level, Angel Paul represented India in the Kuala Lumpur International Tug of War Club Championship (2023–2024) and secured fourth position. In the Junior National Drop Roball Championship held in Uttar Pradesh, Fahad Kabeer A K won the gold medal. In the Senior National Drop Roball Championship (Haryana), Aneesha Ismaiel, Devika Sudheer, Sheethal M P, Diya K, and Ashna Maria Jose won gold in the team event and silver in mixed doubles. At the All-India Inter-University Drop Roball Championship, Akhila Hari K V, Aneesha Ismaiel, Sheethal M P, and Devapriya P M bagged gold in the team event and silver in mixed doubles.

In netball, Aleena Jose, Vaishnavi M, and Niya Scaria secured third position at the Senior Netball National Games in Goa. At the All-India Inter-University Netball Women's Championship hosted by Naipunnaya College, Anjana Lakshmi P S, Vaishnavi M, Aleena Jose, Irene Elsa John, and Ashna Maria Jose emerged champions. At the National Fast Five Netball Championship (Telangana), Akhil Antony won third position, while Archana Bineesh, Aleena Jose, and Vaishnavi M won first place. In the All-India Netball Championship 2024–2025 held in Rajasthan, Akhil Antony, Milam M. Saju, Juwel Varghese, and Abinand K. V. clinched the gold medal.

In Tug of War, at the All-India Inter-University Championship in Chennai, Devika S Nair and Angel Paul secured first position in the women's category, while Sourabh M B, Bebin Joseph, and Jestin John topped the men's event. At the National Senior Federation Cup (Arunachal Pradesh), Meetha Mamman and Angel Paul won gold in the women's championship; Angel Paul and Abhinav T Santhosh won gold in the mixed category, and Muhammad Faris, Jestin John, Sourabh M B, Bebin Joseph, and Amal Biju secured gold in the men's category. The same team also won silver in the Senior National Men's Tug of War, while Abhinav T Santhosh and Neethu Babu bagged second place in the Mixed category. In the National Championship held at Erode, Tamil Nadu, Meetha Mamman secured first place in the women's event. At the All-India Beach Tug of War Championships in Daman & Diu and Maharashtra, our teams, including Alphiya Jose, Devikrishna E S, Nikesh K Jayan, Angel Paul, Vyshnavi S, Amal Biju, Jestin John, Alent K M, Sreedevi K, and Muhammed Nashith, dominated with first positions across multiple categories.

In Korfball, Immanuel James, Roshal Babu, and Prince Thomas secured second position in the All-India Inter-University Championship held at Crescent University, Chennai, while three other players also represented the University of Calicut at the same event. At the Junior Nationals held at Amenity Public School, Rudrapur, Uttarakhand, Vishnu Dev (1st B. Com Finance), Rohan K Roy (2nd B. Com CA), Bichu B (2nd B.A. English), and Ashik Xavier Anil (2nd BCA) won the gold medal. In the 36th Senior National Korfball Championship, Immanuvel James (3rd B. Com Finance) and Joyal Mathew Jaimon (2nd BBA) represented Kerala and secured first position.

In junior championships, at the Junior Tug of War Nationals held at Chinchani Beach, Maharashtra, Harsha M S, Alfiya Jose, Prabhath Achari, Vismaya, and Malavika won the gold medal. At the 37th Senior National Tug of War Championship, Neethu Babu (2nd MBA) won gold in the Beach Women's category; Siva Sakthi, Kalai Selvi, and Sreedevi K won gold in the Beach Mixed category; Alphy Sibichan won gold in the Outdoor Women's category, and Amal Biju and Jinto Joy won bronze in the Outdoor Men's category. In the National Junior Drop Roball Championship (Varanasi), Finu Faran secured second position. A special note of pride goes to Ms. Ashna Maria Jose, a B. Com Co-operation graduate from Naipunnya Institute of Management and Information Technology, who represented India in the Hong Kong Bauhinia Cup 2025, held from June 5–8, 2025, and brought home the gold medal, marking a historic international victory for our institution.

In the All-India Netball Championship 2024–2025 held in Rajasthan, Akhil Antony, Milam M. Saju, Juwel Vergheese, and Abinand K. V. secured the gold medal. At the Junior Korfball Nationals in Rudrapur, Uttarakhand, Vishnu Dev (1st B. Com Finance), Rohan K Roy (2nd B. Com CA), Bichu B (2nd B.A. English), and Ashik Xavier Anil (2nd BCA) also won gold.

In the 36th Senior National Korfball Championship, Immanuvel James (3rd B. Com Finance, B Batch) and Joyal Mathew Jaimon (2nd BBA) represented Kerala, finishing first.

Ms. Ashna Maria Jose, a B. Com Co-operation graduate, represented India in the Hong Kong Bauhinia Cup 2025, held from June 5 to 8, and won the gold medal, bringing pride to the nation and the institution.

SPORTS ACHIEVEMENTS



2024-25



**Tug of War Men Team - Second Position - University of Calicut
Inter Zone Tug of War Championship 2024-25**



**Netball Men Team - Third Position - University of Calicut Inter
Zone Netball Championship 2024-25**



**Netball Women Team - Third Position - University of Calicut
Inter Zone Netball Championship 2024-25**



**Basketball Women Team University of Calicut Inter Zone
Basketball Championship 2024-25**



**Korfball (Mixed) Team - Third Position - University of Calicut
Inter Zone Korfball Championship 2024-25**



**Volleyball (Women) Team - Third Position - University of Calicut
Inter Zone Volleyball Championship 2024-25**



**Drop Roball (Men) Team - Third Position - University of Calicut
Inter Zone Drop Roball Championship 2024-25**



**Drop Roball (Women) Team - Second Position - University of
Calicut Inter Zone Drop Roball Championship 2024-25**



**Naipunnaya College Tug of War Women Team- Second Position-
University of Calicut Inter Zone Tug of War 2024-25**



Naipunnya College Football Men Team 2024-25



Naipunnya College Basketball Men Team 2024-25

DEPARTMENT OF TRAINING



MS. RAJANI STANLEY
HOD, Training

Empowering Futures at NIMIT

The Department of Training and Development at NIMIT remains dedicated to unlocking student potential and shaping future professionals. This year, we advanced our mission through impactful programs focused on skill enhancement, career readiness, and leadership growth.

At NIMIT, we believe the foundation shapes the future. This year, 471 first-year students began their journey with Nexus, our immersive orientation program crafted to spark confidence and connection. More than just an introduction, Nexus helped students understand academic expectations, navigate exam patterns, and feel at home within the vibrant NIMIT community—laying the groundwork for a purposeful and empowered college experience.

Our flagship Skill Enrichment Program (SEP) empowered students with vital soft skills, interview techniques, and domain expertise—supported by advanced tools like "Tell Me More" and the British Council's "Learn English." 356 final year students proudly earned their SEP certificates certified by STED council

In collaboration with Confido group, we hosted Finishing Touch, the dynamic interview training session designed to prepare final-year students to confidently face recruiters and stand out in a competitive job market. At NIMIT, we don't just train students—we transform them into industry-ready professionals.

To nurture academic excellence, the Walk with Scholars (WWS) program identified 104 high-performing students using a score-based selection system. These scholars benefited from two Expert Nxt events and a Student Guru session and focused on mentorship and skill development.

Expanding learning beyond campus, the Interuniversity Student Exchange Training Program, Youth Empowerment Series (YES) offered valuable exposure to different institutions and cultures, encouraging curiosity, adaptability, and a broader worldview. Along with the School of Professional Development at DIST, Angamaly, we also partnered with Sunspire Institute, Karukutty and hosted three successful YES series, helping students explore different learning experience

At NIMIT, we believe in creating spaces where students can lead, express, and evolve. This year, Meraki and Synergia—platforms for undergraduate and postgraduate students—allowed them to showcase their professional skills through research presentations, quizzes, roleplays, news reading and more. With 23 Meraki sessions and 1 Synergia session, creativity and collaboration thrived.

Through the Leading Hands Program (LHP), 40 students received leadership training via Aarambh and Leaders Thrive, empowering them to become change-makers. Additionally, the Be-Hub initiative introduced 6 transformative habits, inspiring students to embrace personal growth and positive change.

The Earn While Learn - Giftz Spot initiative empowers students to transform their creativity into income, offering handmade cakes, chocolates, ornamental fish, and custom portraits for sale during two special campus events. This platform not only supports student entrepreneurship but also strengthens the sense of community, providing students with the opportunity to connect and showcase their talents.

In addition, the Face 2 Face event before the college union elections gives students the chance to engage directly with candidates. This year, 16 candidates vied for 12 union council posts, with particularly fierce competition for the positions of chairperson, vice-chairperson, and joint secretary, reflecting the vibrant democratic spirit on campus.

Selezione, our department's prestigious search for the Best Outgoing Student, saw 16 finalists from 60 nominees. After rigorous evaluation, Ms Elza Biju (Computer Science) was named NIMIT's Best Outgoing Student for 2024-25. This year, we successfully hosted three editions of the "Connecting the Dots" training program, each meticulously crafted to provide global participants with valuable insights and equip them with essential skills.

We proudly facilitated student participation in 24 intercollegiate management fests across Kerala and beyond, where 241 students showcased their talents, earned numerous accolades, and gained invaluable exposure—enriching their personal growth and paving the way for their future careers. We celebrated 28 Commemorative Days, promoting awareness of global issues and cultural diversity, while 14 student-led assemblies honed public speaking and organizational skills.

These initiatives underscore our department's unwavering commitment to fostering a supportive and enriching learning environment—one that empowers students with the skills, knowledge, and experiences essential for future success. The accomplishments of our programs are a testament to the collective dedication, guidance, and encouragement of the entire Naipunnnya family. We extend our heartfelt gratitude to everyone who has contributed to this journey. As we look ahead, we remain inspired and determined to build on this momentum, striving for even greater achievements in the years to come.

Ms. Rajani Stanley
HoD, Training

DEPARTMENT OF INFORMATION TECHNOLOGY



MR. SHAJU P. M.
HOD – IT Department

The IT Department at NIMIT plays a vital role in monitoring and maintaining all computer systems, network services and devices, software, and other IT-related functions on campus. Our primary responsibilities include maintenance services covering hardware, networking, software, and the Internet of Things.

Hardware maintenance involves assembling and installing new computer systems, printers, and other electronic devices in the computer labs, classrooms, and staff rooms across all blocks. We have also taken active steps to improve the campus network facilities by ensuring efficient network connectivity and internet access. The department has played a key role in servicing and maintaining various hardware components.

To extend our expertise beyond the campus, the department has established NITCS (Naipunnya IT Consultancy Services), which provides consultancy services to other organizations. Our services include software and website development, KOHA and Moodle implementation and training, and Google applications training, among others.

The IT Apprenticeship Programme 2023, initiated by our department, follows the “earn while you learn” concept for Naipunnya students. This year, we successfully conducted the third phase of the programme, selecting five Computer Science students as apprentices. They work with the IT team after their regular class hours and receive a monthly stipend. The department has consistently demonstrated excellence in maintaining the E-College software “Linways”, which manages student information, attendance entries, marks tabulation, and more. In addition, we have developed two new software applications — SmartSupport and MentorMate.

- SmartSupport is designed for registering and monitoring IT, electrical, and plumbing-related complaints or requests to ensure efficient resolution.
- MentorMate streamlines the processing and documentation of student mentoring details.

We have also developed an admission software to collect and process new admission details, automatically generating ID cards and bus concession cards. Another achievement of the team is the successful development of the Student Feedback Software.

The department continuously supports the IQAC cell by uploading and maintaining NAAC-related documents and files.

The NOTE (Naipunnya Online Training and Examination) Centre, functioning under the IT Department, facilitates online examinations conducted by NSEIT, the IT division of the National Stock Exchange, for organizations such as the Indian Institute of Banking and Finance (IIBF), CAT, GAT, III, KEAM, FACT, and CUSAT. We also collaborate with other organizations including TCS, Avneer Business Chamber, Sify, Sai Educare, and Satvat.

As the world continues to advance rapidly in the field of Information Technology, we remain committed to updating our knowledge and skills in the latest software developments, implementing them within Naipunnya, and making technology more accessible and user-friendly for everyone.

Mr. Shaju P. M.
HOD – IT Department

PLACEMENT CELL



MR. RANJITH RAJAPPAN
Placement Officer

The Placement Cell at NIMIT serves as a vital link between job-seeking students and recruiters from various professional sectors. Managed by a dedicated Placement Team led by the Placement Officer, with support from faculty members and student placement coordinators across all departments, the cell plans and executes placement activities throughout the academic year. NIMIT offers academic programs including UG in Hotel Management, UG and PG in Commerce, UG and PG in English Literature, UG and PG in Computer Science, and a PG program in MBA. Each year, over 428 students graduate, becoming employable across diverse fields.

During the academic year 2024-25, the Placement Cell conducted numerous career guidance programs and campus placement drives. A significant number of students have been shortlisted and are awaiting final interview rounds even before their final exams.

From the Department of Hotel Management, 130 final-year students underwent Industrial Exposure Training (IET), completing it by the last week of April 2025. This was followed by external viva voce examinations conducted by Calicut University, along with submission of IET and project reports. Many Hotel Management students have already received offer letters through campus placement drives held during the academic year.

Prominent recruiters who visited the campus include VIVANTA by Taj, Trident Kochi, Holiday Inn Kochi, The Residency Tower properties at Rameshwaram, Chennai, and Coimbatore, Radisson Salem, and Renai Kochi. These employers offered positions such as 'Management Trainee' and other entry-level roles.

Placement activities for other departments are progressing concurrently. The primary focus of the Placement Cell is to prepare students to secure appropriate positions that match their skills and aspirations.

The Placement Cell functions under the following parameters:

- Collecting data on eligible candidates and companies each academic year
- Maintaining and updating the placement database regularly
- Preparing a pool of students from different disciplines
- Gathering information on new companies and job openings
- Providing training and career guidance to students at regular intervals
- Collecting details about job fairs
- Conducting job fairs and campus placement drives such as TAKSHAK
- Preparing students prior to placements through soft skills and career-based tutorials
- Coordinating with alumni groups for job opportunities and offerings
- Conducting online and offline interviews
- Providing end-to-end support throughout the placement process

Our Employer Associate Partners:



NATIONAL SERVICE SCHEME (NSS)



Ms. Emil George
NSS Programme Officer



Mr. Abin John
Asst. Programme Officer

The academic year 2024–2025 was marked by dedication, creativity, and impactful community engagement for NSS Unit No. 278 of Naipunnaya Institute of Management and Information Technology (NIMIT), Pongam, Koratty. Guided by the motto “*Not Me, But You*”, the unit conducted diverse activities promoting environmental protection, health awareness, national integration, skill development, and humanitarian service, in collaboration with government bodies, NGOs, and community organisations.

Environment and Health Awareness (June 2024)

The year began with programmes focusing on the environment and health. On June 5, Environment Day was observed with a Tree Plantation and Cleaning Drive. World Blood Donor Day, celebrated on June 13–14, included an interdepartmental quiz competition, won by Abhimanyu K. B. and Nandana M. S. (First Prize) and Hannah K. G. and Seethalakshmi N. R. (Second Prize), along with awareness sessions and the formation of a blood bank in Ward 11, Koratty. On June 20, International Yoga Day was organised at LF Sourabhya, Munnoorpilly, under the guidance of Rev. Fr. Baiju Varghese. The month concluded with an Anti-Drug Day awareness session on June 26 in collaboration with the Kerala Excise Department.

In July, the unit displayed its achievements during the NAAC Peer Team Visit on the 18th and 19th, earning appreciation. On August 5, Friendship Day was celebrated through classroom talks, band distribution, and inspirational quotes, spreading positivity. On the same day, an orientation for the Digi-Keralam Digital Awareness Survey was held, and volunteers also set up a vegetable garden at St. Mary's L. P. School, East Koratty.

The month also featured a cleaning drive at Karukutty Railway Station on August 9, followed by the Digi-Keralam Survey in Angamaly on August 10. Food distribution was carried out through the *Pothichoru* initiative on August 13, benefitting 50 people.

Independence Day on August 15 was marked with a march past, cultural programmes, and the felicitation of bravery award winner Mr. Aldrin Antu and ambulance driver Mr. Joyin Varghese. The day also included a cleaning drive at Gandhigram Government Hospital, as well as paper bag and brochure making workshops. The month concluded with an Eye Donation Awareness and Screening Programme on August 29 in association with FHC Nalukettu, where 50 volunteers pledged their eyes.

Fundraising and Capacity Building (September 2024)

On September 3, an orientation for first-year volunteers was conducted by Programme Officer Ms. Emil George. A Programme Officers' meeting at Chalakudy and the cleaning and beautification of Mudapuzha Check Dam followed on September 4. From September 6–10, a three-day fundraising film festival was organised featuring *Thattathin Marayathu*, *Kalkki*, and *Ghilli*. Proceeds were donated to the Wayanad Rebuild Mission. Volunteers also attended a training session on government services for the differently abled on September 10.

Further fundraising efforts included an Ice Cream Fiesta and Chips Sale on September 12 and an Onam Coupon Lucky Draw on September 30. Skill development and awareness activities included a Group Dynamics Session on September 24, the donation of 100 books to MAMHS Koratty on September 25, Digi-Keralam Training for Trainers on September 27, and an Anti-Drug Dance Performance at Athani on September 28.

Awareness, Leadership and National Integration (October 2024)

October began with Anti-Drug Awareness Day and Digi-Keralam classes at Koratty Panchayat on October 1. Gandhi Jayanti on October 2 was observed with food distribution at Kripasadan Old Age Home and an online quiz competition. Volunteers assisted in the College Union Election on October 10. From October 12–13, Jeswin Francis and Justine Shaju attended a Leaders Training Camp at Christ College, Irinjalakuda.

On October 15, a blood donation camp was held in collaboration with Government Hospital, Aluva, collecting 50 units of blood. A Programme Officers' District Meeting took place on October 17 at St. Joseph's College, Irinjalakuda. In the same month, Allan V. L. and Adith Shajan represented the unit at the district-level Pre-RD Parade selection at St. Thomas College, Thrissur, where Allan advanced to the University-level. On October 28, Allan was selected at the University of Calicut round to attend the NSS South Zone Pre-RD Parade Camp, bringing pride to the unit.

Representation, Health, and Fund Contribution (November–December 2024)

From November 5–14, Allan V. L. represented the unit at the NSS South Zone Pre-RD Parade Camp held at Davangere University, Karnataka. On November 15, volunteers attended an AIDS Awareness Programme featuring a *naadakavandi* theatre performance and took part in National Deworming Day, distributing 300 tablets to students. On November 23, Ebin Shaijan represented the unit in a pencil drawing competition at the Guernika Kalolsavam, Kozhikode.

All volunteers participated in the Viksit Bharat Quiz Challenge on November 28, followed by an exhibition during the NAAC Peer Team Revisit. On November 29, the unit proudly contributed ₹1,00,000 to the University NSS Coordinator as part of the Wayanad Rebuild Mission. December included a parents' meeting for the NSS Special Camp on the 17th and the inauguration of an open gym at Mudapuzha Check Dam on the 21st by MLA Sri. Saneesh Kumar Joseph. From December 21–27, the NSS Special Camp was conducted at Government High School, Palissery.

Celebrations, Community Service and Humanitarian Activities (January–March 2025)

On January 24, the unit contributed ₹5,000 to the Student Welfare Fund of Government High School, Palissery, and organised a video editing workshop by volunteer Sreerag C. Nair. Republic Day was celebrated on January 26 with a march past, cultural performances, and awards presented to Best Camper (Angelina Sajeev), Best Female Worker (Helna Thomas), and Best Male Worker (Ebin Shaijan). A fire and safety demonstration was also conducted, followed by a cleaning drive at Naipunnya Nagar.

In February, a series of cleaning drives were organised under the *Malinyamuktham Nava Keralam* campaign at Palamuri Navajeevan Anganwadi, Kripasadan Old Age Home, Anand Bhavan Orphanage, Koratty Railway Station, Angamaly Police Station, and bus stops. Alongside these drives, volunteers donated study materials, toys, clothes, and food packets, including *pothichoru* and buttermilk distribution. On February 15 and May 7, elderly picnics titled *Naalumanikkaattu* were organised in collaboration with Koratty Grama Panchayat, with visits to Fort Kochi, Vypin, Marine Drive, and Alappuzha. On February 24, the Best NSS Volunteer selection was held, and Allan V. L. was chosen for the honour.

The academic year concluded with a kidney donation awareness flashmob on March 13 at Koratty Junction, organised in collaboration with Little Flower Hospital and Research Centre, Angamaly.

The year showcased the NSS volunteers' consistent commitment to service, teamwork, and leadership. From disaster relief fundraising to health awareness and environmental action, every programme embodied empathy and responsibility. Achievements such as Allan V. L.'s national-level representation brought pride to the unit, while large-scale efforts like the Wayanad Rebuild Mission reflected the collective strength of the team.

With regards,

Ms. Emil George, NSS Programme Officer



Mr. Allan V L
Best NSS Volunteer
2024-2025



Ms. Angelina Sajeev
BEST CAMPER
NSS SPECIAL CAMPING PROGRAMME
21-27 December 2024
Held at Govt. High School, Palissery, Karukutty



Ms. Helna Thomas
BEST FEMALE WORKER
NSS SPECIAL CAMPING PROGRAMME
21-27 December 2024
Held at Govt. High School, Palissery, Karukutty



Mr. Ebin Shaijan
BEST MALE WORKER
NSS SPECIAL CAMPING PROGRAMME
21-27 December 2024
Held at Govt. High School, Palissery, Karukutty

BEST OUTGOING STUDENTS





ELIZABETH THOMAS

I am thrilled to share that I was honored with the Best Outstanding Student award from the Hotel Management department of Naipunnaya Institute of Management and Information Technology (NIMT), Pongam. This recognition is a testament to the dedication, passion, and hard work I've invested in pursuing excellence in hotel management.

During my time at NIMT Pongam, I had the opportunity to learn from experienced faculty, engage in hands-on training, and participate in various industry-oriented activities. The comprehensive curriculum of the Hotel Management program equipped me with both theoretical knowledge and practical skills essential for success in the hospitality industry.

Receiving this award is not just a personal achievement but also a reflection of the support and guidance I've received from my mentors, faculty members, and peers. It reinforces my passion for hospitality and motivates me to continue striving for excellence in my career.

I am grateful to the Department of Hotel Management for this recognition. It has boosted my confidence and fueled my aspirations to make a meaningful impact in the hospitality sector. I look forward to applying the skills and knowledge I've gained to contribute positively to future teams and organizations.

This award serves as a reminder of the importance of perseverance, teamwork, and a commitment to learning. I hope my experience inspires fellow students to pursue their passions with dedication and enthusiasm.

Thank you to everyone who has supported me in this journey.



LENA MARIA

Some journeys leave quiet imprints that stay with us long after they end, and for me, college has been one of those journeys. Over the past three years, I have gathered countless moments that have shaped me in ways I will always carry forward.

It was the people who made each day special—the teachers who valued even the smallest efforts, offering guidance that often spoke louder than any words in a book. It was the friends who turned ordinary days into treasured memories, standing by me through both small victories and challenging moments, making every experience brighter and more meaningful. Painting the wall for Arts Day alongside fellow artists, and speaking as the MC for both Arts Day and College Day, pushed me beyond my comfort zone and became defining moments of personal growth.

Academically, I flourished with the steady encouragement I received along the way. Our industrial visit remains one of my favorite memories, alongside the many celebrations that filled our campus with life and laughter. Preparing for the NAAC visit, working with my closest friends, and coordinating the finance game for our college fest—alongside teachers and classmates—taught me the true meaning of teamwork.

These years have been a beautiful blend of learning, creating, and discovering myself. Being recognized as the Best Outgoing Student from the Department of Commerce and Arts feels like a gentle reminder of this wonderful journey. The greatest reward has been knowing I made my family proud.

These memories have become a part of my heart—moments I will always hold close and cherish deeply. As I look ahead, I do so with courage, hope, and excitement for the path that lies ahead.



ALEENA DOMINIC

My three years at Naipunnya College, Pongam, have been simple yet truly memorable. I learned a great deal—not only from textbooks but also from the vibrant college environment that surrounded me. The teachers were always supportive, creating a friendly and encouraging atmosphere that helped me stay focused and motivated throughout my studies. I also had the chance to meet some wonderful classmates and build friendships that I will treasure forever. Looking back, I feel happy and proud to have been a part of this college community that has shaped me in so many meaningful ways.

These years have been a time of personal growth, where I discovered my strengths and faced challenges that helped me become more confident. The experiences I gained, both inside and outside the classroom, have prepared me well for the future. I am excited to take the next steps in my journey, carrying with me the lessons and memories from Naipunnya.



ALEENA JOY

Completing my Bachelor of Science in Computer Science at NIMIT has been an amazing experience. It was about much more than just classes and exams—it was about meeting new people, growing personally, and continuously learning new things. This journey helped me overcome fears, create lasting memories, and develop both my technical and interpersonal skills.

One important lesson I've learned during my college life is that success is not just about grades. Both hard skills and soft skills are equally vital for the future. Beyond academics, the support from faculty and friendships formed with classmates created a nurturing environment that encouraged me to step out of my comfort zone and embrace new challenges. These experiences have not only prepared me academically but also strengthened my confidence and resilience for the future.



AKHILA HARI K. V.

Studying at Naipunnya Institute of Management and Information Technology has been a truly life-changing experience for me. Being honored as the Best Outgoing Student from the English Department was a proud moment that reflected the strong academic support and encouragement I received throughout my time here.

Naipunnya not only helped me excel academically but also nurtured my passion for sports, allowing me to grow in both areas. The college played a significant role in enhancing my skills, boosting my confidence, and shaping my overall personality.

I am deeply grateful to all my teachers and mentors who guided me every step of the way. Naipunnya will always hold a special place in my heart for helping me become the person I am today.

Beyond academics and sports, the friendships and memories I have made here have enriched my college experience. The vibrant campus life, filled with celebrations and collaborative efforts, has taught me the true meaning of community and belonging. These moments will remain close to my heart as I step into the future with hope and determination.

COLLEGE UNION

2024-25

VOICES OF LEADERSHIP:

First of all, I sincerely thank all the students of Naipunnya Institute of Management and Information Technology, Pongam, for giving me the honour of serving as the College Union Chairperson for the academic year 2024–25. It has been a truly enriching and unforgettable journey—one that shaped me both as a leader and as a person.

This role came with its fair share of challenges and responsibilities, but it also gave me an incredible opportunity to grow. I learned how to face unexpected situations, how to listen and respond to the needs of others, and most importantly, how to bridge the gap between students and management. Building that trust and connection was something we always prioritised.

This journey had its share of ups and downs, but through it all, I received unwavering support from the management, my fellow union members, and the student community. I am especially thankful for the trust and freedom I was given—to think, to act, and to lead.

As I look back, I feel proud and grateful. This chapter will always remain close to my heart—not just for what we achieved, but for everything I learned along the way.

Our union inauguration was also a memorable day, filled with energy and promise. Interestingly, that day also marked a rare moment—a movie promotion event on campus after a very long time, which added to the excitement. Throughout the year, we strived to organise events that were not just fun and engaging but also inclusive and meaningful. We took feedback seriously, kept communication open, and tried our best to represent the voice of every student.



**With heartfelt thanks,
Manu A Pynadath
Union Chairperson, 2024–25
NIMIT, Pongam**



Hannah K. G.
Vice Chairperson

My journey as Vice Chairperson has been deeply transformative. Entering college felt like opening a new chapter—new faces, new routines, and a new version of myself waiting to be discovered. Entering college was a fresh beginning—new faces, new routines, and a new version of myself waiting to be discovered.

Leading the student union came with its own set of challenges—coordination across various departments, managing events, handling setbacks, and ensuring unity among a diverse student body. It wasn't always smooth; there were disagreements, delays, and disappointments.

But with each obstacle, we grew stronger. I realized that leadership is less about control and more about connection—about listening, adapting, and rising together. The support from fellow students was the most powerful force that kept us moving. Their strength, trust, and unity turned visions into action. Laqshya was a shining reflection of this spirit—a celebration of teamwork, creativity, and relentless student energy. Through every fall and rise, I've learned that when we move forward together, even the biggest dreams feel within reach.

Let's fly high with our wings with the thought that "OUR VOICES SHOULD BE AND WILL BE HEARD".



Samah, Union
Secretary

Being part of the college union has been both a rewarding and challenging journey. This role has helped me gain confidence, strengthen my leadership abilities, and work effectively as part of a team. Each event, meeting, and interaction taught me something new—about patience, cooperation, and the importance of listening to different perspectives.

There were moments of pressure and uncertainty, but they only made the achievements more meaningful. I learned that success is never the result of one person's effort, but the outcome of unity and shared commitment. Working alongside such passionate and dedicated peers has been truly inspiring.

It has been a journey of growth, where challenges became opportunities to learn and successes became moments to celebrate together. Above all, it has been a valuable experience that I will always cherish and carry with me into the future.



**Joseph Pankezhath,
General Secretary,**

Serving as General Secretary for the 2024–25 academic year has been an incredible journey. I have had the privilege of working closely with our esteemed Principal, dedicated faculty members, and enthusiastic fellow students to help foster a vibrant and inclusive college community.

In this role, I led student council initiatives aimed at promoting student welfare and engagement, collaborated with faculty and staff to organise events, workshops, and activities, and represented the student body by voicing concerns and suggestions to improve campus life.

These responsibilities allowed me to develop leadership, communication, and organisational skills, while also teaching me the value of teamwork, adaptability, and mutual respect. It has been a deeply rewarding experience—one that will remain a defining part of my college journey.

I am happy to have served as the University Union Councillor for the academic year 2024–25, a role that gave me a wide range of experiences through various programmes and activities. Acting as a channel between the students and the official authorities was both a responsibility and a privilege, allowing me to ensure that student voices were heard.

I feel honoured to have been part of the Students' Union 2024–25, where I had the opportunity to work alongside supportive and vibrant union members, dedicated teachers, faculty, board members, and many others. This journey has been filled with learning, teamwork, and collaboration, and it has been a truly rewarding chapter in my college life.

Being part of the college student union gave me the opportunity to represent my fellow students and contribute to planning events and activities that enriched campus life. Working closely with teachers and students to solve issues, share ideas, and create a better college experience was both fulfilling and insightful.

This role helped me strengthen my leadership abilities, improve my teamwork skills, and understand the value of collaboration. It was a rewarding experience that taught me the importance of responsibility, communication, and working towards a common goal.



**Edwin Dilson,
UUC**



**Gavin,
UUC**

Looking back on my time as Arts Secretary, I feel deeply grateful for the wonderful experiences that have shaped my journey. Working with such talented students, supportive faculty, and our esteemed Principal has been an absolute privilege

Through this role, I have come to appreciate the importance of teamwork and clear communication. Managing events and timelines taught me patience and responsibility, while embracing creativity and self-expression enriched not only my work but also my perspective on college life.

I want to express my heartfelt thanks to all those who supported me throughout this journey—my fellow union members, the faculty, and every student who participated and encouraged us along the way.



**Sneha Cleatus,
Arts Secretary**

Being a representative has been an enriching experience that helped me develop valuable skills. I learned to communicate effectively with both peers and faculty, and I gained leadership abilities by taking initiative and working towards common goals.

Overall, this journey has shaped me into a more confident, articulate, and responsible person. It has been a truly transformative experience—one that has prepared me well for future leadership roles.



**Benjamin, First Year
Representative**

My journey as the Second Year DC Representative has been truly transformative. Being part of the college union has given me the opportunity to grow as a leader, build meaningful connections, and learn lessons that extend far beyond the classroom.

The friendships I've formed and the experiences I've gained are treasures I will carry with me long after graduation. I am grateful to have been a part of this vibrant and supportive union, which has shaped me both personally and professionally.



**Midhun K. T., Second
Year Representative**



**Elza Biju,
Third Year
Representative**

Being the Third Year Representative of the Student Union has been the most rewarding and life-changing experience of my college journey. It was not just a role or responsibility, but a platform that taught me the true meaning of leadership, collaboration, and service.

With a group of motivated and committed union members, I saw first-hand the energy of unity and teamwork. Together, we shared wins, navigated challenges, and most significantly, developed as individuals. As I write this note: With an overabundant sense of gratitude, I carry with me not only memories, but also lifelong skills and friendships. I am sincerely grateful to my teachers, fellow union members, and to all my friends for their everlasting support and encouragement.



**Ashwin
General Captain**

"The more we struggle the more we grow", like this quote the struggles and opportunities had brought me this far and might take me to the next part.

Naipunnya will provide more opportunity and situations that will shape our skills and character. Show your worth by becoming the impossible and others will notice. Thank you



**Christy
PG Representative**

As a PG representative, I bridge the gap between students and faculty, ensuring postgraduate voices are heard and valued

I champion student interests, foster community, and drive positive change in our college.

I was able to bridge the gap between the administration and the students. Be it working on student concerns, planning events, or participating in decisions that defined student life, each moment was a learning experience.

A STAR IN SPACE

NASA ASTRONAUT

SUNITHA WILLIAMS

SUNITH WILLIAMS

SUNITH WILLIAMS

SUNITH WILLIAMS

SUN WILLIAMS



EVENTS



Aarohan



Aavani



Anti-ragging session



Blood donation camp



Cake mixing



Election





Face to face



Expressions



Swaraj



Friday market



Campus blessing



FEP



Faculty rejuvination



YOGA DAY



Orientation

Budget Analysis 2025



Navadharshika Inauguration

World Chef Day



Job fair



International Conference

Mega campus quiz





Vismaya



Chocolate day



World Humanitarian Day



Snehasangamam



Self- defense training



Sports day



Meraki



Rosary culmination





LAQSHYA 2024

Inauguration



GAME ON !! THE SPIRIT OF SPORTS







A Proud Moment of Recognition

We are delighted to feature an inspiring letter by Fr. Arun George Valiyaveetil, the former Assistant Executive Director of NIMIT and Assistant Professor in the Department of Social Work at Naipunnaya Institute of Management and Information Technology. Fr. Arun's thought-provoking letter won the First Prize in the prestigious "Dhai Akhar Letter Writing Competition 2024-25" organized by the Kerala Postal Circle under the Inland Letter Card category for the Above 18 age group. His outstanding achievement was recognized with a cash prize of ₹25,000, awarded by the Department of Posts, Government of India. The competition celebrated creative expression and encouraged meaningful correspondence across the nation. We are proud to showcase his exemplary work, which stands as a testament to his insight and eloquence.

Subject: The joy of Writing: Importance of Letters
in a Digital Age

Dear Sir/Madam,

As I take up my pen to scribble these lines to you, I am enveloped by the nostalgia-tinged aroma of bygone era. The tactile thrill of putting pen to paper, the soft scratch of the nib on the page, and the inky rivulets that flow forth like a libation to the muses - all conspire to transport me to a realm where time stands still, and the sheer joy of epistolary communication reigns supreme.

In this digital age, where ephemeral nature of communication threatens to reduce our interactions to a series of fleeting, forgettable encounters, the art of letter writing stands as a testament to the enduring power of the written word. Like a masterfully crafted sonnet, a well-written letter is a thing of beauty, a symphony of words that can evoke, provoke and inspire in equal measure.

But letter writing is more than just a nostalgic indulgence. It is also an exercise in cognitive discipline, a rigorous regimen that requires us to slow down, to reflect on our

thoughts and experiences, and to articulate our feelings in a clear, concise and elegant manner. This process, in turn, helps to hone our writing skills, to refine our grammar and to develop our communication abilities, transforming us into more effective, more articulate and more empathetic human beings.

In India, where the digital divide remains a stark reality, letter writing assumes an even greater significance. For millions of Indians who lack access to digital technology, letters remain the primary means of communication, a lifeline that connects them to the world beyond their immediate surroundings. Moreover, in a country where literacy rates remain a concern, letter writing can play a vital role in promoting literacy and education, empowering individuals to take control of their lives and to shape their destinies.

Furthermore, letter writing has the power to transcend geographical boundaries, to connect people across cultures and communities and to foster a sense of empathy, understanding and shared humanity. In India, where diversity is a defining feature of our society, letter writing can help to promote tolerance, acceptance, and inclusivity, celebrating our differences even as we acknowledge our shared human experience.

As I ponder the significance of letter writing, I am struck by the realization that letters are not merely a means of communication, they are also a repository of memory, a tangible record of our experiences, our memories and our emotions. Like a masterfully crafted time capsule, a letter can capture the essence of a moment, a mood, or an experience, preserving it for posterity and allowing us to reflect on our past, to learn from experiences, and to grow as individuals.

In fact, many of India's most famous writers and thinkers have been prolific letter writers. From Rabindranath Tagore to Mahatma Gandhi, letters have played a significant role in shaping India's literary and intellectual heritage, offering us a unique window into the lives, thoughts, and experiences of these towering figures.

In conclusion, I firmly believe that letter writing is an art form that continues to retain its relevance in this digital age. It is a means of communication that is at once both personal and profound, and it is an exercise in cognitive discipline that can help to hone our writing skills, to develop our communication abilities, and to foster a deeper sense of empathy, understanding and share humanity.

As we navigate the complexities of the digital

age, I urge you to rediscover the joy of letter writing. Take up your pen, and let the words flow into the page. You never know the impact that your letters may have on the lives of others, or the memories that they may create for generations to come.

Koratty
05/12/2024

yours sincerely,
F. Arun George

FR. ARUN GEORGE
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“EMPOWER A WOMAN, EMPOWER A COMMUNITY”

In a remarkable celebration of women's day 2025, the women cell of Naipunnaya College launched an innovative and empowering initiative titled “Inspire Inclusion : ‘Women in Focus - Empowering Tomorrow's Leaders .” On the day of the event , the students travelled to meet their assigned resource persons, engaging in interviews and filming their interactions. This event was not merely a series of visits ; it was a comprehensive project where each group was required to document their interaction and present their findings. These presentations formed the basis for a friendly yet competitive evaluation, culminating in awards for the most outstanding projects.

The students actively participated and captured their work place and documented their life story of being how they faced the problems and difficulties overcoming those and reaching to the success . Women often play a central role in managing resources in their households and communities, making them crucial agents in environmental sustainability and climate resilience. Many initiatives led by women focus on sustainable practices such as water conservation, eco-friendly farming, and waste reduction.



SUSTAINABLE FASHION

The Hidden

In a world that is always changing with trends and seasonal styles, fashion has become one of the strongest ways to express ourselves. However, beneath its shiny exterior lies a troubling fact: fashion is one of the most polluting industries, second only to oil. The impact of what we wear on the environment is often hidden behind glamour, advertising, and consumerism.

The fast fashion boom has drastically changed how we buy clothes. Brands create cheap, trendy outfits quickly, prompting shoppers to buy more often and throw away clothes just as fast. Studies reveal that people now purchase 60% more clothing than they did 15 years ago, but keep each item for half the time. Sadly, most discarded clothing ends up in landfills or incinerators, while synthetic fibres like polyester take hundreds of years to break down. During this process, they release microplastics into oceans and soil, causing severe harm to ecosystems and marine life. Beyond waste, the water and chemical pollution caused by making textiles is shocking.

Cost of Style

For example, it takes about 2,700 litres of water to produce one cotton shirt, which is what a person would drink over two and a half years. Textile dyeing is the second-largest source of water pollution globally. In many developing countries, untreated wastewater from factories goes directly into rivers and lakes. This toxic waste contaminates drinking water, kills aquatic life, and impacts the health of nearby communities, often leading to skin diseases and breathing issues.

Another major issue is the carbon footprint of the fashion industry. The entire supply chain, from growing raw materials to manufacturing, transporting, and even returning unsold clothes, produces around 10% of the world's annual carbon emissions. This is more than all international flights and shipping combined. As the climate crisis worsens, the call for sustainable practices in fashion becomes urgent. Yet, there is hope and responsibility, especially for young designers, educators, and students in this

We are in a unique position to drive change from within. Choosing sustainable materials like organic cotton or recycled fabrics, supporting the slow fashion movement that prioritizes quality over quantity, and informing consumers about the environmental costs of overconsumption can lead to real change. Backing ethical brands that provide fair wages and safe working conditions, along with exploring creative upcycling ways, can help cut down waste and boost innovation.



Fashion is more than just a style choice; it can reflect our values. As future professionals in the industry, we must redefine fashion to be not only beautiful but also responsible. Let's create clothing that honours both the wearer and our planet. The future of fashion depends not just on its appearance but on its impact. Sustainable fashion is all about creating and wearing clothes that are kind to the environment and people. At its core, it follows the 3Rs- Reduce, Reuse, and Recycle. By reducing wasteful production, reusing old garments through restyling or upcycling, and recycling materials into new designs, sustainable fashion helps build a cleaner, more ethical future for the industry. It's not just a trend, it's a responsibility.

Ms. Megha A
Assistant Professor
Department of Fashion Designing

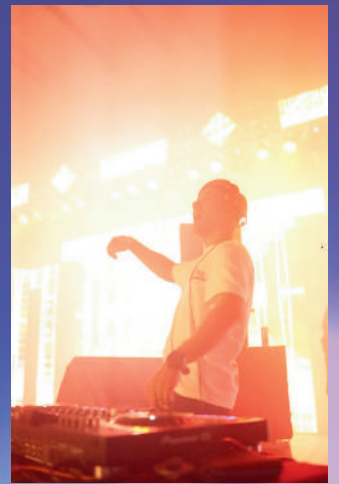
LAQSHYA 2024

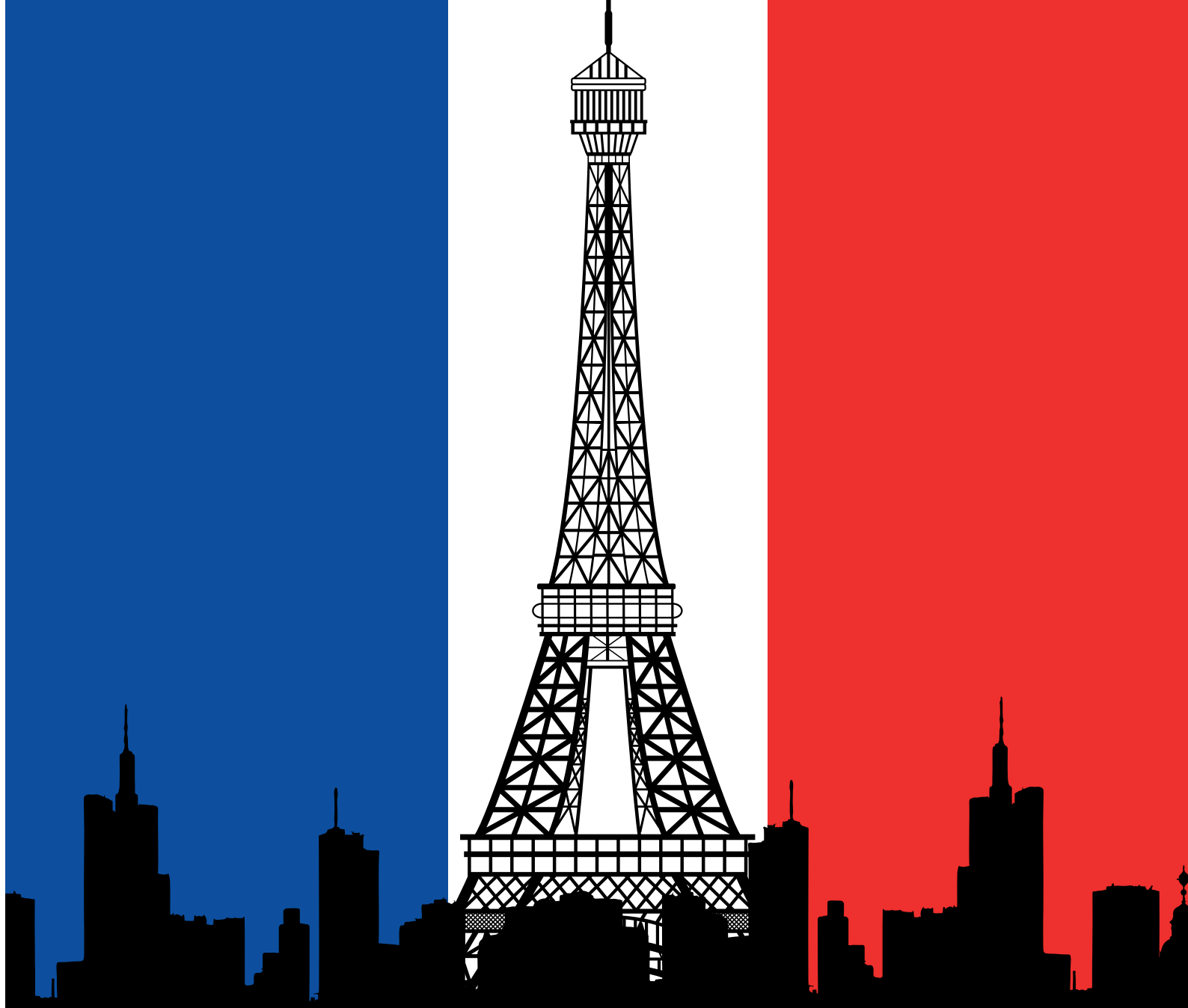


The highly anticipated college fest, Lakshya, recently concluded, leaving an indelible mark on the campus. The event was a testament to the students' creativity, talent, and dedication. filled with Thrilling Competitions The fest featured a range of competitions, including dance, music, drama, and quizzes, which saw enthusiastic participation from students.

The campus turned into a thriving centre of youth vitality and spirit of completion. The fact that NIMIT and NBS collaborated to host the festival jointly rather than separately made it even more memorable. The English, Hotel Management, Commerce , MBA, and Computer Science departments all held specially designed competitions to promote student leadership,innovation, and technical proficiency.

There was more to the fest than just competitiveness. The campus was brimming with excitement as a range of entertaining programs were on display. Every occasion brought a different splash of colour and inventiveness, turning the space into a lively work of visual art.





BORROWED BEAUTY- WORDS

FROM FRENCH TO ENGLISH

1. Restaurant – A place where meals are served to customers.

Fun fact: The word comes from the French restaurer, meaning “to restore.”

2. Café – A small place to enjoy coffee and snacks.

Fun fact: “Café” is French for coffee, and these places are a cultural staple in France.

3. Menu – A list of food and drink options.

Fun fact: From the French menu, meaning “detailed” or “minute.”



4. Déjà vu – The strange feeling that something has happened before.

Fun fact: Scientists say it's a memory glitch — your brain misfires signals!

5. Fiancé / Fiancée – A person engaged to be married.

Fun fact: The spellings change with gender in French: fiancé (male), fiancée (female).

6. Ballet – A graceful and classical style of dance.

Fun fact: Most ballet terms today are still in French—like plié and pirouette.

7. Baguette – A long, thin loaf of bread.

Fun fact: The word means “stick” or “wand” in French—crusty magic!

8. Boutique – A small, stylish store.

Fun fact: It comes from the French word for “shop”—but sounds much fancier!

9. Résumé – A summary of someone's education and work experience.

Fun fact: French for “summary” or “abstract”—used in job hunts worldwide.

10. Faux pas – A social mistake or awkward act.

Fun fact: Literally means “false step” in French. Oops!

Ms. Angel Mariam Jose

Asst. Professor, Dept. of Additional Languages

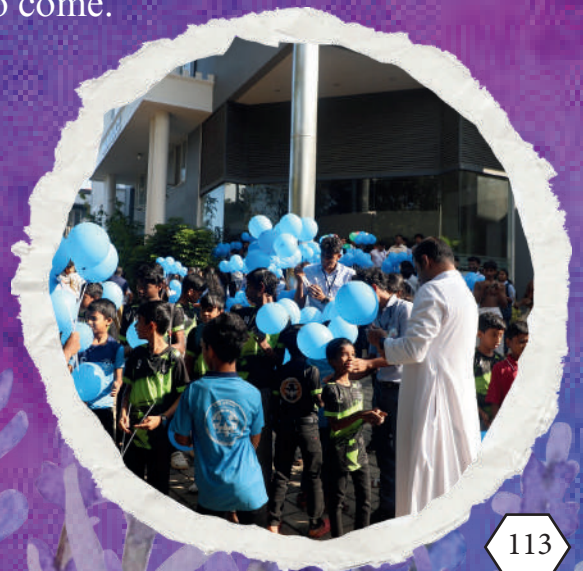
SNEHASANGAMAM 2025

Snehasangamam 2025, continued our tradition of community outreach by welcoming and interacting with inmates . The event aimed and provide a platform for the inmates to showcase their talents. the second year students participated wholeheartedly of teachers. their efforts ensured a warm and inclusive atmosphere, filled with fun activities and generous gift distributions to each institution .



snehasangamam stands as a testament to the power of community and compassion, reminding us of the joy and impact of coming together to support and uplift one another. It highlights our commitment to social responsibility and our dedication to making a positive difference. The smiles and gratitude were a powerful reminder of the significance of such initiatives , inspiring us to continue this noble tradition in the years to come.

Helping each other is what makes us humans special. Compassion and altruism are the basic components of humanness. Even the most hard-hearted person might have helped someone in need at some point of time. Helping others is the fundamental characteristic of humans, but different people do it in different ways.





Embracing Community with Open Hearts



Code & Creativity: The GTA-Inspired 24-Hour Hackathon at NIMIT

After the harsh winters came spring. Meanwhile, at NIMIT, things were starting to gain momentum. There was zeal and ambition in the air. Amidst the beautiful scenery, the minds of the IEDC team were restless—they dreamt big. The Principal, Rev. Fr. Dr. Paulachan K. J., shared that vision. With rigorous planning, we decided to organize a national-level hackathon.

The word “hackathon” refers to an event where programmers, designers, and others collaborate intensively to develop software or hardware—typically over a short timeframe. Here, “hack” means exploratory programming, not security breaches. We opted for a 24-hour challenge scheduled for February 21–22. Since Rockstar Games is launching GTA 6 this year, we paid tribute by adopting the game’s theme.



Although the dates were fixed, neither I nor my council had prior experience in organizing such an event. Most of us, being from a commerce background, struggled with the technical aspects. Fortunately, Jos Ephraim from the Department of Computer Science came to our rescue and stepped in as my right-hand, helping us navigate technical requirements. We were also fortunate to have the support of the resourceful Mr. Eldhose and students from Adi Shankara Institute, Kalady, who mentored us throughout the journey. Our IEDC faculty coordinator, Mr. Sajith, provided unwavering support and emotional strength.

From the moment the concept was pitched, our IEDC chapter worked tirelessly—through late nights and long meetings—to bring it to life. Planning involved overseeing everything from budgeting and sponsorships to team coordination and marketing. It wasn't just about organizing a tech event; it was about creating a space where creativity meets technology and teamwork fuels innovation. As Program Director of GTA Hackathon 2025, I had the honor of witnessing an idea grow into a full-scale 24-hour coding challenge that brought together passionate minds from across the state.



The response was overwhelming. We received over 100 applications from both our college and beyond. It was inspiring to see ten finalist teams build fully functional projects in just 24 hours. The ₹40,000 prize pool added excitement, but the real reward was the spirit of collaboration and problem-solving. We were also fortunate to have incredible partners—muLearn, W3Forge, Unstop, and Southside—whose



But it wasn't all code and caffeine. To close the event, we hosted a soul-soothing open-mic night featuring Ashbel Peter Live. After an intense day of development, coders finally had a chance to unwind, laugh, and vibe under the stars. This hackathon wasn't just an event—it was a movement and a testament to what young leaders can achieve with the right support and drive. I extend my heartfelt gratitude to every volunteer, faculty coordinator, and mentor. I witnessed how each member of the IEDC council ensured the event's success—because tremendous power comes with great responsibility.



To me, GTA Hackathon 2025 will always be more than just a line on my résumé—it was a journey of leadership, learning, and boundless inspiration.

Daniel James
III BBA

CELEBRATING A REMARKABLE MILESTONE - NAAC A++

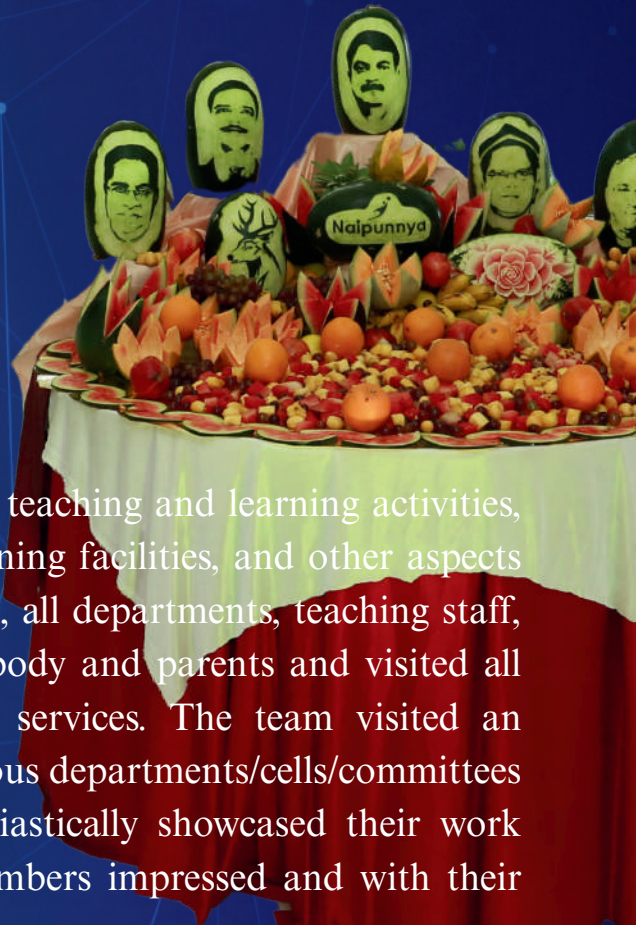
THE FIRST VISIT

The first visit of National Assessment and Accreditation Council (NAAC) Peer Team to our institution for the second cycle of assessment was conducted on the 18th and 19th July 2024. The Peer Team comprised of the following esteemed members: Dr. Bhaskarjyoti Bora, Professor in the Department of Commerce at Gauhati University, who served as the Chairman; Dr. Mohammad Ubaidullah Bokhari, Professor in the Department of Computer Science at Aligarh Muslim University, who served as the Co-ordinator; and Dr. Pavan Mandavkar, Principal of Indira Mahavidyalaya, Kalam.

A traditional welcome accorded to the NAAC peer team was marked by a ceremonial reception at the institution's main entrance. The distinguished guests were greeted with bouquets, a traditional tilak and honoured with a traditional shawl. The formal welcome expressed gratitude for their visit and outlined the significance of the accreditation process. The entire ceremony reflected the institution's commitment to academic excellence, hospitality, and respect for the NAAC evaluation framework.

The process of assessment began with an in-depth interaction with the principal of the college Rev. Fr. Dr. Paulachan K.J. along with the Management team members and the HoDs. The principal delivered a comprehensive PowerPoint presentation, covering all aspects of the college criteria-wise, providing an overview of the institution's performance and notable achievements during the assessment period.





The peer team assessed and evaluated curricular, teaching and learning activities, research work, extension, infrastructure and learning facilities, and other aspects of the college. They held interactions with IQAC, all departments, teaching staff, non-teaching staff, students, alumni, governing body and parents and visited all academic facilities, administrative and support services. The team visited an exhibition showcased by the members of the various departments/cells/committees and other units like NSS. The students enthusiastically showcased their work under each committee/cell, leaving the team members impressed and with their hard work and enthusiasm.

As part of the NAAC peer team visit, the institution organized a series of cultural events that showcased the rich and diverse heritage of the region. These events included traditional and fusion dance performances, music club recitals, reflecting the cultural vibrancy and artistic talent nurtured within the campus. Special emphasis was placed on representing local traditions and values, thereby offering the peer team a glimpse into the institution's cultural fabric. The performances were thoughtfully curated to promote inclusivity and highlight the creative expression of students across various disciplines. Overall, the cultural events added a warm and celebratory dimension to the NAAC visit, leaving a lasting impression on the visiting team.

THE SECOND VISIT

The preparations for the second visit of National Assessment and Accreditation Council (NAAC) Peer Team for the second cycle of assessment were completed with a collective spirit of excellence. It provided a significant opportunity to showcase the quality of education, infrastructure, and student support system offered. All the departments and committees worked diligently to ensure that the required documentation, reports, and evidence were well-organized and readily available for assessment. Faculty members actively engaged in presenting the academic practices, research contributions, and innovative teaching methodologies. Students and non-teaching staff participated wholeheartedly to reflect the vibrant and inclusive culture of our campus. The whole college worked in unison to create a warm and professional environment for the scheduled visit on the 28th and 29th November 2024.

The Peer Team comprised of the following esteemed members: The Chairman Prof. Dr. Rajendra Prasad Das, Vice Chancellor, Krishna Kanta Handiqui State Open University, Guwahati was accompanied by Prof. Dr. Vishal Goyal, Department of Computer Science, Punjabi University, Patiala and Dr. Arunaprakash Peddiraju Principal, Yadaorao Poshattiwar Arts College, Maharashtra.





The team observed several student-led initiatives, including the dynamic Friday Market, which serves as a platform for experiential learning and entrepreneurship. Noteworthy academic and innovation spaces such as the Naipunnya Centre for Research, the CIECE and IEDC Room, the Media Centre, and the well-equipped Computer and Electronics Labs showcased the institution's emphasis on research, technology, and creative expression. Sustainability and environmental consciousness were reflected in the initiatives like the rainwater harvesting systems, the banana plantation, the fish pond with a capacity of 1,25,000 litres, vermi-composting unit, solar panels, and the biogas plant. Infrastructure supporting student wellness and inclusivity was also inspected, including the Divyanjan- parking spaces, the counsellor and first aid room, a designated sick room, and the Jeevani- the college canteen which offers a clean, student-friendly environment that provides a variety of affordable and nutritious food options. The sports infrastructure featured facilities such as the sports complex, cricket net practice pitch, football ground, volleyball, basketball, and netball courts, as well as designated areas for tug of war and korfbal.

Achieving an A++grade with a score of 3.53 fills us with immense pride and joy, marking a significant milestone in our journey toward academic excellence. This outstanding recognition is a reflection of the institution's sustained commitment to academic excellence, quality enhancement, and institutional integrity. The result is a culmination of the collective efforts of our dedicated faculty, diligent staff, motivated students, and visionary leadership. This achievement not only enhances the credibility and reputation of the institution at the national level but also reinforces our resolve to uphold and advance the standards of higher education.

Ms. Annie Sebastian
Asst. Professor, PG Dept. of English

MY JOURNEY WITH NSS:

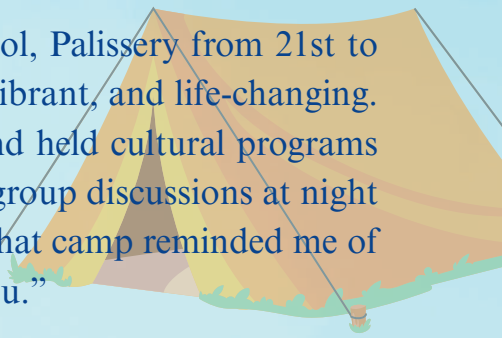
A Year of Service, Learning, and Leadership

Being a part of the National Service Scheme (NSS) at Naipunnaya College has been one of the most transformative experiences of my college life. What began as a platform to serve society soon became a journey of self-discovery, leadership, and deep connection with the community. Over the past year, I've had the opportunity to be involved in a wide range of activities, each unique, each deeply meaningful. Our unit worked tirelessly across domains like environmental conservation, public health, education, and social outreach. Every initiative taught me something new, not from textbooks, but from real-world challenges and human experiences.

One of my most fulfilling experiences was participating in the environmental campaigns. From planting trees on Environment Day to cleaning college surroundings, bus stops, and even stretches of the national highway, we took responsibility for our shared spaces. I'll never forget the sense of pride I felt while working on the beautification of the Mudapuzha Check Dam or leaning the Karukutty Railway Station and Gandhigram Government Hospital. These were not just activities, they were moments when we truly served our community. I also recall our team's efforts in setting up a vegetable garden at St. Mary's L.P. School, East Koratty, a small step towards promoting sustainable living.

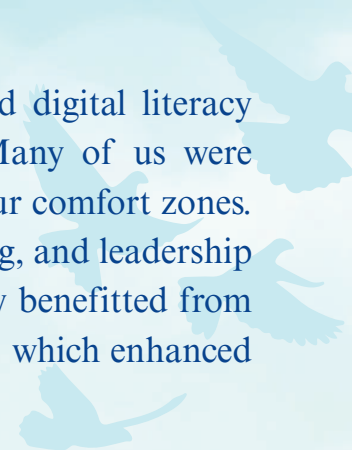
As volunteers, we realised how much impact a simple awareness session could make. We spoke to students and local residents in Ward 11 of Koratty Grama Panchayat about the importance of blood donation. It was incredibly moving to witness the generosity at our blood donation camp held in association with Government Hospital, Aluva, where 50 units were collected. Celebrating International Yoga Day under the guidance of Rev. Fr. Baiju Varghese was another highlight. We also held sessions on deworming, AIDS awareness, and eye donation, a mix of learning and inspiring others to care about their health.





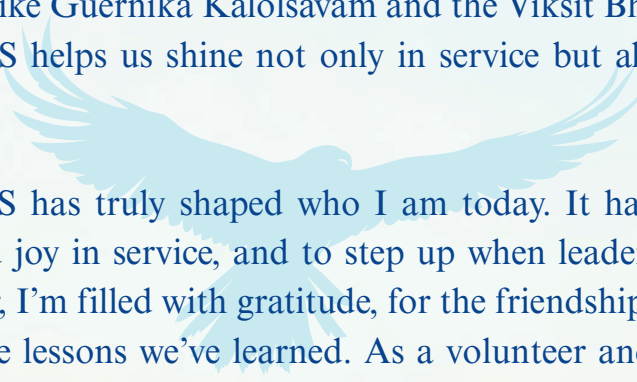
The 7-day Special Camp we held at Government High School, Palissery from 21st to 27th December 2024 was truly unforgettable. It was intense, vibrant, and life-changing. We cleaned, taught digital literacy, visited old-age homes, and held cultural programs that united hearts. The early morning yoga sessions and the group discussions at night were equally valuable, building not just muscles but minds. That camp reminded me of the deeper meaning behind the NSS motto: “Not Me, But You.”

Our visits to Kripasadan Old Age Home and distributing food packets as part of the Pothichoru drive were particularly emotional. We also donated books to MAMHS, Koratty, and raised funds through events like film festivals, an ice cream fiesta, and a chips sale, all to support the Wayanad Rebuild Mission. I still remember the moment we handed over ₹1 lakh to the mission and ₹5,000 to the Student Welfare Fund at Palissery, it was a proud and humbling moment.



I was proud to be part of the Digi Keralam project, where we led digital literacy initiatives with Angamaly Municipality and Koratty Panchayat. Many of us were trained to be digital literacy trainers, a role that pushed us beyond our comfort zones. We also attended workshops on paper bag making, brochure designing, and leadership skills, all of which made us more capable and confident. I personally benefitted from attending the Leaders Training Camp at Christ College, Irinjalakuda, which enhanced my perspective on what it means to lead with empathy.

One of the proudest moments of my NSS journey was representing Naipunnaya College in the Pre-RD Parade selections. I was honoured to make it to both the University and South Zone levels. Our unit also received appreciation during the NAAC Peer Team visit, where we presented an exhibition showcasing our work. We participated in events like Guernika Kalolsavam and the Viksit Bharat Quiz Challenge, further proof that NSS helps us shine not only in service but also in academics and art.



This journey with NSS has truly shaped who I am today. It has taught me to look beyond myself, to find joy in service, and to step up when leadership is needed. As I reflect on the past year, I'm filled with gratitude, for the friendships I've made, the lives we've touched, and the lessons we've learned. As a volunteer and student, I now feel more prepared to be a responsible citizen of the world. And this is only the beginning.

Mr. Allan V. L.
NSS Volunteer Secretary

Fieldwork at Sahrudhaya Welfare Society: A Shared Journey of Learning and Transformation

Introduction

Fieldwork is often described as the soul of social work education — the place where classroom concepts evolve into lived realities. For us, being placed at Sahrudhaya Welfare Society in Ernakulam was more than just an academic requirement; it was a journey into the heart of human experience. Through our time in diverse districts like Ernakulam, Alappuzha, Thrissur, and Kottayam, we encountered people from varied walks of life — children, transgender individuals, elderly residents, persons with disabilities, caregivers, and more. Each interaction helped us not only apply social work methods but also reflect deeply on the emotional and ethical dimensions of this noble profession. With the guidance of our agency supervisor Miss Annie and the support we extended to each other as co-partners, we found ourselves growing both professionally and personally.

Ancy Joy, MSW – My Fieldwork Diary: Compassion in Actions

My second semester fieldwork, spanning from February 7th to May 5th, was filled with raw experiences, life lessons, and emotional moments that will forever shape my perspective as a budding social worker. My agency supervisor, Miss Annie, was a beacon of kindness and knowledge. Her patience, support, and guidance helped me grasp field realities, social work methods, and human needs with a sensitive heart. Her dedication to both professional practice and student development is something I deeply admire.



Sahrudhaya offered a unique opportunity to engage with communities across Kerala. From urban centers to quiet rural pockets, every place came with its own rhythm, its own needs. I conducted seven individual case works — one of the most powerful being with a woman who was a caregiver to her mentally challenged brother. Her life revolved around him, and while she spoke with great love, I sensed the weight of her silent exhaustion.

One of the most touching episodes for me occurred during a visit to an old-age home in Kottayam. There, Mariyamma, an elderly resident, confided, “All I need now is company and someone to talk to.” Her words sparked a moment of deep reflection in me. That night, I started drafting a simple but heartfelt retirement plan for my parents — not just for financial security, but to ensure they grow old with joy, companionship, and dignity. That was the power of presence — and I realized then, perhaps for the first time, what it truly meant to connect.

During my placement, I was able to carry out seven individual caseworks, three group work interventions, and two community-level programs. I engaged in everything from guiding children to manage screen time, to organizing an Elderly Day Celebration filled with music and laughter. One of the most powerful being with a woman who was a caregiver to her mentally challenged brother. Her life revolved around him, and while she spoke with great love, I sensed the weight of her silent exhaustion, reminding me that listening itself is sometimes the most valuable form of help.

These field realities taught me the necessity of empathy, ethics, adaptability, and documentation in our practice. Most importantly, I understood that my role was not to "fix" others, but to walk beside them, helping them realize their strengths and identify possible resources. This perspective helped me develop respectful and empowering interventions.

These learnings and observations are now deeply rooted in me. They are not just lessons — they are val-

ues and principles I carry forward into my journey as a committed and compassionate social worker. But above all, they reminded me of the quiet strength that lies in simply showing up — with compassion, clarity, and commitment.



Anu Biju, MSW – My Fieldwork Reflections: Lessons from the Field

When I began my field placement at Saharudhaya, I carried with me a sense of nervousness — unsure of what lay ahead. But as the weeks unfolded, the

agency became a mirror reflecting back my growth, strength, and purpose.

I worked on five individual caseworks during this time. One case that still lingers in my mind involved a child dealing with severe behavioral issues stemming from neglect at home. Through weekly sessions and careful observation, I helped the child express his fears through drawing and storytelling. Over time, his restlessness gave way to trust — and I watched him go from aggression to openness, slowly forming a connection with his mother too. This case taught me that children often speak in silence, and it is up to us to learn their language.

Group work was both challenging and deeply enriching. In Alappuzha, our session with school children on screen dependency post-pandemic turned into a dialogue on loneliness. Many of them missed their friends during the lockdown and now felt uncomfortable socializing in person. We introduced small role-play activities, and by the end of the session, the children were exchanging stories and playing without hesitation. It was a joy to witness healing begin through shared play.

In another group, I worked with mothers struggling with parenting stress. We spent that session talking about self-worth, balance, and ways to care for oneself without guilt. Watching these women listen to each other and offer comfort was one of the most empowering experiences of my training. Community programs added a different layer to our journey. The drug awareness session helped me understand the undercurrents of peer pressure among teens. But it was the home visits that truly grounded me. I met a young woman in Ernakulam who, despite being wheelchair-bound, had started a tailoring unit from her home. Her resilience inspired me in ways I cannot put into words.

This placement also taught me about boundaries, about when to offer help and when to step back. It gave me space to reflect on my own emotional responses — to process the sorrow, joy, anger, and hope that come with this profession. Perhaps one of the most meaningful parts of my journey was working alongside Ancy. We shared ideas, challenges, silent frustrations, and countless cups of tea. Her kindness during a personal low point in my life reminded me that support systems aren't just for clients — they're also for us.

Both of us walked into Saharudhaya Welfare Society as students. We now walk out with stories that shaped us, people who inspired us, and lessons that redefined our understanding of what it means to serve. Fieldwork didn't just teach us social work — it taught us to be human, in the truest sense.



Even the
smallest planet
holds vast secrets in
its silence.

– *Pluto*



NAIPUNNYA'S SILVER JUBILEE



Embracium – Touching Lives Forever



Milestones like jubilees are not just markers of time—they are celebrations of an institution's enduring spirit, a moment to reflect on its journey, and a beacon of hope for the future. They remind us of the countless lives shaped, the minds nurtured, and the values of love, peace, and purpose that have been woven into the fabric of the college community.

Naipunnya's Silver Jubilee, themed "*Embracium – Touching Lives Forever*," was a yearlong celebration marking 25 years of excellence. This remarkable journey culminated in two grand ceremonies that beautifully framed the year's festivities.

The inaugural ceremony on April 30, 2022, officially began the Jubilee celebrations with prayers, the ceremonial lighting of the lamp, and vibrant cultural programs. The event was honored by the gracious presence of His Grace Archbishop Mar Antony Kariyil, Prof. Dr. M. K. Jayaraj, Shri Benny Behanan MP, Rev. Auxiliary Bishop Emeritus Mar Thomas Chakiath, Rev. Fr. Jimmy Poochakkatt, Rev. Fr. Jimmy Kunnathoor, Rev. Msgr. Antony Perumayam, Rev. Fr. Sebastian Kalapurackal, and Shri T. J. Saneesh Kumar Joseph MLA. Their collective presence set a tone of joy and inspiration for the year ahead.



Throughout the Jubilee year, students, staff, alumni, and well-wishers from Naipunnya and its sister institutions came together in unity. The campus buzzed with cultural performances, innovative project launches, and community initiatives, all reflecting the institution's enduring commitment to excellence and service. Notable among these were the launch of the E-Assist program and the unveiling of a Futuristic Development Program, which laid the foundation for a brighter future.

The yearlong festivities culminated in the grand event *Crescendo: A Triumphant Journey Towards Excellence* on January 29, 2025. This final celebration was a testament to Naipunnya's remarkable growth and transformation over the past quarter-century. The day began with the blessing and inauguration of the new Hotel Management Block by His Excellency Mar Thomas Chakiath, Bishop Emeritus, symbolizing hope and renewal.

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The event radiated joy and fulfillment from start to finish. It opened with a heartfelt prayer followed by an enchanting cultural performance by the NIMIT Dance Club, setting a vibrant tone. A touching documentary, *Inhabitant Birds on the Campus*, dedicated to the late Rev. Fr. Jose Karachira, was screened, evoking fond memories and gratitude for his legacy.

The occasion was further graced by the presence of Dr. P. Raveendranath, Honourable Vice Chancellor of the University of Calicut. A proud moment for all was when Rev. Fr. Dr. Paulachan K J, Principal and Executive Director of Naipunnya, was honored with the prestigious NAAC A++ certificate—an outstanding recognition of the institution's academic excellence.

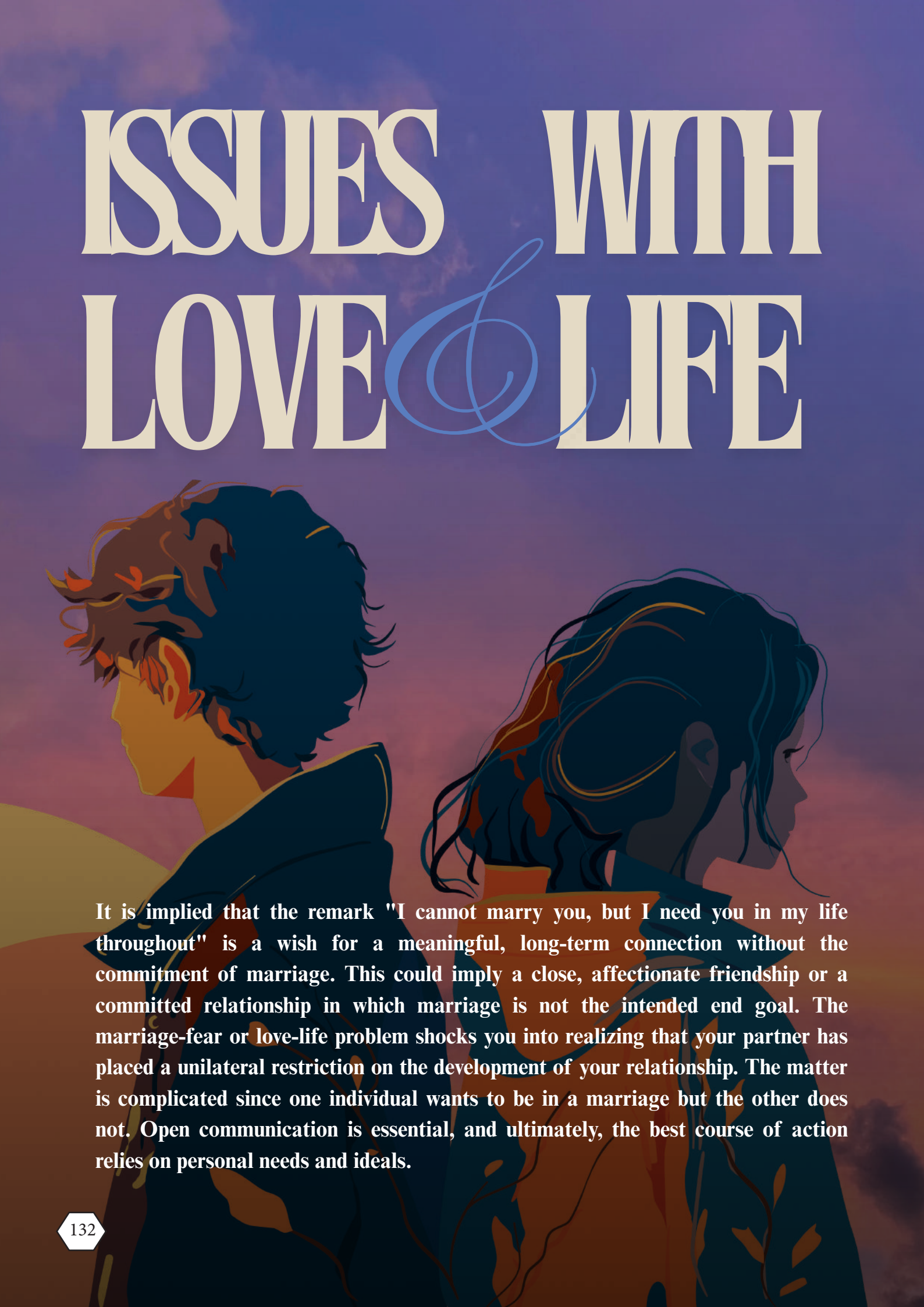
The celebration continued with the unveiling of the Silver Jubilee Souvenir, Embracium, released by Mr. Biju P C, President of Koratty Grama Panchayath. This symbolized the institution's journey and significant milestones. Rev. Fr. Sebastian Kalapurackal released the Institutional Development Plan 2025-2035, charting a visionary course for the future. In an inspiring announcement, Mr. T J Martin, Syndicate Member, introduced the SCHOLAVITA scholarship program, which promises to empower countless students.

Alongside these, the winners of the Candid Canvas photography contest were recognized, celebrating the creative talents within the Naipunnnya community. The release of Shubhachinthakal, a book authored by Ms. Rajitha Ravi, added to the institution's rich legacy. The day concluded with the NSS Unit's contribution to the Wayanad Rebuild Kerala Mission, followed by a heartfelt Vote of Thanks from Ms. Emily Ittiachan.



The Silver Jubilee celebrations were a true embodiment of Naipunnnya's mission —*Touching Lives Forever*. It was a grand tribute to a legacy of excellence and a hopeful look forward to many more years of growth, resilience, and dedicated service to society.

ISSUES WITH LOVE & LIFE



It is implied that the remark "I cannot marry you, but I need you in my life throughout" is a wish for a meaningful, long-term connection without the commitment of marriage. This could imply a close, affectionate friendship or a committed relationship in which marriage is not the intended end goal. The marriage-fear or love-life problem shocks you into realizing that your partner has placed a unilateral restriction on the development of your relationship. The matter is complicated since one individual wants to be in a marriage but the other does not. Open communication is essential, and ultimately, the best course of action relies on personal needs and ideals.

Although the close friend may appreciate the other person's presence and assistance in their lives, they may not envision the connection developing into a marriage. People who are observant may be happy in a committed, long-term relationship without the social and legal ramifications of marriage. It's critical to evaluate what each partner wants from the partnership in order to feel satisfied. It may be a desire for the other person's company and emotional support but a reluctance to be married, either because of personal beliefs, prior experiences, or other reasons. Persistent unequal preferences, such as one person wanting marriage while the other doesn't, can lead to conflict and require cautious handling. To overcome the love-life dilemma, it is crucial to have an open and honest conversation in order to comprehend one another's viewpoints and expectations. Examine compatibility by determining whether the partnership can succeed without marriage, taking into account aspects such as mutual values, aspirations in life, and relationship requirements. A successful marriage requires emotional maturity; therefore, it's important to think about whether both partners are emotionally prepared for this kind of commitment. It's critical to acknowledge and adjust decisions if one partner desires marriage and the other does not. It could be time to think about moving on if one partner's needs or desires aren't being met by the partnership.

You are now at a point in your life where you must "settle." You're deceiving yourself when you settle for something that you believe is adequate, even though you know deep down that it's not. What happens if you decide to go? To begin, you will experience grief. You will experience sadness because, in order for your heart to heal, you must let go of love when it ends. Furthermore, the way he or she tries to persuade the spouse to stay will make you feel angry or sorry for them. Your focus will be on shielding yourself from preventable harm in the future. Think about it this way: you may reconsider your true feelings for someone you love if you witness them leaving or experience a brief moment of loneliness due to their absence. This is a clear possibility because it occurs frequently enough. Regardless of whether you believe the changes are significant enough to warrant revisiting, you will still need to make a decision.

Ms. Teresa Parackal
Vice Principal, Academics



UN VOYAGE VIRTUEL:

UNE JOURNÉE MAGIQUE À PARIS

France - the land of art, romance, and timeless charm, offers an experience that transcends mere travel. From the cobbled streets of Paris to the lavender fields of Provence, every corner of this country tells a story. My journey through France was nothing short of magical, weaving through its rich history, breathtaking landscapes, and culinary wonders.

Paris: The Heartbeat of France

No trip to France is complete without immersing oneself in the splendor of Paris. The Eiffel Tower, standing tall as the city's crown jewel, sparkles at night, casting a dreamlike glow over the Seine. Strolling along the Champs-Élysées, I was captivated by the grandeur of Arc de Triomphe, a monument that whispers tales of triumph and glory.

Art lovers find solace in the Louvre, home to the Mona Lisa and countless masterpieces. The bohemian charm of Montmartre, with its street artists and cafés, transported me to an era where Picasso and Van Gogh once found inspiration.

Loire Valley: A Fairytale Escape

A few hours from Paris lies the Loire Valley, a region that feels like a page from a fairy tale. Grand châteaux, such as Château de Chambord and Château de Chenonceau, rise majestically amid lush vineyards. The charm of this region is undeniable—its scenic beauty, paired with exquisite wines and rustic villages, offers an unparalleled French countryside experience.

Provence: The Land of Colors and Aromas

Moving south, Provence greeted me with rolling fields of lavender stretching as far as the eye could see. The scent of fresh herbs filled the air, and markets brimmed with sun-ripened produce. Aix-en-Provence, with its artistic heritage and bubbling fountains, exuded an effortless elegance. A visit to Avignon, where the historic Palais des Papes stands, transported me back to medieval times.

Gastronomic Delights: A Feast for the Senses

France is synonymous with culinary excellence, and every meal was a revelation. From buttery croissants at a Parisian café to the rich bouillabaisse of Marseille, every bite told a story. The vineyards of Bordeaux and Burgundy offered a taste of some of the world's finest wines, each sip a tribute to the country's deep-rooted viniculture.

A Love Affair with France

As my journey came to an end, I realized that France is not just a destination; it is an emotion, an experience that lingers long after the journey ends. The echoes of history, the aroma of freshly baked baguettes, the artistry woven into every street. France is a place where dreams find a home. Whether it's the romance of Paris, the serenity of the countryside, or the glitz of the Riviera, France offers a world waiting to be explored.

Ms. Angel Mariam Jose
Asst. Professor, Dept. of Additional
Languages



लिली

कश्मीर के एक छोटे से गाँव में एक प्यारी सी लड़की रहती थी, जिसका नाम लिली था। उसके पिता एक किसान थे और उनका पूरा परिवार कृषि पर निर्भर था। छोटी उम्र से ही लिली ने इन कठिनाइयों को देखा था, इसलिए वह हमेशा स्कूल में अच्छा करने की कोशिश करती थी और हर बार कक्षा में पहला स्थान प्राप्त करती थी।

उसका भाई किरण हमेशा उससे रूखा व्यवहार करता था क्योंकि उसे लिली की अच्छी रैंकिंग से जलन होती थी। शिक्षक और परिवार के सदस्य अक्सर किरण का मज़ाक उड़ाते थे और उसकी तुलना लिली से करते थे, क्योंकि उसके अंक बहुत कम आते थे। इस तुलना से किरण के मन में लिली के प्रति द्वेष की भावना आ

गई और उसने उसे नीचा दिखाने की योजना बनाई।

बनाई। लिली की पढ़ाई रोकने के लिए किरण ने गाँव में अफवाहें फैलानी शुरू कर दीं कि लिली का लड़कों से संबंध है। यह सुनकर लिली के पिता उसकी चिंता करने लगे और उन्होंने जल्द से जल्द उसकी शादी करवाने का फैसला किया। लिली सिर्फ 14 साल की थी और वह इस फैसले से खुश नहीं थी।



लिली की पढ़ाई रोकने के लिए किरण ने गाँव में अफवाहें फैलानी शुरू कर दीं कि लिली का लड़कों से संबंध है। यह सुनकर लिली के पिता उसकी चिंता करने लगे और उन्होंने जल्द से जल्द उसकी शादी करवाने का फैसला किया। लिली सिर्फ 14 साल की थी और वह इस फैसले से खुश नहीं थी। उसने विरोध करने की कोशिश की, लेकिन असफल रही और उसे अपने उच्च शिक्षा के सपने को त्यागना पड़ा।

लिली की शादी एक 24 वर्षीय युवक से कर दी गई, जो खुद भी किसान था। सब कुछ किरण की योजना के अनुसार हुआ और लिली अपने पति के घर चली गई। शादी के बाद वह कभी मुस्कुराई नहीं और न ही खुश हुई। समय बीतता गया और उसके पति ने नोट किया कि वह हमेशा उदास रहती थी।

एक दिन उसने लिली से पूछा, “क्या बात है, क्या तुम अपने परिवार को याद कर रही हो?”

पहले तो लिली ने कुछ नहीं कहा, लेकिन फिर धीरे-धीरे उसने अपनी दिल की बात कह दी – “मुझे अपनी पढ़ाई जारी रखनी है, मैं IAS अधिकारी बनना चाहती हूँ। यह मेरा सपना है, लेकिन अब जब मेरी शादी हो चुकी है, तो मैं यह सपना पूरा नहीं कर सकती।”

लिली की बात सुनकर उसके पति ने मुस्कुराते हुए कहा, “सपने देखना क्यों छोड़ना? शादी हमारे सपनों का अंत नहीं है।”

इसके बाद उसने लिली की पढ़ाई के लिए सभी सुविधाओं की व्यवस्था की और अपने परिवार को भी इसके लिए मना लिया। लिली ने पूरी मेहनत से अपनी तैयारी शुरू कर दी। दिन बीतते गए और आखिरकार परीक्षा का दिन आ गया। लिली आत्मविश्वास के साथ परीक्षा में बैठी और अच्छा प्रदर्शन किया।

सभी लोग उसके परीक्षा परिणाम का इंतजार कर रहे थे, जिसमें उसका भाई किरण भी शामिल था। अंततः परिणाम आया, लेकिन किस्मत ने साथ नहीं दिया और लिली चयनित नहीं हुई।

यह खबर सुनकर किरण बहुत खुश हुआ और दौड़कर अपने परिवार के पास गया। उसने सबके सामने लिली का मजाक उड़ाया और उसका अपमान किया। इससे लिली के परिवार ने भी उस पर विश्वास खो दिया और उसे पढ़ाई छोड़ने के लिए कह दिया।

लिली बेहद दुखी थी और उसने हार मानने का फैसला कर लिया। लेकिन हैरानी की बात यह थी कि उसके पति ने उसे हारने नहीं दिया। उसने लिली को फिर से कोशिश करने के लिए प्रेरित किया और इस बार गुप्त रूप से परीक्षा देने के लिए कहा। लिली ने एक बार फिर पूरे जोश और मेहनत के साथ परीक्षा दी और अच्छे परिणाम के लिए प्रार्थना की। कुछ महीनों बाद, अचानक किरण भागता हुआ लिली के घर आया। सभी लोग उसे इतनी जल्दी में देखकर हैरान रह गए। किरण लिली के पास गया, उसे गले लगाया और एक अखबार उसके हाथ में थमा दिया। अखबार के पहले पन्ने पर लिली की तस्वीर थी और हेडलाइन में लिखा था –

“UPSC 1st रैंक होल्डर” सभी लोग चौंक गए और खुशी से झूम उठे। लिली की आँखों से आँसू छलक पड़े और उसने अपने पति को गले लगाकर धन्यवाद दिया।

उसके पति ने मुस्कुराते हुए कहा –

“यह मेरा कर्तव्य है कि मैं अपनी पत्नी का हर परिस्थिति में साथ दूँ। किसी भी स्त्री के सपने सिर्फ शादी या पारिवारिक समस्याओं की वजह से खत्म नहीं होने चाहिए।”

एन. एस. जिजी
प्रथम वर्ष, बीबीए ऑनर्स 2024
निमित, पोंगम।

”

जीवन यात्रा

मनुष्य का जीवन
एक घने जंगल से
गुजरने जैसा है।

जब हम जंगल से होकर चलते,
तो काँटों-पत्थरों से ठोकर खाते,
कभी फूलों पर कदम भी पड़ते,
जंगली-कोमल प्राणी मिलते।

सभी कठिनाइयाँ सहकर,
हर चुनौती का सामना कर,
यात्रा अपनी पूरी होती,
सुखद अंत तक पहुँचाती।

इसी तरह हर इंसान,
संघर्षों से भरता अरमान,
कठिनाइयों को पार है करता,
सपनों संग आगे बढ़ता।
चुनौतियों के बीच जो पल आते,
खुशी-सम्मान हमें दे जाते,
आत्मविश्वास नया जगाते,
जीवन जीना सिखा जाते।
इस आशा की रोशनी संग,
जीवन यात्रा बढ़ती हर अंग।

दिल्ली भ्रमण – एक अनुभव

पिछले महीने हमारे विद्यालय से दिल्ली भ्रमण का आयोजन किया गया। जैसे ही हमें इस यात्रा की सूचना मिली, हम सभी बहुत उत्साहित हो गए। दिल्ली घूमना मेरा सपना था, क्योंकि मैंने किताबों और टीवी में इसके बारे में बहुत सुना और देखा था। हमारी यह शैक्षणिक यात्रा न केवल मनोरंजक थी, बल्कि बहुत कुछ सिखाने वाली भी रही।

हमने सुबह स्कूल से बस पकड़ी और पूरे रास्ते गाने गाते और खेलते हुए दिल्ली पहुँचे। सबसे पहले हमने लाल किला देखा। इसे देखकर मुझे अपने इतिहास की किताब याद आ गई। यह बहुत बड़ा और सुंदर था। हमने वहाँ गाइड अंकल से बहुत सी बातें सीखी – जैसे कि यह मुराल बादशाह शाहजहाँ ने बनवाया था और आज भी 15 अगस्त को यहीं से झंडा फहराया जाता है।

इसके बाद हम राजघाट गए, जहाँ बापू यानी महात्मा गांधी की समाधि है। वहाँ का शांत वातावरण देखकर अच्छा अनुभव हुआ। हमें वहाँ मौन रखकर श्रद्धांजलि देने को कहा गया। उसके बाद हम इंडिया गेट पहुँचे, जो शहीद सैनिकों की याद में बना है। वहाँ हमने बहुत सारी तस्वीरें लीं और बर्फ का गोला भी खाया।

हमने राष्ट्रपति भवन और संसद भवन को दूर से देखा और हमारे सर ने हमें वहाँ की कार्यप्रणाली के बारे में बताया। इसके बाद हमने अक्षरधाम मंदिर देखा। यह मंदिर बहुत ही सुंदर और भव्य था। वहाँ की मूर्तियाँ, झील, और लाइट शो हमें मंत्रमुग्ध कर दिया।

इसके बाद हम कुतुब मीनार गए। यह मीनार बहुत ऊँची है और इसके चारों ओर बहुत सुंदर बाग़ हैं। हमने वहाँ ग्रुप फोटो खिंचवाये। फिर हम लोटस टेम्पल गए जो एक कमल के फूल की तरह बना है। वहाँ का शांत माहौल मुझे बहुत अच्छा लगा, सब लोग बिना बोले बैठते हैं।

हमने चांदनी चौक की गलियों में घूमकर स्वादिष्ट खाने का मज़ा लिया। वहाँ के परांठेवाली गली में हमने तरह-तरह के परांठे खाए। इसके बाद हमने सरोजिनी नगर मार्केट से कुछ चीज़ें खरीदीं – मैंने अपनी मम्मी के लिए एक स्कार्फ़ लिया।

पूरी यात्रा में हमें दिल्ली मेट्रो में बैठने का भी मौका मिला। यह सफर बहुत मजेदार था – बिना ट्रैफिक के तेज और आरामदायक। मेट्रो के नियमों का पालन करना भी हमने सीखा।

यह यात्रा मेरे लिए बहुत खास रही। मैंने न सिर्फ़ नए-नए स्थान देखे, बल्कि अपने दोस्तों के साथ हँसी-मज़ाक और ढेर सारी यादें भी बनाईं। मुझे दिल्ली की ऐतिहासिक इमारतें, वहाँ का खाना, मेट्रो और बाजार सब बहुत अच्छे लगे। मैं भविष्य में दोबारा दिल्ली जाना चाहूँगा।

श्रीराग सी नायर
बी सी ए

न जन्म, न जात

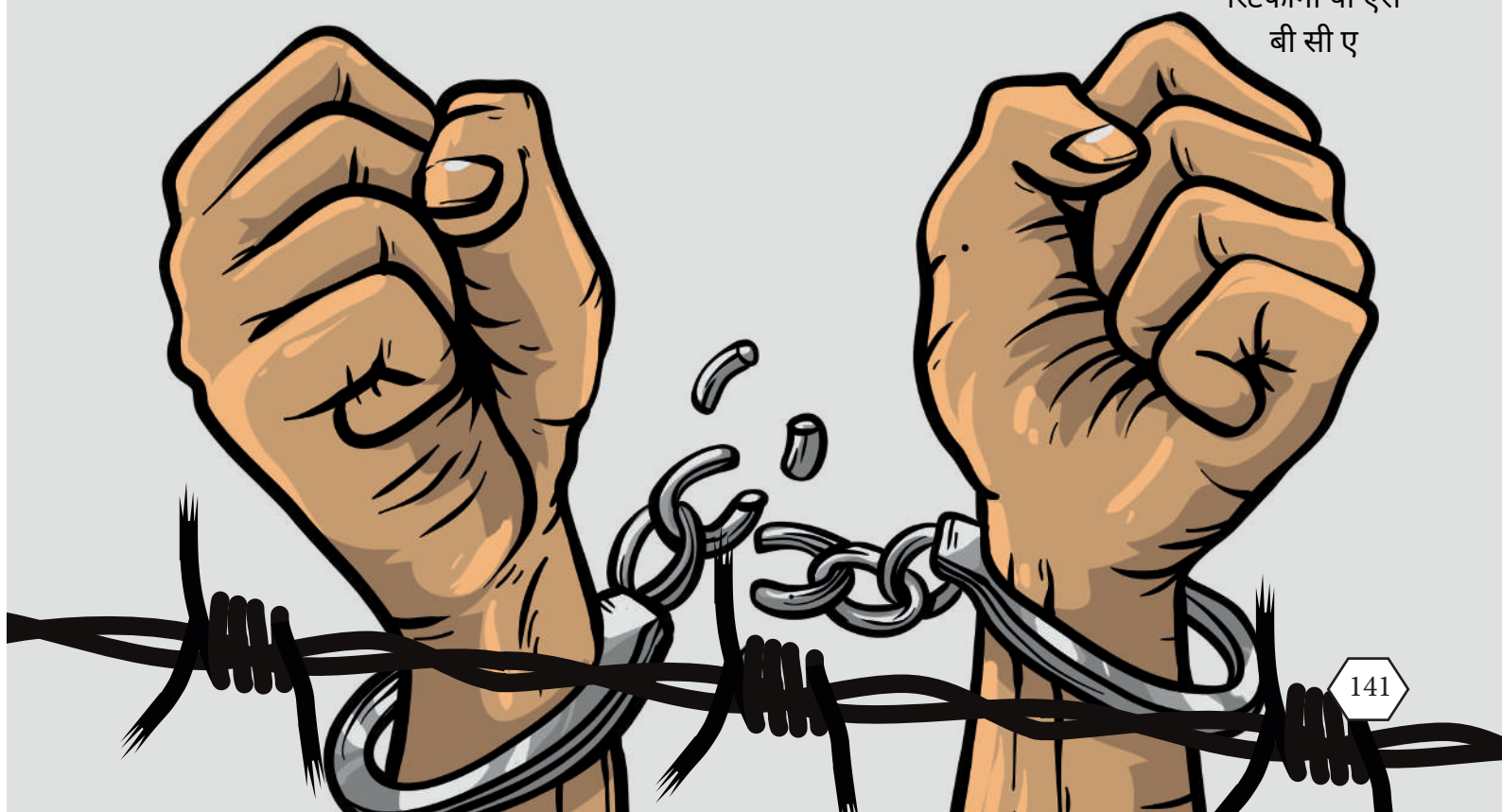
इंसानियत हो पहचान

समाज की दीवारें खड़ी हैं, जहाँ ऊँच-नीच का फर्क साफ़ दिखाई देता है। हर कदम पर एक अनकही कहानी है, जो पीढ़ियों से चली आ रही है। कुछ लोग जन्म से ही महलों में बैठे हैं, जबकि कुछ सड़क के किनारे खड़े होकर उन्हें देखते हैं। हर हाथ में एक अलग कहानी है, कोई सोने की थाली में खाता है, तो कोई दो वक्त की रोटी के लिए तरसता है। हर आँख में एक अलग सपना है, कोई आसमान छूना चाहता है, तो कोई ज़मीन पर ही सिमटा हुआ है।

यह दुनिया इतनी बेरहम है कि यहाँ इंसान की कीमत उसके जन्म से तय होती है, न कि उसके कर्मों से। लेकिन फिर भी, हर दिल में एक चिंगारी है, जो बराबरी की रोशनी में जलना चाहती है। काश, हम सब एक ही धड़कन से बंधे होते, जहाँ हर दिल की धड़कन एक समान होती। जहाँ हर किसी को बराबरी का हक़ मिलता, और हर इंसान सम्मान से जी पाता। लेकिन जब तक यह सपना सच नहीं होता, हमें लड़ना होगा, अपनी आवाज़ उठानी होगी, और समाज की इन दीवारों को गिराना होगा।

और जब आँखों में आँसू आते हैं, और दिल में एक गहरी पीड़ा होती है, तब भी उम्मीद की एक किरण बचती है। यह किरण हमें आगे बढ़ने की हिम्मत देती है, और हम फिर से खड़े होने की कोशिश करते हैं। हर लड़ाई के बाद एक नई शुरुआत होती है, और हर दर्द के बाद एक नई सीख। शायद एक दिन, यह दीवारें गिर जाएंगी, और हम सब एक नई दुनिया का निर्माण करेंगे, जहाँ हर किसी को उसका सही हक़ मिलेगा, और हर दिल में बराबरी की चिंगारी एक उजले भविष्य की रोशनी बन जाएगी।

स्टिफानी पी एस
बी सी ए



അഗ്നിയും നക്ഷത്രവും

രാത്രിയുടെ കറുത്ത പുതപ്പിൽ
ചിറകു വിരിച്ച് തെളിയും നക്ഷത്രം,
ആകാശത്തിൻ മൗനഗീതം പോലെ
നിഴലുകൾക്ക് വെളിച്ചം ചിന്തുന്ന്.

ഭൂമിയുടെ ഹൃദയത്തിൽ
അഗ്നി ചൂട്ടു കൊണ്ടിരിക്കുന്നു,
സ്വപ്നങ്ങൾക്ക് ചൂടും
ജീവിതത്തിന് താളവും നൽകിക്കൊണ്ട്.

നക്ഷത്രം ദൂരെയെന്ന് തോന്നും,
എന്നാൽ അത് നമ്മുടെ കണ്ണിലെ
ആഗ്രഹത്തിന്റെ ചിറകാണ്.
അഗ്നി അടുത്തതാണെങ്കിലും,
അത് ജീവിതത്തിന്റെ ശ്വാസമാണ്.

ഒരാൾ വെളിച്ചം, ഒരാൾ ചൂട്,
ഒരാൾ ദൂരത്തെ പ്രതീക്ഷ,
ഒരാൾ ഹൃദയത്തെ സ്പന്ദനം.
അവരും ചേർന്ന് പറയുന്നു:
"ജീവിതം, ഇരുട്ടിലും പ്രകാശം തേടുക."

Devananda E S
III BCOM F B

नदी की बात

बहती हूँ मैं सदा,
न थकती हूँ, न रुकती हूँ।
पहाड़ों से चलकर मैदान तक,
हर सहा को मैं चूमती हूँ।

कलकल करती मधुर ध्वनि से,
जीवन में रस थोलती हूँ।

मैं बहती हूँ प्रेम की धारा,
कभी कोमल, कभी किनारा।
तो कभी जल से गोलती हूँ।

मुझे मत बाँधो बंधनों में,
मैं आजाद बहना चाहूँ।
सांस्कृतिक धरेहर हूँ माँ,
हर जीवन को बहना सिखाऊँ।

ऐश्वर्या लालसन
बी सी ए

पेड़ और मैं



मुझे आज भी याद है जब मैं पहली बार गाँव के किनारे उस बड़े पेड़ के नीचे बैठा था। मैं तब एक अकेला बच्चा था—चुपचाप, शर्मीला, और अक्सर दूसरों से दूर। वो पेड़ बहुत पुराना था, उसकी शाखाएँ फैलकर एक बड़ी छाया देती थीं। मैंने बस यूँ ही कहा, “काश, मेरा भी कोई दोस्त होता।”

पेड़ की पत्तियाँ हल्की हवा में सरसराईं, जैसे उसने मेरी बात सुनी हो। थोड़ा अजीब लगा, लेकिन अच्छा भी। मैं अगले दिन फिर गया। मैं उस पेड़ से ऐसे बातें करता जैसे वो इंसान हो। उसे अपने सपने बताता, डर बताता, और अपनी पसंदीदा मिठाई के बारे में भी। जब कभी मैं रोता, तो शाखाएँ हिलतीं और वो हवा मुझे हल्के से सहलाती, जैसे कोई चुप करा रहा हो।

धीरे-धीरे, बाकी बच्चे भी मुझे वहाँ देखकर आने लगे। हम सबने साथ खेलना शुरू किया, झूलें लगाए, खाना बाँटा... और अचानक, मैं अकेला नहीं था।

पेड़ ने कभी बोलकर जवाब नहीं दिया, लेकिन मुझे यकीन है, उसने मेरी बातें सुनीं। वो मेरा पहला सच्चा दोस्त था। शायद आज भी है।

अब जब मैं बड़ा हो गया हूँ, मैं आज भी उस पेड़ के पास जाता हूँ। चुपचाप बैठता हूँ, उसकी पत्तियों की सरसराहट सुनता हूँ, और मुस्कुरा देता हूँ।

सूरज वी. एस
II B. Sc. IT

वन की साँझ

बहुत समय पहले की बात है। हिमालय के पास एक गाँव था जिसका नाम रुद्रपुर था। यह गाँव जंगलों, झीलों और सुंदर पक्षियों से भरा हुआ था। यहाँ एक छोटी सी झील थी, जिसका नाम था प्राणकुंड। यह झील कुछ खास थी। हर पूर्णिमा की रात झील से नीली रोशनी निकलती थी। लोग कहते थे कि यह झील जीवित है। गाँव के बड़े-बुजुर्ग मानते थे कि यह झील धरती की आत्मा से जुड़ी हुई है। जब धरती को कुछ कहना होता है, तो यह झील इशारा करती है।

एक दिन गाँव में एक युवक आया। उसका नाम था आरण्यक। वह प्रकृति के बारे में पढ़ता और अजीब घटनाओं की खोज करता था। जब उसने प्राणकुंड के बारे में सुना, तो वह बहुत हैरान हुआ और इसे देखने गया।

पूर्णिमा की रात, वह झील के पास छुपकर बैठ गया। अचानक, आधी रात को झील से नीली रोशनी उठी और एक स्त्री (जल जैसी और सुंदर) झील से बाहर आई। उसके बाल फूलों जैसे थे और उसकी आँखें नीली चमकती थीं।

वह स्त्री बोली,

"मैं प्रकृति की आत्मा हूँ। मैं कोई भूत या देवी नहीं। जब कोई इंसान सच्चे दिल से प्रकृति को समझना चाहता है, मैं उसे दिखाई देती हूँ।"

आरण्यक ने पूछा, "क्या तुम सबको दिखती हो?"

वह मुस्कराई और बोली,

"नहीं। सिर्फ वही मुझे देख सकता है जो प्रकृति को प्यार करता है, न कि सिर्फ उसका इस्तेमाल करता है।"

उस रात दोनों ने लंबी बात की। झील ने बताया कि पेड़, पानी, मिट्टी और हवा भी महसूस करते हैं। उन्हें भी दुख और खुशी होती है, बस उनकी भाषा अलग होती है।

सुबह होते ही आरण्यक गाँव से चला गया।

लेकिन... वह अब इंसान नहीं था।

वह खुद एक जंगल बन गया!

जहाँ-जहाँ वह गया, वहाँ पेड़ अपने आप उगने लगे, पानी मीठा हो गया, और जानवर बिना डर के पास आने लगे।

गाँव वाले कहते हैं कि आज भी अगर कोई दिल से प्रकृति से बात करना चाहे, तो प्राणकुंड उसका जवाब जरूर देती है।

अजिविन जोनसन
BCA A

शिक्षा – जीवन की रोशनी

जब चलना सीखा हमने सबसे पहले,
माँ-बाप बने थे गुरु हमारे पहले।
पर ज्ञान का दीप जलाया जिसने,
वो थे हमारे शिक्षक ।



बोलना सिखाया, चलना सिखाया,
प्यार से हमें इंसान बनाया।

फिर आई स्कूल की पहली घंटी,
काँपते क़दम, आँखें थीं चमकी।
एक किताब, एक मासूम सा सवाल,
यहीं से शुरू हुआ ज्ञान का कमाल।
शिक्षा ने सिर्फ़ पढ़ना नहीं सिखाया,
गलत से सही का फ़र्क बताया।
गिर के उठना, हार के मुस्कुराना,
ज़िंदगी को समझ कर जीना सिखाया।

कभी एक दोस्त के रूप में साथ दिया,
कभी एक आईने की तरह सच दिखाया।
वो टीचर की डाँट भी थी एक दुआ,
जो हमें आज बेहतर इंसान बना दिया।

शिक्षा कोई बोझ नहीं होती,
ये तो हमारी सबसे बड़ी दोस्ती होती।
जो साथ चलती है हर राह में,
और रोशनी देती है हर चाह में।

निकिल ज़ोमोन
II BSc IT

Stephen Shulby
II Room B

നിത്യഹരിതം, നൈപുണ്യ

ഹരിതക്യാമ്പസ് എന്ന് നൈപുണ്യയെ വിളിക്കാൻ എന്താണ് കാരണമെന്ന് ഒരു തവണയെങ്കിലും ഈ കലാലയത്തിന്റെ വിശാലതയിലൂടെ നടന്നവർക്ക് അറിയാൻ കഴിഞ്ഞേക്കാം. കോളേജിന്റെ കവാടത്തിനരികിൽ പച്ചയിൽ മഞ്ഞപ്പൂക്കൾ വിടർത്തി നിൽക്കുന്ന വള്ളിച്ചെടി മുതൽ ഹോസ്റ്റലിനരികിൽ നിൽക്കുന്ന കുറ്റൻ ചെമ്പകമരം വരെ അതിമനോഹരങ്ങളായ അനേകം ചെടികളുടെ വ്യത്യസ്തത ഈ ക്യാമ്പസിനെ വർണ്ണാഭമാക്കുന്നുണ്ട്.



മികവുറ്റ രീതിയിൽ തയ്യാറാക്കിയെടുത്ത പൂന്തോട്ടത്തിൽ അഞ്ഞൂറോളം ഇനങ്ങളിൽപ്പെട്ട ചെടികൾ തന്നെയുണ്ട്. ഇതുകൂടാതെ വ്യത്യസ്തങ്ങളും അപൂർവ്വങ്ങളുമായ പലയിനം വൃക്ഷങ്ങളും നൈപുണ്യയിലുണ്ട്. പേരാൽ, മഹാഗണി, ഈട്ടി, അക്കേഷ്യ തുടങ്ങിയ വലിയ മരങ്ങളോടൊപ്പം പലതരം ചാമ്പകൾ, നെല്ലി, മാങ്കോസ്റ്റീൻ, റംബൂട്ടാൻ, പേര തുടങ്ങിയ ഫലവൃക്ഷങ്ങളും കുന്തിരിക്കം, കർപ്പൂരം, കാട്ടുചെമ്പകം, ഉങ്ങ്, പാതിരി എന്നിങ്ങനെയുള്ള അമൂല്യങ്ങളായ വൃക്ഷങ്ങളും ഇവിടെക്കാണാം. നൂറോളം ഔഷധസസ്യങ്ങൾ അടങ്ങിയ ഹെർബൽ ഗാർഡൻ നമുക്കുണ്ട്. രക്തചന്ദനം, ബ്രസീലിയൻ തിപ്പലി, കച്ചോലം, ചിറ്റമൂത്ത് തുടങ്ങിയ അപൂർവ്വയിനം സസ്യങ്ങൾ ഇവിടെയുണ്ട്. വിദ്യാർത്ഥികൾക്ക് ഈ സസ്യസമ്പത്തിനെ കുറിച്ച് കൂടുതൽ മനസിലാക്കുന്നതിനായി ഓരോ ഇനങ്ങളിലും മലയാളത്തിലെയും ഇംഗ്ലീഷിലെയും പേരുകളും ശാസ്ത്രീയ നാമവും ലേബൽ ചെയ്തിട്ടുണ്ട്. തുടക്കകാലം മുതലേ മികച്ച രീതിയിൽ കോളേജ് ക്യാമ്പസിനെ ഒരുക്കിയെടുക്കുന്നതിൽ വിട്ടുവീഴ്ചകൾ ചെയ്യാത്ത മാനേജ്മെന്റ് തന്നെയാണ് ഈ ഹരിതസൗന്ദര്യത്തിന്റെ യഥാർത്ഥ നിർമ്മാതാക്കൾ.

നൈപുണ്യയിലെ അധ്യാപക അനധ്യാപകരുടെയും വിദ്യാർത്ഥികളുടെയും ഊർജ്ജസ്വലമായ കൂട്ടായ്മയുടെയും പരിസ്ഥിതി സ്നേഹത്തിന്റെയും പ്രതീകമായി പ്രവർത്തിച്ചു വരുന്ന ഭൂമിത്രസേന ക്ലബ്ബ് നൈപുണ്യയുടെ ഹരിതാഭയ്ക്ക് സാമൂഹികമായ പടർച്ചകൾ സാധ്യമാക്കുന്ന സംഘടനയാണ്. ഓരോ അധ്യയനവർഷത്തിന്റെയും ആരംഭം മുതൽ നിരവധി പരിസ്ഥിതി സൗഹാർദ്ദ പ്രവർത്തനങ്ങൾ ക്യാമ്പസിനകത്തും പുറത്തും ഈ ക്ലബ്ബിന്റെ നേതൃത്വത്തിൽ സംഘടിപ്പിക്കുന്നു. കൊരട്ടി, കറുകുറ്റി പഞ്ചായത്തുകളുമായി സഹകരിച്ചുകൊണ്ട് നടത്തിയ പച്ചക്കറി വിത്തുകളുടെ വിതരണം, കർഷക ദിനാചരണ പരിപാടികൾ തുടങ്ങിയവ ഉദാഹരണമായി പറയാം.

ക്യാമ്പസിനകത്ത് തക്കാളി, വെണ്ട, കോവൽ, ചേന, വാഴ തുടങ്ങി വിവിധയിനം പച്ചക്കറികൾ വളരുന്നുണ്ട്. ഒരു തരി മണ്ണു പോലും പാഴാക്കാതെ തരിശിടാതെ ഇവിടെ കൃഷി നടത്തുന്നുണ്ട് എന്നതിന് ഉദാഹരണമാണ് ഓഡിറ്റോറിയത്തിന് അടുത്തുള്ള വാഴത്തോട്ടം. പലയിനം കോഴികളും മറ്റുവളർത്തു പക്ഷികളും അടങ്ങുന്ന വലിയൊരു നിര ജന്തുക്കളുടെ ശേഖരം നമുക്കുണ്ട്. കാടമുട്ടകൾ, നാടൻ കോഴി മുട്ടകൾ, മറ്റു പച്ചക്കറികൾ, നക്ഷത്രപ്പൂളി, മാങ്ങ, മുതലായ ഫലങ്ങൾ, മഞ്ഞൾപൊടി, കടച്ചക്ക എന്നിവയൊക്കെ ക്യാമ്പസിനകത്ത് തന്നെ വിറ്റഴിക്കുന്നുമുണ്ട്. വിപണിയുടെ ചെറു മാതൃകയായ ഫ്രൈഡേ മാർക്കറ്റ് നമ്മുടെ കോളേജിന്റെ ഏറ്റവും പ്രധാനപ്പെട്ട സംരംഭങ്ങളിൽ ഒന്നാണ്. വിദ്യാർത്ഥികളുടെ സഹായത്തോടെ തന്നെയാണ് ക്യാമ്പസിനകത്ത് വിളയിച്ചെടുക്കുന്ന ജൈവ പച്ചക്കറികളുടെ വിപണനവും നമ്മൾ നടത്തുന്നത്. വലിയൊരു നിര അധ്യാപകേതര ജീവനക്കാരുടെ സഹകരണമാണ് ഈ പ്രവർത്തനങ്ങളെ സജീവമാക്കുന്നത്.

മാലിന്യ സംസ്കരണ രീതികളിലും ജലസംരക്ഷണത്തിലും മികച്ച മാതൃക നൈപുണ്യ മുന്നോട്ട് വയ്ക്കുന്നുണ്ട്. പ്ലാസ്റ്റിക് മാലിന്യങ്ങളെ ഹരിത കർമ്മ സേനാംഗങ്ങളുടെ സഹായത്തോടെ കൃത്യമായി ഇടവേളകളിൽ നീക്കം ചെയ്യുന്നു. കാര്യക്ഷമതയോടെ പ്രവർത്തിക്കുന്ന ബയോഗ്യാസ് പ്ലാന്റ്, മഴവെള്ള സംഭരണി, ജലശുദ്ധീകരണ സംവിധാനം എന്നിവ ക്യാമ്പസിന്റെ ഹരിതാഭയെ ശാസ്ത്രീയമായ രീതിയിൽ സംരക്ഷിക്കുന്നു.

ഒരു കലാലയം പച്ചപ്പ് സൂക്ഷിക്കേണ്ടത് വിദ്യാർത്ഥികളുടെ മനസ്സിലാണ്. ഇവിടെ നിന്ന് പഠിച്ചിറങ്ങുന്ന ഓരോ വിദ്യാർത്ഥികളുടെ മനസ്സിലും നമ്മൾ ശീലിച്ചു പോന്ന മൂല്യങ്ങൾ സ്നേഹത്തിന്റെയും സാമൂഹിക സേവനത്തിന്റെയും നന്മകൾ തണൽ വിടർത്തി നിൽക്കുമെന്ന് ഒരു പ്രത്യാശയാണ്. സ്നേഹത്തിന്റെയും കാരുണ്യത്തിന്റെയും പച്ചകൾ കൂടിയാണ് നൈപുണ്യയെ ഈ കച്ചവടസമൂഹത്തിലും കെട്ട കാലത്തിലും ഇടാതെ താങ്ങി നിർത്തുന്നത്. ഓരോ വിദ്യാർത്ഥികളുടെ മനസ്സിലും സാമൂഹികബോധത്തിന്റെയും മാനവികതയുടെയും വിത്തുകൾ പാകാൻ കഴിയുന്നതിൽ ഞങ്ങൾ അഭിമാനിക്കുന്നു. നന്മയുടെ ഈ തുരുത്തും അതിന്റെ സ്നേഹപ്പച്ചകളും നിങ്ങൾ ഹൃദയത്തിലേറ്റുക..

നീതു വത്സൻ

ഡിപ്പാർട്ട്മെന്റ് ഓഫ് അഡിഷണൽ ലാംഗ്വേജ്

ആകാശത്തിന്റെ സ്വപ്നം

ഒരു ചെറിയ ഗ്രാമത്തിൽ ആരവ് എന്നൊരു കുട്ടിയുണ്ടായിരുന്നു. രാത്രിയിൽ വീടിന്റെ മുകളിൽ കിടന്ന് നക്ഷത്രങ്ങളെ നോക്കുകയാണ് അവന്റെ പ്രിയ വിനോദം. അമ്മ ചോദിക്കും:

“എന്താ, ആരവേ... ആകാശത്തേക്കൊന്നോ കണ്ണ്?”

ആരവ് ചിരിച്ചുകൊണ്ട് പറയും:

“അമ്മേ, ആകാശം ഒരു വലിയ പുസ്തകമാണ്. അതിലെ ഓരോ നക്ഷത്രവും കഥ പറയുന്ന അക്ഷരങ്ങൾ പോലെ തോന്നുന്നു.”

ഒരു ദിവസം സ്കൂളിൽ അധ്യാപകൻ ബഹിരാകാശത്തെ കുറിച്ച് പറഞ്ഞു. ചന്ദ്രനിൽ കാലുകുത്തിയ മനുഷ്യരെയും, സൂര്യനെ ചുറ്റുന്ന ഗ്രഹങ്ങളെയും, അപ്പുറത്തുള്ള ഗാലക്സികളെയും കുറിച്ച് കേട്ടപ്പോൾ ആരവിന്റെ കണ്ണുകൾ കൂടുതൽ തിളങ്ങി.

“എനിക്ക് ഒരിക്കൽ റോക്കറ്റിൽ കയറി ഇവയെല്ലാം കാണണം,” അവൻ സ്വപ്നം കണ്ടു.

ആ രാത്രി, ഗ്രാമത്തിലെ വൈദ്യുതി പോയി. ആകാശം നിറയെ നക്ഷത്രങ്ങൾ തെളിഞ്ഞു. ആരവ് അവയെ നോക്കി നിന്നപ്പോൾ, ഒരുനക്ഷത്രം പെട്ടെന്ന് വീണു. അത് കണ്ട അവൻ കണ്ണടച്ചു മിണ്ടാതെയൊരു മോഹം പറഞ്ഞു:

“ദൈവമേ, എനിക്ക് ഒരിക്കൽ ബഹിരാകാശത്തെ കാണാൻ കഴിയട്ടെ.”

അന്ന് മുതൽ ആരവ് തന്റെ പഠനത്തിൽ മുഴുകി. പുസ്തകങ്ങൾ വായിച്ചു, ചിത്രങ്ങൾ വരച്ചു, ബഹിരാകാശത്തെ കുറിച്ചുള്ള വാർത്തകൾ കേട്ടു. അവന്റെ മനസ്സ് എല്ലായ്പ്പോഴും നക്ഷത്രങ്ങളിലായിരുന്നു.

വർഷങ്ങൾക്കിപ്പുറം, ആരവ് വളർന്ന് ബഹിരാകാശ ശാസ്ത്രജ്ഞനായി. ആദ്യമായി റോക്കറ്റിൽ കയറുന്ന ദിവസം, അവൻ ജനാലയിൽ നിന്നും ഭൂമിയെ നോക്കി. നീല-പച്ച നിറങ്ങളാൽ അലങ്കരിച്ച ഒരു മനോഹര ഭഗോളം.

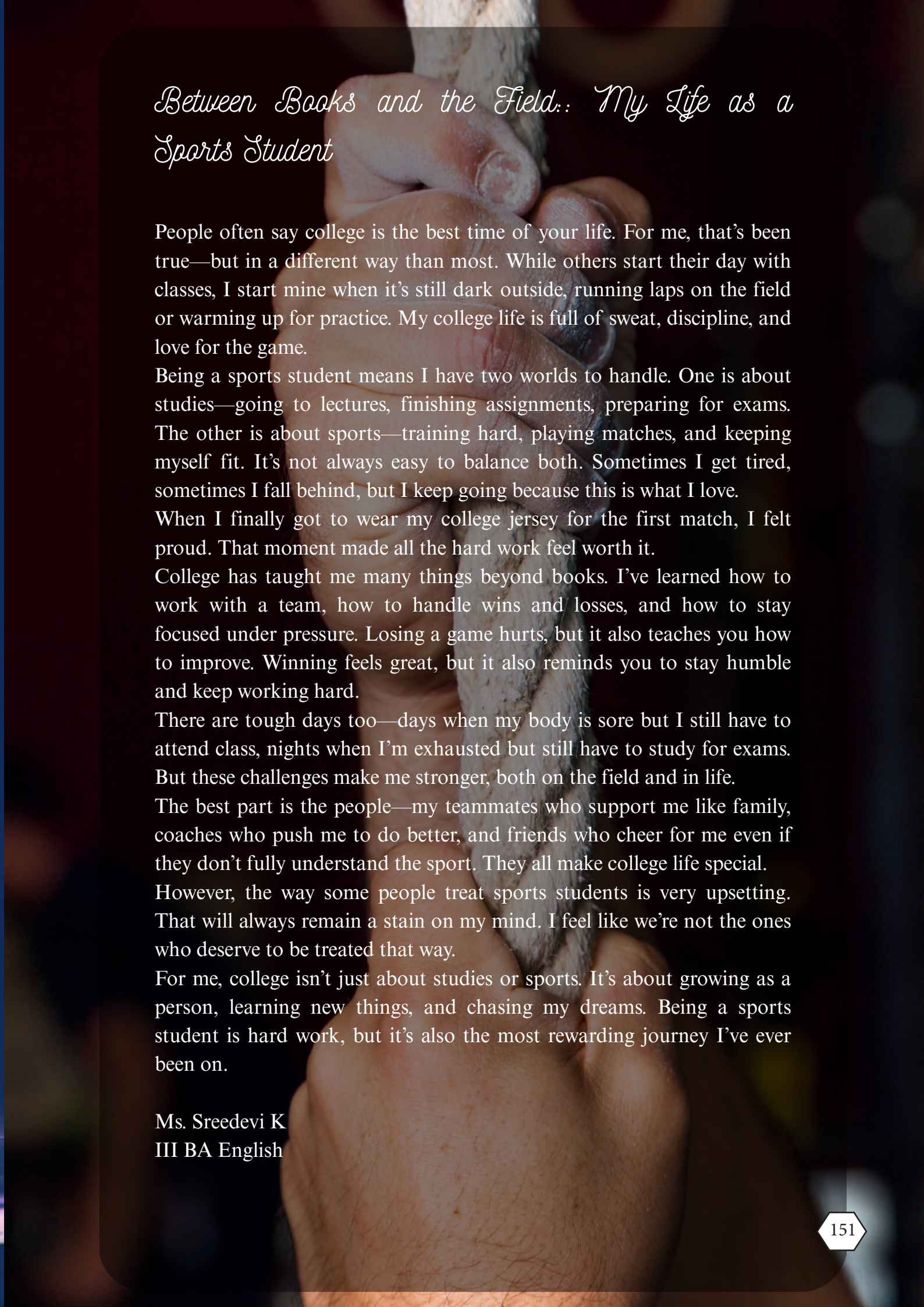
അവന്റെ മനസ്സിൽ അമ്മയുടെ ചോദ്യം വീണ്ടും മുഴങ്ങി:

“എന്താ, ആരവേ... ആകാശത്തേക്കൊന്നോ കണ്ണ്?”

ഇപ്പോൾ അവൻ ചിരിച്ചുകൊണ്ട് മറുപടി പറഞ്ഞു:

“അതെ അമ്മേ... സ്വപ്നം യാഥാർത്ഥ്യമായി.”

Aneeta
II BBA



Between Books and the Field.: My Life as a Sports Student

People often say college is the best time of your life. For me, that's been true—but in a different way than most. While others start their day with classes, I start mine when it's still dark outside, running laps on the field or warming up for practice. My college life is full of sweat, discipline, and love for the game.

Being a sports student means I have two worlds to handle. One is about studies—going to lectures, finishing assignments, preparing for exams. The other is about sports—training hard, playing matches, and keeping myself fit. It's not always easy to balance both. Sometimes I get tired, sometimes I fall behind, but I keep going because this is what I love.

When I finally got to wear my college jersey for the first match, I felt proud. That moment made all the hard work feel worth it.

College has taught me many things beyond books. I've learned how to work with a team, how to handle wins and losses, and how to stay focused under pressure. Losing a game hurts, but it also teaches you how to improve. Winning feels great, but it also reminds you to stay humble and keep working hard.

There are tough days too—days when my body is sore but I still have to attend class, nights when I'm exhausted but still have to study for exams. But these challenges make me stronger, both on the field and in life.

The best part is the people—my teammates who support me like family, coaches who push me to do better, and friends who cheer for me even if they don't fully understand the sport. They all make college life special.

However, the way some people treat sports students is very upsetting. That will always remain a stain on my mind. I feel like we're not the ones who deserve to be treated that way.

For me, college isn't just about studies or sports. It's about growing as a person, learning new things, and chasing my dreams. Being a sports student is hard work, but it's also the most rewarding journey I've ever been on.

Ms. Sreedevi K
III BA English

Tandoori Chicken Gyoza *with* *Mint-Yogurt Foam and Beet Onions*

It is an Innovative fusion non-vegetarian starter that brings together Indian spices with Japanese technique – modern, flavourful, and perfect for impressing guests or fine-dining menus:

Components:

1. Tandoori-spiced Chicken Filling
2. Handmade or store-bought Gyoza Wrappers
3. Mint-Yogurt Foam (modernist cuisine)
4. Pickled Onion Garnish
5. Ghee drizzle or charcoal oil for smokiness

Ingredients (Serves 4-5):

For the chicken filling:

- Chicken – 250 g
- Ginger-garlic paste – 1 tsp
- Kashmiri chili powder – 1 tsp
- Garam masala – ½ tsp
- Roasted cumin powder – ½ tsp
- Hung curd – 2 tbsp
- Lemon juice – 1 tsp
- Salt – to taste
- Chopped coriander – 1 tbsp
- Optional: Smoked paprika or a drop of liquid smoke for tandoori flavour
- Mustard oil-50 ml
- Chat masala-10 gm
- Black salt- 1/4 tsp
- Butter – 50 gm
- Chopped Green chili – 2
- Chopped coriander leaves – ½ tsp



For wrappers (or use ready gyoza skins):

- All-purpose flour – 1 cup
- Water – ½ cup (warm)
- Salt – a pinch

Mint-yogurt foam (using lecithin or ISI siphon):

- Mint leaves – ½ cup
- Yogurt – 100 ml
- Water – 50 ml
- Salt – to taste
- Soy lecithin – 1.5 g OR use whipping siphon with N2O cartridge

Beet onions:

- Thinly round sliced onions – 2
- Beetroot – 1
- White vinegar – ¼ cup
- Sugar – 1 tbsp
- Salt – ½ tsp

Preparation Method

1. Make the Chicken Filling:

- Mix all filling ingredients in a bowl.
- Let marinate for 20–30 minutes.
- Bake chicken, 180 degree for 8 minutes
- Chop chicken and add some chopped coriander leaves, Chat masala and Chopped Green chili.
- Mix Well

2. Prepare Gyoza Wrappers (if making fresh):

- Mix flour, salt, and warm water.
- Knead into a soft dough and rest 30 minutes.
- Roll into thin circles, 3 inches wide.

3. Assemble the Gyoza:

- Place 1 tsp of chicken mixture in center of each wrapper.
- Fold and pleat like traditional gyoza.
- Steam for 5–6 minutes, then pan-sear on one side until golden crisp.



4. Mint-Yogurt Foam:

- Blend mint, yogurt, and salt until smooth.
- Add soy lecithin and froth using a hand blender or charge in a whipping siphon.
- Spoon the foam just before serving.

5. Beet Onion Onions:

- Mix vinegar, Beetroot juice, sugar, and salt.
- Add onions and let sit for 30 minutes.

Plating:

- Place 3-4 gyoza in a semi-circle.
- Dot the plate with mint-yogurt foam.
- Top each dumpling with a beet onion.
- Finish with a drizzle of **charcoal ghee** or **mustard oil for aroma**.
- Garnish with micro herbs or coriander oil.

-----Why.

This Dish Works:

- **Flavour fusion:** Tandoori masala meets Japanese dumpling finesse
- **Textural contrast:** crispy gyoza base, airy mint foam, crunchy onions
- **Visual appeal:** red beet onions, green mint foam, golden dumplings
- **Modern plating:** ideal for fine dining, tasting menus, or culinary competitions



Joshna CJ
III year HMCA





SHAWARMA-SPICED CHICKEN MEDU VADA *with* GARLIC TAHINI DIP

A crunchy, golden South Indian vada meets the smoky, spiced world of Middle Eastern shawarma – reinvented as a starter bite.

Components:

1. Shawarma-spiced minced chicken vada
 2. Crispy medu vada-style batter
 3. Garlic tahini yogurt dip
 4. Lemon-pickled onions or Beet onions
 5. Microgreens or mint for garnish
-

Ingredients (Serves 4–5):

For the Chicken Medu Vada Batter:

- Boneless chicken (minced) – 200 g
- Urad dal (split black gram) – 1 cup (soaked 4 hours)
- Ginger – 1 tsp (minced)
- Green chilies – 1 finely chopped
- Shawarma spice blend – 1 tbsp (or mix cumin, coriander, paprika, cinnamon, garlic powder, turmeric)
- Chopped parsley – 1 tbsp
- Salt – to taste
- Baking soda – a pinch (optional, for fluffiness)

Garlic and Coriander Green Tahini Dip:

- Yogurt – 3 tbsp
- Tahini paste – 2 tbsp
- Garlic – 2 cloves (roasted or fresh)
- Coriander Leaf's -15 gm
- Lemon juice – 1 tsp
- Salt – to taste

For Garnish:

Thin-sliced red onions + lemon juice + sumac (or chaat masala)
Mint leaves or microgreens

Preparation Steps:

1. Prepare the Vada Batter:

- Grind soaked urad dal into a thick, fluffy paste.
- Mix in minced chicken, shawarma spices, green chili, ginger, herbs, and salt.
- Fold well until airy (you can use a spoon or hand in circular motion).
- Optional: add a pinch of baking soda for extra crispness.

2. Shape and Fry:

- Wet your hands, take a ball of batter, and shape it like a medu vada (doughnut shape).
- Deep-fry in medium-hot oil until golden brown and crisp outside, fully cooked inside.

3. Make the Garlic Tahini Dip:

- Whisk all dip ingredients together until smooth and creamy.
- Adjust lemon and garlic to taste.

4. Prepare the Garnish:

- Toss thin onions with lemon juice, salt, and a pinch of sumac or chaat masala.
- Let sit for 10 minutes to lightly pickle.



Plating:

- Place two chicken vadas on a slate or banana leaf-lined plate.
- Add a generous spoon of garlic tahini dip on the side.
- Top each vada with a few sumac onions and a mint leaf.
- Optional: drizzle a few drops of chili oil or coriander oil for colour.

Why it's Innovative:

- Combines **Middle Eastern flavour (shawarma)** with **South Indian technique (vada)**.
- Unique texture: crispy outside, soft and juicy inside.
- **Tahini yogurt dip** replaces coconut chutney – tangy, creamy, garlicky contrast.
- Perfect for **fusion starters, tapas menus, or party appetizers**.



III Year HMC A
Franko Seby

KERALA COCONUT STEW

With FETTUCCHINE



Aulful blend of creamy Kerala-style vegetable/chicken stew and Italian fettuccine — mild, aromatic, and comfortingly elegant.

Concept:

This dish fuses the fragrant coconut milk-based Kerala stew (traditionally eaten with appam or idiyappam) with Italian fettuccine, creating a smooth, slurp able, mildly spiced pasta with South Indian warmth

Ingredients:

For Kerala Stew Base:

- Coconut oil – 1.5 tbsp
- Cinnamon – 1 small stick
- Cloves – 3
- Cardamom – 2 pods
- Ginger – 1-inch, julienned
- Green chili – 1, slit (adjust to taste)
- Onion – 1 medium, sliced
- Carrot – $\frac{1}{2}$ cup, julienned
- Potato – $\frac{1}{2}$ cup, diced
- Green beans – $\frac{1}{2}$ cup, chopped
- Cooked chicken or mushrooms (optional) – $\frac{1}{2}$ cup

For Coconut Sauce:

- Thick coconut milk – 200 ml
- Thin coconut milk – 150 ml



- Salt – to taste
- Crushed black pepper – ½ tsp
- Curry leaves – a few

For Pasta:

- Fettuccine – 200 g
- Salt – for boiling
- A dash of coconut oil or olive oil (for tossing)

Preparation Steps:

1. Cook the Pasta:

- Boil fettuccine in salted water until al dente.
- Drain and toss lightly in oil to prevent sticking.

2. Prepare the Kerala Stew Sauce:

- Heat coconut oil in a pan.
- Add cinnamon, cloves, cardamom. Sauté until fragrant.
- Add ginger, green chili, and sliced onions. Cook until translucent.
- Add the vegetables and sauté lightly.
- Pour in thin coconut milk. Cover and cook until vegetables are tender.
- Add cooked chicken or mushrooms now, if using.
- Stir in thick coconut milk and simmer gently (do not boil).
- Season with salt and crushed black pepper.
- Finish with fresh curry leaves.

3. Combine with Fettuccine:

- Add the cooked fettuccine to the stew.
- Gently toss to coat the pasta without breaking it.
- Let it sit for a minute so the pasta absorbs the flavour.

Plating & Garnish:

- Twirl the stew-coated fettuccine onto a plate or shallow bowl.
- Spoon extra stew sauce over.
- Garnish with fried curry leaves, a dash of fresh coconut cream, and toasted cashews for crunch.

Why it's Innovative:

- Infuses Kerala comfort food with Italian pasta culture.
- Creamy, aromatic coconut milk makes a flavourful yet mild sauce.
- Beautiful plating potential with vibrant veggies and garnishes.
- Vegetarian or non-vegetarian version possible.



Mr. Jinson P. S.
Assistant Professor
Food and Beverages Production



RASGULLA TRES LECHES CAKE

A spongy East-meets-West dessert combining soft rasgullas with a creamy Mexican-style Tres leches soak and saffron cardamom Chantilly cream.

Concept:

Traditional rasgullas are soaked in a luxurious three-milk (Tres leches) mixture infused with Indian spices and topped with delicate whipped saffron cream — a multicultural masterpiece served chilled.

Serves: 6–8

Prep Time: 30 minutes (plus chilling)

Ingredients:

For Rasgulla (you can use store-bought for ease):

For Chenna (Paneer):

- Full-fat milk – 1 litre
- Lemon juice or vinegar – 2–3 tbsp (diluted with 2 tbsp water)

For Sugar Syrup:

- Sugar – 1 cup
- Water – 4 cups
- Cardamom pods – 2 (optional)
- Rose water or kewra water – ½ tsp (optional)

Instructions:

1. Make Chenna For rasgulla (Curdled Milk):

- Boil the milk in a heavy-bottomed pan.
- Once it starts boiling, lower the flame and add diluted lemon juice gradually, stirring gently.
- When the milk curdles and separates (clear whey), turn off the heat.
- Pour the mixture into a muslin cloth or fine strainer and rinse under cold water to remove lemony taste.
- Squeeze out excess water and hang for 30–40 minutes to remove moisture (chenna should be moist, not dry).

2. Knead the Chenna:

- Transfer the chenna to a plate and knead with your palm for 8–10 minutes until smooth and slightly greasy.
- Roll into small smooth balls (they will double in size while boiling).

3. Prepare Sugar Syrup:

- In a wide, deep pan, boil water with sugar until fully dissolved.
- Add cardamom pods (optional) and bring to a rolling boil.

4. Cook Rasgullas:

- Gently add chenna balls to the boiling syrup.
- Cover with a lid and cook on high flame for 12–15 minutes.
- The rasgullas will puff up and double in size.
- Remove from heat and let them cool in the syrup.
- Add rose water or kewra water once cooled (optional).

For Tres Leches Mixture:

- Sweetened condensed milk – ½ cup
- Evaporated milk – ½ cup
- Full cream milk – ½ cup
- Cardamom powder – ¼ tsp
- A few saffron strands
- Rose water – ½ tsp (optional)

For Sponge Cake Base (optional but recommended):

All-purpose flour – ¾ cup

- Eggs – 2
- Sugar – ½ cup
- Baking powder – ½ tsp
- Vanilla – ½ tsp

For Saffron Cardamom Whipped Cream:

- Heavy cream – 1 cup
- Icing sugar – 2 tbsp
- Saffron strands – few (soaked in 1 tsp warm milk)
- Cardamom powder – ¼ tsp

RASGULLA TRES LECHES CAKE



Preparation Steps:

1. (Optional) Bake the Sponge Base:

- Whisk eggs and sugar until light and fluffy.
- Fold in sifted flour, baking powder, and vanilla.
- Pour into a greased baking dish and bake at 180°C for 20–25 min.
- Cool and prick with a fork.

2. Prepare the Tres Leches Mixture:

- Warm the three milks slightly and add cardamom, saffron, and rose water.
- Pour over the sponge (or directly into serving cups if no sponge base is used).
- Allow the sponge to absorb it.

3. Add Rasgullas:

- Squeeze syrup from rasgullas and place them on top of the soaked sponge or in milk mixture.
- Let them soak for 1–2 hours in the fridge.

4. Make the Saffron Cardamom Cream:

- Whip chilled cream with sugar, saffron milk, and cardamom until soft peaks form.

5. Assemble & Chill:

- Spread or pipe the saffron cream over the rasgullas.
- Garnish with rose petals, pistachios, or gold leaf.

Plating Ideas:

- Serve in elegant dessert glasses or mini trifle bowls.
- Top with crushed almond chikki or caramel shards for texture.
- Drizzle with reduced rasgulla syrup mixed with rose essence.

Why it's Innovative:

- Combines Eastern (rasgulla) and Western (Tres leches cake) techniques.
- Infuses Indian Flavors (cardamom, saffron, rose) into Latin American format.
- Ideal for festive occasions, weddings, or plated desserts.



Ayana Shaju
III Year HMC A



Elaneer (Tender Coconut) Crème Brûlée with JAGGERY CARAMEL & COCONUT CRISP

A creamy French-style crème brûlée infused with the delicate flavour of Kerala elaneer (tender coconut), topped with jaggery caramel and crispy coconut chips.

Serves: 4

Prep & Chill Time: 30 min prep + 2 hrs chilling + torching time

Ingredients:

For Elaneer Crème Brûlée:

- Tender coconut water – ½ cup
- Tender coconut flesh – ½ cup (soft, scooped and finely chopped)
- Heavy cream – 1 cup
- Full-fat milk – ½ cup
- Egg yolks – 4
- Sugar – ¼ cup
- Vanilla extract – ½ tsp
- Cardamom powder – ¼ tsp (optional)

For Jaggery Caramel Topping:

- Powdered jaggery – 2 tbsp
- Water – 1 tbsp

For Coconut Crisp:

- Fresh grated coconut – ¼ cup
- Sugar – 1 tsp
- A pinch of salt
- Ghee – 1 tsp



Preparation Steps:

1. Make the Crème Brûlée Custard:

- Preheat oven to 150°C (300°F).
- In a saucepan, gently heat cream, milk, and sugar until warm (not boiling).
- In a bowl, whisk egg yolks gently (avoid froth).
- Temper yolks by slowly adding the warm milk mixture while whisking.
- Add vanilla, cardamom, tender coconut water, and chopped coconut flesh.
- Strain the custard (if needed for smoothness) and pour into ramekins.

Bake in Water Bath:

- Place ramekins in a tray and pour hot water around them to reach halfway up.
- Bake for 30–35 minutes until the center is just set.
- Cool, then refrigerate for 2–3 hours or overnight.

2. Make the Jaggery Caramel (Instead of Sugar Crust):

- In a small pan, melt jaggery with water until bubbly and sticky.
- Let cool slightly.
- Before serving, drizzle a thin layer over each custard (or brûlée with a torch for smoky crisp effect if using dry jaggery powder).

3. Make Coconut Crisp:

- Heat ghee in a nonstick pan, add coconut and sugar, stir till golden and crisp.
- Sprinkle a tiny pinch of salt. Cool on parchment.

Suggestion Plating :

- Serve crème brûlée chilled with a crackly top.
- Garnish with a shard of coconut crisp.
- Optional: Add edible flowers, micro mint, or drizzle with reduced elaneer syrup.

Why it's Innovative:

- Infuses **tender coconut (elaneer)** into a classic **French custard dessert**.
- Uses **jaggery** instead of refined sugar for deeper Kerala flavor.
- Adds **texture with coconut crisp**, inspired by traditional thenga varuthathu.
- Perfect balance of creamy, crispy, smoky, and subtly sweet — **east meets west** in elegance.



Alan Mathews
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